

You should consider doing an honours degree in psychology if....

- you are thinking of pursuing a career in psychology
- you want to gain research experience during your undergraduate degree
- you have a B+ average on last 60 credit hours

What is different with an Honour's degree?

• Major

- 122 credit hours:

Minimum of 40 courses

23 electives
(69 credit hrs)

17 specific PSYC courses
(53 credit hrs)

• Honours

- 122 credit hours
- 19 electives (57 credit hrs)
- 17 psyc
- 4 specific courses (12 cr hrs):
 - 6 credits for honours thesis (PSYC 490/495)
 - 3 credits for Senior Seminar (PSYC 497)
 - 3 credits @ 400 level PSYC (not used for other sections of your BSc degree)

Honours vs major in psychology

- Benefits:
 - gain research experience (expected by grad schools)
 - learn about the process of research
 - better letters of reference
 - a thesis to send to prospective supervisor
 - conference presentation / publication

Honours vs major in psychology

- Costs
 - can add time
 - can be stressful:
 - Maintain a B+ average in each semester
 - No grade less than a C+
 - can narrow the breadth of your undergrad

Application process

- eligibility:
 - completed 60 credit hours
 - GPA of 3.33 (B+) on last 60 credit hours
 - a willing supervisor
- steps:
 - complete application form (available on-line)
 - list preferred supervisor(s)
 - describe interests
 - attach a blue “declaration of major” form
 - submit on last day of exams in any semester (April 20)
 - send transcripts to Psyc dept

The Supervisor

- Think about your career objectives
 - Clinical psyc
 - Counselling psyc
 - Research
- Talk to professors
 - Different profs have different approaches to supervision
 - Make yourself look good
- We try to find a good match b/w student and supervisor

Other ways to Gain Research Experience During your Undergrad Degree

- Independent study
 - Psyc 499 (3 – 6 credits)
- Undergrad Research Experience Award
- Research assistantship
- Volunteer in a research lab

