

## Program Planning Guide

### Bachelor of Science: Psychology

**YOUR COURSE PLANNING:** This worksheet has been created as a guide for admitted students. Note, your course planning may look different than another student's schedule. This worksheet has been designed for students wishing to complete their program within a four-year timeline. Students may elect to take part-time studies or a reduced course load. Refer to the [Undergraduate Academic Regulations](#) within the Undergraduate Calendar for more information.

For requirements that have a "pick list" (i.e. *choose one of*) please visit the Undergraduate Calendar to see a detailed list. The list or requirements may change, so please ensure you follow the appropriate requirements (the 2025-2026 Undergraduate Calendar). After July 1, 2025, you can find the calendar in a [PDF format](#).

| 100/200 Level Requirements                         |              |                 |      |
|----------------------------------------------------|--------------|-----------------|------|
| Requirements                                       | Credit Hours | Course Selected | Done |
| PSYC 101                                           | 3            |                 |      |
| PSYC 102                                           | 3            |                 |      |
| PSYC 215                                           | 3            |                 |      |
| Three of the following: PSYC 207, 211, 212, or 221 | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
| Electives                                          |              |                 |      |
| Electives<br>(at any level)                        | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |
|                                                    | 3            |                 |      |

| 300/400 Level Requirements                             |              |                 |      |
|--------------------------------------------------------|--------------|-----------------|------|
| Requirements                                           | Credit Hours | Course Selected | Done |
| PSYC 315                                               | 4            |                 |      |
| Two of the following:<br>PSYC 314, 318, 319,<br>or 332 | 3            |                 |      |
|                                                        | 3            |                 |      |
| Two of the following:<br>PSYC 303, 306, 309,<br>or 322 | 3            |                 |      |
|                                                        | 3            |                 |      |
| PSYC 300 or 400 level                                  | 3            |                 |      |
|                                                        | 3            |                 |      |
|                                                        | 3            |                 |      |
|                                                        | 3            |                 |      |
| PSYC 400 level                                         | 3            |                 |      |
|                                                        | 3            |                 |      |
|                                                        | 3            |                 |      |
| Breadth Requirement                                    |              |                 |      |
| Arts & Humanities                                      | 3            |                 |      |
| Natural Science                                        | 3            |                 |      |
| Physical Science                                       | 3            |                 |      |
| <b>Total Credit Hours</b>                              | <b>122</b>   |                 |      |

**BREADTH REQUIREMENT:** As a part of this program, students will satisfy their Social Sciences breadth requirement (with the required PSYC courses). As such, please take at least one three-credit course in each of the following areas: Arts & Humanities, Natural Sciences, and Physical Science to meet the [Academic Breadth Requirement](#). Please refer to [www.unbc.ca/advising](http://www.unbc.ca/advising) for additional Breadth Requirement information.

**UNDERGRADUATE CALENDAR:** It is the student's responsibility to be aware of all University of Northern British Columbia [Undergraduate Calendar](#) regulations. Academic regulations, program information, course information, and pre-requisites can be found in this document.

**EFFECTIVE SEPTEMBER 2025**

**NOTE:** Although every attempt has been made to ensure the information on this worksheet is accurate, in the case of any discrepancy the Academic Calendar shall be considered the authority. This program planning worksheet is an unofficial planning tool for students new to UNBC and for students in a non-competitive entry program. Once your program has been declared, please use your degree evaluation as it is the official degree program-tracking document. You can find more information about your degree evaluation and how to run one at [unbc.ca/advising](http://unbc.ca/advising).

## Sample Sequencing Plan

| First Year                            |                                                                 |
|---------------------------------------|-----------------------------------------------------------------|
| Fall                                  | Winter                                                          |
| PSYC 101                              | PSYC 102                                                        |
| Elective (for breadth)                | Elective (for breadth)                                          |
| Elective (for breadth)                | Elective                                                        |
| Elective                              | Elective                                                        |
| Elective                              | Elective or PSYC 101 (if not completed in the Fall)             |
| Second Year                           |                                                                 |
| PSYC 215                              | Elective or PSYC 215 (if not complete in the Fall)              |
| PSYC 200 level (off list)             | PSYC 200 level (off list)                                       |
| Elective or 200 level PSYC (off list) | Elective or PSYC 200 level (off list) if not taken in the Fall. |
| Elective                              | Elective                                                        |
| Elective                              | Elective                                                        |
| Third Year                            |                                                                 |
| PSYC 315                              | PSYC 300 or 400 level                                           |
| PSYC 300 level (List 1)               | PSYC 300 level (List 1)                                         |
| PSYC 300 level (List 2)               | PSYC 300 level (List 2)                                         |
| Elective                              | Elective                                                        |
| Elective                              | Elective                                                        |
| Fourth Year                           |                                                                 |
| PSYC 300 or 400 level                 | PSYC 300 or 400 level                                           |
| PSYC 300 or 400 level                 | PSYC 400 level                                                  |
| PSYC 400 level                        | PSYC 400 level                                                  |
| Elective                              | Elective                                                        |
| Elective                              | Elective                                                        |

## Course Notes

- **This is a guide only;** coursework will vary each year in the semester they are offered (i.e. PSYC 200 level off list requirement offerings and many upper division PSYC courses)
- Students should consult with the Undergraduate Calendar for course descriptions and pre/co-requisites.
- Not sure what to do with your electives? A Minor is a great way to concentrate your electives. Talk with your Student Advisor about suggestions!
- **Residency Requirement:** Students must complete a minimum of 30 credit hours of upper division coursework at UNBC to receive a UNBC degree.
- **Time Limit:** Except by permission of the Dean, students must complete their undergraduate degree program within 15 years of their first semester of registration.

## Advisor Notes

**STUDENT ADVISING:** Is available by phone, email, or in person. To book an appointment, or to see when drop-ins are scheduled, please contact [advising@unbc.ca](mailto:advising@unbc.ca) or call 250.960.6306.

**TRANSFER & RETURNING STUDENTS:** Please consult with your Student Advisor to determine how your previous coursework may best be applied to the program requirements. When registering for coursework, pay close attention to the course preclusions to ensure you are not registering in duplicate coursework.

**DEGREE EVALUATIONS:** The [Degree Evaluation](#) is an interpretation of the Undergraduate Calendar for the year that you were admitted and helps display the requirements needed for your program.

**DOUBLE MAJORS:** Students who are considering to double major should speak with their Student Advisor as soon as possible.

**MINORS:** To see available minors, please refer to the [Declaration of Minor Form](#) or look in the Program pages of the [Undergraduate Calendar](#). Minors are a structured way to use your electives while also completing a secondary concentration.

**HONOURS:** Students can apply for the Honours Program after 60 credit hours of study, with a minimum GPA of 3.33 in the last 60 credit hours. Note, attaining the minimum GPA does not guarantee entry into the Honours Program; entry is at the discretion of the Department. Once admitted to the Honours Program, to remain in the program, students must maintain a semester GPA of 3.33, as well as receive no grade lower than a C+ in any Psychology course after entry.

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