

## Program Planning Guide

### Bachelor of Arts: General Arts

**YOUR COURSE PLANNING:** This worksheet has been created as a guide for admitted students. Note, your course planning may look different than another student; this worksheet has been designed for students wishing to complete their program within a four-year timeline. Students may elect to take part-time studies or a reduced course load. Refer to the [Undergraduate Academic Regulations](#) within the Undergraduate Calendar for more information.

For requirements that have a "pick list" (i.e. *choose one of*) please visit the Undergraduate Calendar to see a detailed list. The list or requirements may change, so please ensure you follow the appropriate requirements (the 2025-2026 Undergraduate Calendar). After July 1, 2025, you can find the calendar in a [PDF format](#).

Lower Division (100/200) Requirements			
Requirements	Credit Hours	Course Selected	Done
54 Credit hours must be completed at the Lower Division. UNIV 103 is recommended as one of these courses.	3		
	3		
	3		
	3		
	3		
The bulk of this coursework should be chosen from the area of Humanities and Social Sciences (off the calendar list) to ensure completion of at least 90 credits of this coursework for the degree.	3		
	3		
	3		
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	3		
	3		
*at least 6 specific credits on this list need to be taken from Arts & Humanities as well as Social Sciences for the Academic Breadth requirement.	3		
	3		
	3		
	3		
	3		
Academic Breadth Requirement			
Natural Science	3		
Physical Sciences	3		

300/400 Level Requirements			
Requirements	Credit Hours	Course Selected	Done
60 Credit hours must be completed at the Upper Division.	3		
	3		
	3		
	3		
	3		
Of these 60 credits 30+ credits must consist of Humanities and Social Sciences off the calendar list to meet the 90 credits total required for the degree. See Humanities and Social Science Requirement note below.	3		
	3		
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	3		
	3		
Total Credit Hours	120		

**HUMANITIES & SOCIAL SCIENCE REQUIREMENT:** 90 credit hours (including 30 at the upper level) must consist of Humanities and Social Science courses. When selecting coursework above, 30 credits of coursework can be used from outside the Humanities and Social Science list; however, students must ensure that they build in the appropriate coursework to meet the Humanities and Social Science requirement. Students should consider that they will need to take lower division coursework sufficient to advance them to the upper division as half the degree requirements are at the 300/400 level. Please review the course list in the Academic Calendar of coursework that is considered Humanities or Social Science. Coursework from other areas may be approved on a case-by-case basis depending on its content. Please see your Student Advisor for details.

**BREADTH REQUIREMENT:** As a part of this program, students will have typically satisfied their Arts & Humanities and Social Sciences breadth requirements however you will want to make sure that you have taken appropriate coursework (see note in the chart above\*). Outside of that, students need to take a three-credit course in each of the following areas: Natural Sciences and Physical Science to meet the Academic Breadth requirement.

#### EFFECTIVE SEPTEMBER 2025

**NOTE:** Although every attempt has been made to ensure the information on this worksheet is accurate, in the case of any discrepancy the Academic Calendar shall be considered the authority. This program planning worksheet is an unofficial planning tool for students new to UNBC and for students in a non-competitive entry program. Once your program has been declared, please use your degree evaluation as it is the official degree program-tracking document. You can find more information about your degree evaluation and how to run one at [unbc.ca/advising](http://unbc.ca/advising).

## Sample Sequencing Plan

First Year Sample Schedule	
Fall	Winter
UNIV 103 (recommended)	100 or 200 level course from the list of subjects to the right.
100 level course from the list of subjects to the right.	100 or 200 level course from the list of subjects to the right.
100 level course from the list of subjects to the right.	100 or 200 level course from the list of subjects to the right.
100 level course from the list of subjects to the right.	100 or 200 level course from the list of subjects to the right.
Elective (chosen to fulfill Academic Breadth)	Elective (chosen to fulfill Academic Breadth)

## Course Notes

Humanities and Social Sciences	
Anthropology	Social Work
Arts	UNIV 103
Economics	Women's Studies
Education	<b>Note:</b> coursework from Commerce, Geography, Health & Human Sciences, Natural Resources Management, Outdoor Recreation & Tourism Management and Psychology have been approved on a case- by-case basis. Please see your Student Advisor for more details.
English	
Environmental Planning	
Environmental Studies	
First Nations Studies	
Global & International Studies	
History	
Northern Studies	
Philosophy	
Political Science	

## Advisor Notes

**COURSE PLANNING:** For your first year of study, the recommended courses are listed above. After that, students should utilize their Academic Calendar along with their [Degree Evaluation](#), a tool that interprets the Undergraduate Calendar for the year that you were admitted and helps display the requirements needed for your program. You can also always connect with your Student Advisor for help with course planning. Students should consult the Undergraduate Calendar for course descriptions and pre/co-requisites, [www.unbc.ca/calendar](http://www.unbc.ca/calendar).

**UNIV 103:** It is highly recommended for students in first year to take UNIV 103 – Introduction to Indigenous Studies, Social Sciences and Humanities as an elective in first year. This course provides an introduction to academic inquiry, focusing on the development of critical thinking, reading and university writing including foundational study skills and learning strategies. This course also introduces university services and resources available to support student success.

**TIME LIMIT:** Except by permission of the Dean, students must complete their undergraduate degree program within 15 years of their first semester of registration.

**RESIDENCY REQUIREMENT:** Students must complete a minimum of 30 credit hours of upper division UNBC coursework to receive a UNBC degree.

**TRANSFER & RETURNING STUDENTS:** Please consult with your Student Advisor to determine how your previous work may best be applied to the program requirements. When registering for coursework pay close attention to the course preclusions to ensure you are not registering in duplicate coursework.

**MINORS:** To see available minors, please refer to the [Declaration of Minor form](#) or look in the Program pages of the [Undergraduate Calendar](#). Minors are a structured way to use your electives while also completing a secondary concentration and are suggested for students in the BA General program.

**STUDENT ADVISING:** Is available by phone, zoom, email, or in person. To book an appointment, or to see when drop-ins are scheduled, please visit: [www.unbc.ca/advising](http://www.unbc.ca/advising) or contact [fisssh.advising@unbc.ca](mailto:fisssh.advising@unbc.ca)

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