

## Program Planning Guide

### Bachelor of Arts: Global and International Studies

**YOUR COURSE PLANNING:** This worksheet has been created as a guide for admitted students. Note, your course planning may look different than another student; this worksheet has been designed for students wishing to complete their program within a four-year timeline. Students may elect to take part-time studies or a reduced course load. Refer to the [Undergraduate Academic Regulations](#) within the Undergraduate Calendar for more information.

For requirements that have a “pick list” (i.e. *choose one of*) please visit the Undergraduate Calendar to see a detailed list. The list or requirements may change, so please ensure you follow the appropriate requirements (the 2025-2026 Undergraduate Calendar). After July 1, 2025, you can find the calendar in a [PDF format](#).

100/200 Level Requirements			
Requirements	Credit Hours	Course Selected	Done
ANTH 213	3		
HIST 240	3		
INTS 100	3		
INTS 210	3		
INST 211	3		
INTS 225	3		
POLS 202	3		
Culture and Regions Requirement			
6 credits off calendar list chosen from: GEOG 220, HIST 281, INTS 208, 234, 240, 311, 312, 314, 315, 340. Or 6 credits of any one Language.	3		
300/400 level Requirement			
INTS 320	3		
INTS 490	3		
18 credits of upper division level INTS	3		
	3		
	3		
	3		
	3		
6 credits of Non- INTS Upper Division (off calendar list)	3		
	3		

Electives			
Requirements	Credit Hours	Course Selected	Done
Electives (at any level)	3		
	3		
	3		
UNIV 103 (recommended).	3		
	3		
	3		
	3		
	3		
	3		
	3		
	3		
	3		
	3		
	3		
	3		
	3		
Academic Breadth Requirement			
Natural Science	3		
Physical Science	3		
<b>Total Credit Hours</b>	<b>120</b>		

**ACADEMIC BREADTH REQUIREMENT:** As a part of this program, students will have satisfied their Arts & Humanities and Social Sciences breadth requirements (with the required ANTH & HIST courses). As such, please take a three-credit course in each of the following areas: Natural Sciences and Physical Sciences to meet the academic breadth requirement. Check out [www.unbc.ca/advising](http://www.unbc.ca/advising) for more information on this requirement.

**UNDERGRADUATE CALENDAR:** It is the student’s responsibility to be aware of all University of Northern British Columbia [Undergraduate Calendar](#) regulations. Academic regulations, program information, course information, and pre-requisites can be found in this document.

**Please note:** Yellow highlighted courses are currently proposed requirements for this academic year. When formal approval is complete this document will be updated. In the meantime, any questions can be directed to your Student Advisor.

#### EFFECTIVE SEPTEMBER 2025

**NOTE:** Although every attempt has been made to ensure the information on this worksheet is accurate, in the case of any discrepancy the Academic Calendar shall be considered the authority. This program planning worksheet is an unofficial planning tool for students new to UNBC and for students in a non-competitive entry program. Once your program has been declared, please use your degree evaluation as it is the official degree program-tracking document. You can find more information about your degree evaluation and how to run one at [unbc.ca/advising](http://unbc.ca/advising).

## Sample Sequencing Plan

First Year	
Fall	Winter
INTS 100	INTS 210 or Elective
UNIV 103 (recommended)	Language class or Elective
Language class or Elective	Elective (for academic breadth)
Elective (for academic breadth)	Elective
Elective	Elective

**This is a guide only;** coursework will vary each year according to the semester that certain courses are offered. It will be important to check in with your Student Advisor with regard to course progression.

## Advisor Notes

**COURSE PLANNING:** For your first year of study, the recommended courses are listed above. After that, students should utilize their Academic Calendar along with their [Degree Evaluation](#), a tool that interprets the Undergraduate Calendar for the year that you were admitted and helps display the requirements needed for your program. You can also always connect with your Student Advisor for help with course planning. Students should consult the Undergraduate Calendar for course descriptions and pre/co-requisites, [www.unbc.ca/calendar](http://www.unbc.ca/calendar).

**UNIV 103:** It is highly recommended for students in first year to take UNIV 103 – Introduction to Indigenous Studies, Social Sciences and Humanities as an elective in first year. This course provides an introduction to academic inquiry, focusing on the development of critical thinking, reading and university writing including foundational study skills and learning strategies. This course also introduces university services and resources available to support student success.

**ELECTIVES:** Your first year is structured to have lots of opportunity to explore with electives! We encourage students to take a wide variety of courses they are interested in. A minor is a great way to concentrate your electives. Talk with your Student Advisor for suggestions!

**TIME LIMIT:** Except by permission of the Dean, students must complete their undergraduate degree program within 15 years of their first semester of registration.

**RESIDENCY REQUIREMENT:** Students must complete a minimum of 30 credit hours of upper division UNBC coursework to receive a UNBC degree.

**TRANSFER & RETURNING STUDENTS:** Please consult with your Student Advisor to determine how your previous work may best be applied to the program requirements. When registering for coursework pay close attention to the course preclusions to ensure you are not registering for duplicate coursework.

**DOUBLE MAJORS:** Students who are considering a double major should speak with their Student Advisor as soon as possible.

**MINORS:** To see available minors, please refer to the [Declaration of Minor form](#) or look in the Program pages of the [Undergraduate Calendar](#). Minors are a structured way to use your electives while also completing a secondary concentration.

**STUDENT ADVISING:** Is available by phone, zoom, email, or in person. To book an appointment, or to see when drop-ins are scheduled, please visit: [www.unbc.ca/advising](http://www.unbc.ca/advising) or contact [fisssh.advising@unbc.ca](mailto:fisssh.advising@unbc.ca)

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