

## Program Planning Guide

### Bachelor of Health Sciences: Community and Population Health—Aboriginal and Rural Health

**YOUR COURSE PLANNING:** This worksheet has been created as a guide for admitted students. Note, your course planning may look different than another student; this worksheet has been designed for students wishing to complete their program within a four-year timeline. Students may elect to take part-time studies or a reduced course load which will affect the length of time for degree completion. Refer to the [Undergraduate Academic Regulations](#) within the Undergraduate Calendar for more information.

For requirements that have a “pick list” (i.e. *choose one of*) please visit the Undergraduate Calendar to see a detailed list. The list or requirements may change, so please ensure you follow the appropriate requirements ([the 2025-2026 Undergraduate Calendar](#)). After July 1, 2025, you can find the calendar in a [PDF format](#).

100/200 Level Requirements			
Requirements	Credit Hours	Course Selected	Done
BIOL 103	3		
BIOL 104	3		
BIOL 123	1		
BIOL 124	1		
CHEM 100	3		
FNST 100	3		
HHSC 101	3		
HHSC 102	3		
HHSC 103	3		
HHSC 105	3		
PSYC 101	3		
PSYC 102	3		
One of: ENGL 100, ENGL 102, ENGL 103, ENGL 104, ENGL 170	3		
BIOL 203	3		
ECON 210 or GEOG 202	3		
HHSC 201	3		
STAT 240 or ECON 205	3		
300/400 Level Requirements			
ENPL 313	3		
FNST 302	3		
FNST 303 or FNST 304	3		
HHSC 305	3		
HHSC 306	3		
HHSC 325	1		
HHSC 326	1		
HHSC 311	3		
HHSC 351	3		
PSYC 309	3		

300/400 Level Requirements			
Requirements	Credit Hours	Course Selected	Done
HHSC 401	3		
HHSC 421	3		
HHSC 445	3		
HHSC 471	3		
HHSC 473	3		
SOCW 444	3		
Students must take an additional 6 credit hours from the program “pick list”	3		
At least 3 credit hours must be upper division (300/400)	3		
Other			
Electives: any level	3		
	3		
	3		
	3		
	3		
	3		
	3		
	1 (3)		
Total Credit Hours		122	

**BREADTH REQUIREMENT:** The [Academic Breadth Requirement](#) is naturally satisfied within the curriculum of the Bachelor of Health Sciences, Community and Population Health—Aboriginal and Rural Health program.

**UNDERGRADUATE CALENDAR:** It is the student’s responsibility to be aware of all University of Northern British Columbia [Undergraduate Calendar](#) regulations. Academic regulations, program information, course information, and pre-requisites can be found in this document.

EFFECTIVE SEPTEMBER 2025

**NOTE:** Although every attempt has been made to ensure the information on this worksheet is accurate, in the case of any discrepancy the Academic Calendar shall be considered the authority. This program planning worksheet is an unofficial planning tool for students new to UNBC. Once your program has been declared, please use your degree evaluation as it is the official degree program-tracking document. You can find more information about your degree evaluation and how to run one at [unbc.ca/advising](http://unbc.ca/advising).

## Sample Sequencing Plan

First Year	
Fall	Winter
BIOL 103 and BIOL 123	BIOL 104 and BIOL 124
CHEM 100	HHSC 103
HHSC 101	HHSC 105
FNST 100	One of: ENGL 100 or 170
Elective	Elective
Second Year	
ECON 210 or GEOG 202	BIOL 203
PSYC 101	PSYC 102
STAT 240 or ECON 205	HHSC 102
Elective or pick-list	HHSC 201
Elective or pick-list	Elective or pick-list
Third Year	
HHSC 305 and HHSC 325	HHSC 306 and HHSC 326
FNST 302	FNST 303 or FNST 304
HHSC 311	PSYC 309
HHSC 351	Elective or pick-list
ENPL 313	Elective or pick-list
Fourth Year	
HHSC 421	HHSC 401
HHSC 471	HHSC 445
Elective or pick-list	HHSC 473
Elective or pick-list	SOCW 444
Elective or pick-list	Elective or pick-list

## Course Notes

- Students wishing to pursue professional health degree programs are encouraged to complete the following coursework as electives: PHYS 110-4, PHYS 111-4, MATH 100-3, and or MATH 101-3. These courses may help in preparation for the required admission entrance examinations (i.e. The Medical College Admission Test or MCAT).
- Students enrolling in any HHSC course with prerequisites are required to complete all prerequisite coursework with a grade of C or better or have permission to register from the Program Chair.
- Students must ensure that all prerequisites are fulfilled prior to registering for any course. This is important for "pick-list" courses as appropriate program progression ensures prerequisites will be met.

## Advisor Notes

**STUDENT ADVISING:** Your Advisor is available for virtual drop-ins or bookable (in-person, Zoom, or phone) appointments. This schedule can be found at [unbc.ca/advising/meet-your-advisor](https://unbc.ca/advising/meet-your-advisor). You can also email any questions or information to [fhhs.advising@unbc.ca](mailto:fhhs.advising@unbc.ca).

**DEGREE EVALUATIONS:** The [Degree Evaluation](#) is an interpretation of the Undergraduate Calendar for the year that you were admitted and helps display the requirements needed for your program.

**MINORS:** Minors are a structured way to use your electives while also completing a secondary concentration. To see available minors, please refer to the [Declaration of Minor Form](#) or the Program pages of the [Undergraduate Calendar](#).

**RESIDENCY REQUIREMENT:** Students must complete a minimum of 30 credit hours of upper division UNBC coursework to receive a UNBC degree.

**TIME LIMIT:** Except by permission of the Dean, students must complete their undergraduate degree program within 15 years of their first semester of registration.

**EFFECTIVE SEPTEMBER 2025**

**NOTE:** Although every attempt has been made to ensure the information on this worksheet is accurate, in the case of any discrepancy the Academic Calendar shall be considered the authority. This program planning worksheet is an unofficial planning tool for students new to UNBC. Once your program has been declared, please use your degree evaluation as it is the official degree program-tracking document. You can find more information about your degree evaluation and how to run one at [unbc.ca/advising](https://unbc.ca/advising).