

August 2020

Congenital Adrenal Hyperplasia Explainer Animation Resource Video

Congenital Adrenal Hyperplasia (CAH) affects 1 in every 10,000 to 20,000 people. Learn more about ways to:

- ask for help
- live safely
- be engaged
- empower yourself

[Dr. Caroline Sanders](#), Associate Professor of Nursing at the University of Northern British Columbia, recently completed a video project focused on creating awareness about Congenital Adrenal Hyperplasia (CAH) and how to promote well-being and health for those living with CAH.

Please feel encouraged to use this video as a resource.

[Learn more about CAH](#)

[Congenital Adrenal Hyperplasia Explainer Animation Video](#)

We Want To Hear From You: The Effect of COVID-19 On BC's Health Research Community

In a short amount of time, the COVID-19 pandemic has instigated rapid change and uncertainty within BC's health research community. Lab closures, work from home arrangements, reduced access to resources, and increased caregiving responsibilities are just a few of the immediate impacts we've heard about from our community.

We're asking for your help

In order to get a full picture of how BC health researchers and the health research community at large has been affected by the COVID-19 pandemic, we're launching a province-wide survey to generate the data we need. Responses will inform MSFHR's strategic decision making and future actions, and will be shared with our partners in the health research system.

To demonstrate our appreciation for your time in completing our survey, you will have the chance to win one of 10 \$25 gift cards!

[Learn more and take the survey](#)

The Northern Pediatric Wellness (NPW) Survey: Seeking Participants

Project Lead: Nicholas Brochez, UBC Third Year Medical Student

Primary Investigator: Dr. Kathryn Leccese, FRCP, Pediatrician

Co-Investigators: Dr. Kirsten Miller, FRCP, Pediatrician; Dr. Gurkirat Kandola, UBC Pediatrics - PGY1; Dr. Valerie Ward, UBC Pediatrics - PGY1

What is this survey?

The purpose of this survey is to determine how the COVID-19 physical distancing measures have impacted child wellness in the Northern Health Authority region. This survey will include general questions about various health and wellness categories. Your responses will help to identify areas of greatest need for local families. This survey will be de-identified (your responses cannot be traced back to you) and will take around **2-10 minutes** to complete.

Who is this survey for?:

Family caregivers with children 19 years of age and under who currently live with them in the Northern Health Authority region can complete this survey on behalf of the children/youth in their care. The survey can be completed by each caregiver involved.

What do we hope to learn?

We are interested in identifying the areas of child wellness where additional support and resources may be needed in the Northern Health Authority region.

[NPW Survey Link](#)

Email k.leccese@alumni.ubc.ca with any questions or concerns.

Job Description

Research Manager – Strength for All – Elder Mental Wellness and Suicide Prevention

This project builds on previous suicide research focused on youth and adults completed by the team to extend this strategy to promote mental wellness and suicide prevention among older adults.

Email submissions: HRecruit@unbc.ca

Inquiries!: (250) 960-5521

Please see the attached PDF for more details on this position.

Coordinator Clinical Research

The clinical research coordinator is an exciting new role at Northern Health, supporting the development of processes and capacity for clinical trials in the North.

Apply online: <https://expectmore.northernhealth.ca/>

Please see the attached PDF for more details on the position.

Job Description Continued

Regional Lead, Research and Knowledge Translation, Long-term Care

This new role, funded by the BC Academic Health Sciences Network (BC AHSN), will work in partnership across the Northern Health Authority to lead, cultivate, and facilitate a range of quality improvement, research, and knowledge translation activities in the long-term care sector, enhancing the use of evidence in practice and decision-making and enabling broad engagement in research.

Apply online: <https://expectmore.northernhealth.ca/>

Please see the attached PDF for more details on the position.

Contact Information

For more information, contact the Northern Centre by [email](#) or visit our [website](#).

