

THE UNIVERSITY OF NORTHERN BRITISH COLUMBIA
Curriculum Vitae for Faculty Members

Date: August 22, 2025

Initials: RN, BScN, MScN

1. **SURNAME:** Stent **FIRST NAME:** Rebecca (Becky) **MIDDLE NAME(S):** Margot
2. **PROGRAM/LIBRARY/DEPARTMENT:** NBNP (primary) / NCBNP
3. **COLLEGE:** School of Nursing
4. **PRESENT RANK:** Senior Instructor I **SINCE:** December 2, 2024

5. **POST-SECONDARY EDUCATION**

University or Institution	Degree	Subject Area	Dates
University of Northern British Columbia	MScN	Nursing	Jan. 2019-May 2024
Thompson Rivers University	BScN	Nursing	Sept. 2007-Apr. 2011

Title of Dissertation and Name of Supervisor

Structures and Systems in Everyday Home Care Nursing Work: Impacts on Nurse-Patient Relationships from the Patient Perspective

Supervisor: Dr. Erin Wilson

Special Professional Qualifications

Registered Nurse – BCCNM

6. **EMPLOYMENT RECORD**

(a) *Prior to coming to UNBC*

University, Company or Organization	Rank or Title	Dates
College of New Caledonia (full-time), Prince George, BC	Nursing Instructor, NCBNP	Aug. 1, 2023-Dec. 2, 2024
Northern Health, COVID-19 Pandemic Response Case and Contact Management (casual), Prince George, BC	Contract Tracing A team RN	Sept. 2021-spring 2022
Northern Health, COVID-19 Mass Immunization (casual), Prince George, BC	Mixer and Immunizer, RN	May 2021-spring 2022
College of New Caledonia (sessional, part-time), Prince George, BC	Lab and Clinical Instructor, NCBNP	Dec. 24, 2020-Apr. 23, 2021
Northern Health, Highland Health and Family Development Centre (casual), Prince George, BC	Home Care Nurse, RN	Jun. 2017-present
Interior Health, Community Care (casual), Vernon, BC	Community Integrated Health Services, RN	Jun. 2015-Jan. 2017

Monashee Mews, inSite Senior Care (casual), Lumby, BC	Program Coordinator, RN	Jan. 2015-Nov. 2015
Northern Health, Fort St. John Health Unit (permanent full-time), Fort St. John, BC	Home Care Nurse, RN	Aug. 2012-Aug. 2014
Conayt Friendship Society / School District #58 (permanent full-time, dual role), Merritt, BC	Community Health Nurse/Health Promoting Schools Coordinator	Jun. 2011-Jul. 2012

(b) *At UNBC*

Rank or Title	Dates
Senior Instructor I	Dec. 2, 2024-present
Theory Instructor, Sessional	Dec. 28, 2022-Apr. 28, 2023
Student Assistant NURS 418 (Supervisor: Camille MacArthur), Term, part-time	Sept. 7-Dec. 15, 2022
Research Assistant (Supervisor: Dr Erin Wilson), Term, part-time BCCNM FNP Report Team and FNP Curriculum Review//Transition to One45	Aug. 15, 2022-Aug. 31, 2023
Research Assistant (Supervisor: Dr. Caroline Sanders), Term, part-time Nursing Admissions/Recruitment in the North	Aug. 15, 2022-Apr. 7, 2023
Clinical Instructor, Sessional	Oct. 18, 2021-Feb. 24, 2022
Research Assistant (Supervisor: Leana Garraway), Term, part-time Canadian Association of Schools of Nursing (CASN) Accreditation Team	Oct. 1, 2021-Mar. 31, 2022
Research Trainee (Primary Investigator: Dr. Erin Wilson), Term, part-time Cancer Care Coordination in Northern Health	May 2020-Spring 2022

7. LEAVES OF ABSENCE

University, Company or Organization at which Leave was taken	Type of Leave	Dates
Interior Health, Vernon Community Care	Maternity	June 2016 – June 2016
Northern Health, Fort St. John Health Unit	Maternity	January 2014 – January 2015

8. TEACHING(a) *Areas of special interest and accomplishments*

Areas of interest include home and community care nursing, wound care, palliative care, geriatric health, and chronic conditions. Prior experience in theory, clinical, and lab instruction. Use of online platforms for synchronous and asynchronous activities as well as in-person instruction. Teaching approaches include lectures, multi-modal presentations, discussion boards, case studies, guest speakers, student-led presentations, OSCAs and OSCEs.

Teaching goals include developing critical thinking, clinical reasoning, and decision-making skills; engagement in self-directed learning and evidence-based practice; and dedication to life-long learning. Students are encouraged to work collaboratively in interdisciplinary teams and provide culturally safe and trauma-informed patient- and family-centred care. Strategies include hands-on practice, situational learning, “teach back” approach, concept-mapping, sharing experiences, discussing cases, and linking theory and research to practice.

(b) *Courses Taught at UNBC*

Session	Course Number	Scheduled Hours	Class Size	Hours Taught			
				Lectures	Tutorials	Labs	Clinical
Winter 2025	NRSG311	250.0	18-theory 6-clinical	42.0			208.0
Winter 2023	NURS420	20.0 total	10	20.0			
Fall 2021	NURS323	81.25 total	6				81.25
Winter 2022	NURS323	81.25 total	8				81.25

NCBNP courses taught at CNC include: NURS 101 clinical, NURS 102 theory and lab, NURS 201 lab and OSCE, NURS 203 theory, NURS 215 clinical and lab, NURS 220 clinical and lab, skills lab

(c) *Continuing Education Activities*

2025

- Western Canada Collaborative of Health Sciences Educators Society workshop with Harrison Mooney: Beyond the Surface: Bias, Belonging, and the Role of Healthcare Educators workshop (Jun. 9) (2 hrs.)
- NBNP Faculty Retreat (Apr. 24-25)
- NCBNP Faculty Retreat (Apr. 16)

2024

- NCBNP Faculty Retreat, including the following presentations: (Apr. 30-May 1)
 - > Anti-Bias Training
 - > Experiential Learning Exercise
 - > Adoption of AI into Healthcare Education
- Vega Family Violence Project Modules (Mar. 28)
- Protecting People's Rights: Mandatory Mental Health Act Forms (Mar. 13)
- Alberta Health Services Trauma Informed Care e-Learning Series (Jan. 25)

2023

- BCCampus FLO MicroCourse: Bringing the Practice of Positionality into Teaching and Learning (Dec. 4-8, synchronous and asynchronous components) (7.5 hrs.)
- BCCampus FLO Lab: Anti-racism in Education: Strategies for Teaching in Post-Secondary Education (Nov. 22) (4 hrs.)
- National Collaborating Centre for Indigenous Health (NCCIH) Webinar: Knowledge Translation Approaches and Practices in Indigenous Health Research (Apr. 25) (1.5hrs)
- CASN: Integrating the Truth and Reconciliation Calls to Action into Nursing Curricula Workshop Series (Mar. 8, 29, Apr. 26, May 24, Jun. 14) (10 hrs. total)
- BCCDC – Naloxone Administration (Apr. 12)
- Dr. Linda O'Neill: Learning Session: Trauma-Informed Teaching (Mar. 23) (2 hrs.)
- UNBC Research Week: Knowledge Translation Workshop (Mar. 2) (3 hrs.)
- Violence Prevention – PVPC (Feb. 7)

2022

- UNBC Research and Scholarship in Nursing: Writing Effective Plain Language Summaries (Dec. 12)
- Infection Prevention and Control Basics for Health Care Workers (Nov. 17)
- BCCDC COVID-19 Immunization for Children 5-11 Years of Age (Oct. 20)
- Vaccine Storage and Handling (Oct. 16)
- Hazardous Drugs Safety (Sep. 23)
- Application of Compression Therapy (Sep. 23)
- Community Health Nurses of Canada Virtual Conference (Jun. 8-10)
- Best Possible Medication History and Medication Reconciliation in Home Care (May 16)
- UNBC Research Week (Feb. 28-Mar. 4)

2021

- Northern BC Research and Quality Conference (Dec. 7-9)
 - > Introduction to Quality Improvement Workshop (Dec. 7)
 - > Culturally Safe Indigenous Healthcare: Supporting Health Care Transformation (Dec. 7)
- BC Rural Health Research Exchange (BCRHRx) (Nov. 23) (4.5 hrs.)
- CASN Accreditation 101 Training (Oct. 22)
- UNBC Graduate Student Workshop Series: Formatting Your Thesis (Oct. 19)
- NHA – CL: (1) Introduction to Case and Contact Management (CCM); (2) COVID-19: Effective Communication for Case and Contact Management; (3) COVID-19: CCM Contact Tracing A Foundations One Call Model (Sep. 7)
- Overview of Public Health (Sep. 6)
- Thinking Qualitatively Virtual Conference (Jul. 5-9)
- Anaphylaxis Initial Emergency Treatment by Nurses (Adult and Pediatric) (Jun. 14)
- BCCDC COVID-19 Immunization Competency Course for Nurses (RNs, RPNs, LPNs) (May 30)
- Survey Monkey Privacy and Information Management Training (Mar. 9)

2020

- NHA – Person and Family Centred Care – Jack and Sally's Story (Dec. 9)
- OWL Patient-Oriented Research Training and Learning – Primary Health Care program (Nov.)
- BC Research Ethics Virtual Symposium: Ethical Implications of COVID-19 (Oct. 21-22)
- BC SUPPORT Unit's Putting Patients First Conference (#PPF20) (Oct.)
- Michael Smith Foundation for Health Research: KT Connects: Co-creating dissemination materials with patients (Sep.)
- Saskatchewan Centre for Patient-Oriented Research: Infographics 101 Webinar (Sep.)

2013

- CORE Indigenous Cultural Competency Course
- Fraser Health Hospice Palliative Care Pain Module (Apr.)
- Northern Health Home and Community Care Conference: Embracing Change: Nourishing Body, Mind, and Practice (Mar.)

2012

- Centre for Comprehensive Motivational Interventions: Brief Action Planning certification (Nov.)
- Victoria Hospice Society Palliative Care: Medical Intensive Course (Nov.)
- Around the Kitchen Table: Facilitation training through Chee Mamuk/BCCDC (culturally sensitive sexual health, HIV/AIDS, and hepatitis education) (Feb.)

2011

- Chronic Disease, Diabetes, and Chronic Pain Self-Management Volunteer Leader Training through UVIC
- Centre on Aging (Nov.)
- Canadian Red Cross RespectEd: Violence and Abuse Prevention workshop: Healthy Youth Relationships (Nov.)
- CRNBC Leading Small Groups and Teams course (Sep.-Nov.)

9. **SCHOLARLY AND PROFESSIONAL ACTIVITIES**

(a) *Areas of special interest and accomplishments*

Primary clinical focus includes community health nursing, with emphasis on home and community care. Research skills developed during MScN program and thesis work include using institutional ethnographic methodology, incorporating patient-oriented research, and conducting integrative literature reviews. Skills developed during research assistant roles include: (1) using Hermeneutic lens, engaging in patient-oriented research, and undergoing a systematic literature search for rapid realist review; (2) contributing to CASN Report for NCBNP; (3) contributing to BCCNM Report for MScN-FNP program; (4) engaging in environmental scan, focus group

organization, and strategic planning sessions for nursing admission, recruitment, and retention work; and (5) curriculum review and transition to One45 for the MScN-FNP program.

Future research interests include: exploring the structures and systems that organize institutions and how these influence individuals who live and work within those structures, with a specific focus on navigating the healthcare system; patient- and family-centred care, therapeutic relationships, and roles of patients and families in care; student learning experiences; and nursing admissions, recruitment, and retention in northern BC.

(b) *Research or equivalent grants (indicate under COMP whether grants were obtained competitively (C) or non-competitively (NC)).*

Granting Agency	Subject	COMP	\$ Per Year	Year	Principal Investigator	Co-Investigator(s)
MSFHR / SPOR	Improving Coordination between Primary Care and Oncology Care in Northern BC	C	\$20,000	2020	Wilson, E.	McKenzie, F., Pammett, R., Wan, D., Logan, C., Moubray, E., MacLeod, M. Trainee: Stent, R.

(c) *Invited Presentations*

- UNBC School of Health Sciences: Outland Youth Employment Program (August 15, 2025)
Target Population/Group: Indigenous youth from Northern BC engaged in a land-based career readiness camp
Activity Description: Collaborated with L. Irving (NP) for a demonstration and workshop in SoN laboratory (suturing a wound, removing sutures).
- UNBC School of Health Sciences: Project Health (June 2, 2025)
Target Population/Group: School District 91 students interested in careers in the health sciences
Activity Description: Collaborated with H. Dodenburg for a demonstration and workshop with simulation equipment in SoN laboratory on UNBC campus (CPR, assessing a simulated mannikin).
- Northern Baccalaureate Nursing Program: NBNP Retreat (April 25, 2025)
Target Population/Group: Fellow faculty members
Activity Description: Discussion of how Objective Structured Clinical Examinations (OSCEs) and Assessments (OSCAs) are being used in the NBNP and best practice considerations for the program.
- Northern Baccalaureate Nursing Program: NURS 305 (January 30, 2024)
Target Population/Group: Students taking NURS 305: Concepts for Evidence-Informed Nursing
Activity Description: Presentation: "Structures and Systems Coordinating Everyday Home Care Nursing Work and the Impacts on Nurse-Patient Relationships: An Institutional Ethnography". Overview of my MScN thesis work, focusing on Institutional Ethnography as a methodology and introducing Patient-Oriented Research approaches.
- Northern Collaborative Baccalaureate Nursing Program: NURS 418 (January 19, 2024)
Target Population/Group: Students taking NURS 418: Community Health Nursing
Activity Description: Presentation: "Home and Community Care Nursing". Reviewed services offered in HCC, focusing on home care nursing, including research findings from my thesis.
- Community Health Nurses of Canada Virtual Conference (June 8, 2022)
Target Population/Group: Community health nurses, researchers, administration, policy makers, educators, students
Activity Description: Presentation titled "The Impact of Structures and Systems Present in Everyday Home Care Nursing Work on the Nurse-Patient Relationship in Northern British Columbia from the Perspective of Patients". Presented thesis research process and early findings.

- Northern BC Research and Quality Conference Presentation (December 8, 2021)
Co-Presenter: Angela J. Thomson (patient partner)
Target Population/Group: Researchers, students, health authority employees, health care practitioners, patient partners, and community organizations in Northern BC
Activity Description: Presentation: "Journeying into Patient-Oriented Research: A Student-Patient Partnership". Aimed to share experiences, challenges, successes, and lessons learned by a graduate student and patient partner engaging in patient-oriented research as novice researchers.
- BC Rural Health Research Exchange Presentation (November 23, 2021)
Target Population/Group: Researchers, Clinicians, and Trainees (Students)
Activity Description: Presentation: "Improving Care Coordination for Patients Newly Diagnosed with Cancer in Northern British Columbia: A Feasibility Study".
- Prince George Public Library Mastermind Presentation (July 2, 2021)
Target Population/Group: General Public
Activity Description: Presentation titled "Relationships between Home Care Nurses and Patients in a Northern British Columbian City: How do Patients Experience the Daily Work of Nurses?" Shared information in a non-academic setting about research that is happening in the community.
- Presenter, UNBC MScN Orientation (September 2020)
Target Population/Group: UNBC MScN students
Activity Description: Discussion with new students about what to expect and how to access opportunities beyond the assigned curriculum during their time as MScN students.

10. **SERVICE TO THE UNIVERSITY**

(a) *Memberships on committees, including offices held and dates*

- July 2025-present: Teaching and Learning Committee for the Faculty of Human and Health Sciences
- December 2024-present: NBNP Committee
- December 2024-present: NCBP Curriculum and Evaluation Committee
- 2020, 2021, and 2023: BC Research and Quality Conference Planning Committee Member: UNBC Student Representative

(b) *Other service, including dates*

- Dec. 2023-Summer 2024: CASN Nurse Educator Interest Group: Community Health (group member)
- Sept. 2023-Spring 2024: Collaborative Student Admission and Progression Committee (CSAPC) – CNC faculty representative
- Aug. 2022-Aug. 2023: Research assistant: helped conduct curriculum review of MScN-FNP program and prepare for transition from Typhon to One45 (Dr. E. Wilson)
- Aug. 2022-Apr. 2023: Research assistant: helped conduct environmental scan of nursing admissions, recruitment, and retention in the north and coordinate activities to identify barriers/potential solutions. Collaborated with partner institutions (UNBC, CNC, CMTN, NLC, NH, FNHA, external consultant)
- Aug-Nov 2022: Research assistant: helped complete MScN-FNP program BCCNM report. Feedback that I was able to process/organize large amounts of information in condensed timeframe, think critically, and use interpersonal skills to quickly become part of an established team (L. Van Pelt)
- Oct 2021-Mar 2022: Research assistant: helped complete CASN Accreditation Report (L. Garraway)
- May 2020-Spring 2022: Research trainee: helped conduct systematic literature search for rapid realist review and conduct interview sessions with patients/providers to explore cancer care coordination in northern BC (Primary Investigator: Dr. E. Wilson)
- 2011-2012: Field Guide/Preceptor (TRU School of Nursing): Placement coordination at Conayt Friendship Society and community settings in Merritt, BC; direct preceptorship with large groups of students on rotation throughout academic year

11. **SERVICE TO THE COMMUNITY**

- (a) *Memberships on scholarly societies, including offices held and dates*
- BCCNM 2011 – present (formerly CRNBC, then BCCNP) – Practicing RN
 - NNPBC 2021 – present
- (b) *Memberships on other societies, including offices held and dates*
- Sept. 2024-present: Parent Advisory Council, Peden Hill Elementary School (offices held: Secretary, Treasurer, Vice Chair, and Chair)
- (c) *Other service to the community*
- Registered Nurse (RN): Casual Position as a Home Care Nurse, providing essential healthcare services to clients at home and in community settings
 - Regular volunteer with Prince George Spruce Kings Hockey Club
 - Nov. 2022-present: Hockey Canada Safety Person, Prince George Minor Hockey

12. **AWARDS AND DISTINCTIONS**

- (a) *Awards for Scholarship (indicate name of award, awarding organizations, date)*
- UNBC MScN Award of Excellence, MScN Program (Thesis) for highest overall GPA – May 2024
 - Elizabeth Kellie Chapter IODE – Josephine Swann Bursary Sept. 2020 – Apr. 2021 (\$1500)
 - BC SUPPORT Unit Northern Centre Graduate Studentship Aware Apr. 2020 – Mar. 2021 (\$10,000)
 - UNBC Graduate Scholarship Sept. 2019 – Apr. 2020 (\$3500)
 - Nurses Education Bursary Jan. 2019 – Apr. 2019 (\$2000)
 - Mary Crabbe Memorial Award (interest in history, ethics, and leadership) Jun. 2011 (\$500)