**Keeping It Real: Impact Stories - EXERCISE**

With this broader understanding of career, consider various aspects of your life so far and identify some impactful or memorable ***stories*** from any of the following that apply. Do not overthink it. Just jot down some thoughts about the experience and what made it memorable – whether for positive or negative reasons. We will come back to these stories later.

**Life Experiences** **(e.g., moments that shaped your perspective or values)**





**Education (e.g., classes, labs & workshops)**





**Employment (e.g., internships, part-time jobs, self-employment)**





**Campus & Community Involvement / Volunteering (e.g., societies, committees, sports, memberships etc.)**





**Awards You’ve Earned** **(e.g., scholarships, leadership awards, recognitions)**





**Certificates/Courses You’ve Taken (e.g., non-degree programs, online courses)**





**International Travel** **(e.g., personal or academic international experiences)**





**Interests / Hobbies** (**e.g., creative outlets, passion projects, skills developed through play or curiosity)**





**Anything else that influenced you (e.g., mentorship, setbacks, personal challenges)**

