

THE UNIVERSITY OF NORTHERN BRITISH COLUMBIA
Curriculum Vitae for Faculty Members

Amanda De Smit, MN, RN (she/ her)
Northern Baccalaureate Nursing Program

School of Nursing
Senior Lab Instructor III

Peace River-Liard Campus
Since July 1, 2025

August 2025

POST-SECONDARY EDUCATION

University or Institution	Degree	Subject Area	Dates
University of Toronto – Toronto, ON	Certificate in Nursing Education for the Practice Setting	Nursing Education	Jan 2024 – Nov 2024
Toronto Metropolitan University – Toronto, ON	Master of Nursing	Leadership in Health Care Policy and Education	Sept 2017 - May 2019
University of Alberta – Edmonton, AB	Bachelor of Science in Nursing	Nursing	Sept 2010 - May 2014

EMPLOYMENT RECORD

Prior to coming to UNBC

University, Company, or Organization	Rank or Title	Dates
Northern Health – Fort St. John Hospital Fort St. John, BC <ul style="list-style-type: none">Prenatal Clinic	Registered Nurse (casual)	July 2021 - present
Northern Health – Primary Care Nurse Fort St. John, BC <ul style="list-style-type: none">RN at community COVID mass immunization clinic and mobile vaccination clinic.Later worked as clinic lead.	Primary Care Nurse (full-time)	Apr 2021 - Dec 2021
Kingston Health Sciences Centre Kingston, ON <ul style="list-style-type: none">RN on unit Connell 5- Labour and delivery; level 3 southern Ontario hospital with 2400 high-risk births per year.	Staff Nurse (full-time)	Sept 2020 - Jan 2021
Canadian Health Care Agency Northern ON sites <ul style="list-style-type: none">Worked as an agency nurse in remote nursing stations in several Indigenous communities throughout northern Ontario. Communities were only accessible by airplane, with limited resources. Physicians only on site 1 week per month, nurses worked with greater scope of practice as a result.Communities included Poplar Hill, Summer Beaver, Sandy Lake, Peawanuck, Fort Hope, Kaschechewan, and Kasabonika, ON.	Community Health Nurse (full-time)	Sept 2019 - Apr 2021

LHIVE HEALTHY research study Toronto, ON <ul style="list-style-type: none"> Research Assistant for national LHIVE HEALTHY study. Study aims were to improve health habits of individuals living with HIV through an online interventional platform. Supervisor: Joyal Miranda, Toronto Metropolitan University. 	Research Assistant	Apr 2018 – Sept 2020
Village Park Pediatrics Toronto, ON <ul style="list-style-type: none"> Roles included vaccine preparation, administration, documentation, cold chain maintenance, workflow management, family education, phone triage, growth measurements of children ages 0-19. 	Clinic Nurse (0.2 FTE)	Jan 2018 - Aug 2019
Northern Health –Fort St. John Hospital Fort St. John, BC <ul style="list-style-type: none"> Birthing Centre – full time and casual positions Community Chemotherapy Clinic - casual Prenatal Clinic - casual Medical/ Surgical Unit - casual 	Registered Nurse (full-time and casual positions)	May 2014 - Mar 2019

At UNBC

Rank or Title	Dates
Full-time Continuing Senior Lab Instructor III Northern Baccalaureate Nursing Program Peace River-Liard campus	July 2025- present
Full-time Probationary Senior Lab Instructor II	Jan 2022 – June 2024

TEACHING

Areas of special interest and accomplishments: problem-based learning; creating learning experiences which incorporate the lived experiences of BIPOC communities, people with disabilities, and people along the gender spectrum.

Courses Taught at UNBC –

Peace River-Liard Campus in Fort St. John, BC:

Session	Course Number	Scheduled Hours	Class Size	Hours Taught per Week			
				Lecture	Clinical	Lab	Other
Summer 2025	<u>NRSG 412:</u> Perinatal health and care of the childbearing family	Theory: 36 hours Lab: 18 hours Clinical: 144 hours	10	6 (6 weeks only)	Clinical instructor; not on site with students regularly	3 (6 weeks only)	Only taught 1 clinical group
Winter 2025	<u>NRSG 304:</u> Ethics & law for nursing practice	Theory: 36 hours	10	3	-	-	-

Winter 2025	<u>NRSG 400:</u> Nursing leadership for quality care	Theory: 36 hours	21	6 (6 weeks only)	-	-	FSJ and PG students
Summer 2024	<u>NRSG 412:</u> Perinatal health and care of the childbearing family	Theory: 36 hours Lab: 18 hours Clinical: 144 hours	21	6 (6 weeks only)	Clinical instructor; not on site with students regularly	3 (6 weeks only)	Co-instructor theory; combined FSJ- PG cohort
Fall 2023	<u>NRSG 412:</u> Perinatal health and care of the childbearing family	Theory: 36 hours Lab: 18 hours Clinical: 144 hours	11	6 (6 weeks only)	Clinical instructor; not on site with students regularly	3 (6 weeks only)	
Summer 2023	<u>NRSG 411:</u> Community health nursing	Theory: 36 hours	10	6 (6 weeks only)	-	-	Co-instructor theory
Winter 2023	<u>NRSG 304:</u> Ethics & law for nursing practice	Theory: 36 hours	11	3	-	-	-
Winter 2023	<u>NRSG 400:</u> Nursing leadership for quality care	Theory: 36 hours	10	6 (6 weeks only)	-	-	-
Fall 2022	<u>NRSG 412:</u> Perinatal health and care of the childbearing family	Theory: 36 hours Lab: 18 hours Clinical: 144 hours	11	6 (6 weeks only)	Clinical instructor; not on site with students regularly	3 (6 weeks only)	Only 1 clinical group taken;
Summer 2022	<u>NRSG 411:</u> Community health nursing	Theory: 36 hours Lab: 18 hours	11	6 (6 weeks only)	-	3 (6 weeks only)	
Winter 2022	<u>NRSG 304:</u> Ethics & law for nursing practice	Theory: 36 hours	12	3	-	-	

d) Continuing Education Activities

Conferences:

1. Canadian Association of Perinatal and Women's Health Nurses 2024 [CAPWHN Annual Clinical, Education, Research Conference](#) (presenter and participant).
This national conference gather experts, researchers, and clinicians to share advances in women's health nursing. This year's theme is "The future is now: Sustaining excellence in perinatal and women's health nursing." I will be presenting a 25-minute oral presentation with L. Zimmer, PhD, and K. Dietz, RN, at this conference. Montreal, QC.
Nov 14-15, 2024

2. BC Campus—[FLO Micro Course: Decolonizing Pedagogies – Reframing the Ways we Teach](#) (online course participant). This online course for post-secondary educators will create opportunities to reframe thinking which might be hindering reconciliation.
Sept 23-27, 2024
3. University of Toronto – [Certificate in Nursing Education for the Practice Setting](#) (online course participant). This certificate comprises 3 courses addressing theoretical perspectives of teaching, program development, and assessment & evaluation of nursing education.
Course 1: Jan- Mar 2024 (complete); course 2: Apr- Jun 2024 (complete); course 3: Sept- Nov 2024 (complete).
4. 2023 Northern BC Research and Quality Conference— [Looking to the future: Health in the North](#). Prince George, BC (online- **presenter and participant**). I co-presented a 20-minute oral presentation on perinatal nurses at the Fort St. John Hospital and Prenatal Clinic with K. Dietz, RN.
Nov 7-9, 2023
5. Prince George Native Friendship Centre – Early Childhood Mental Health Conference and Ages and Stages Questionnaire (ASQ) training (participant). Prince George, BC. This 3-day training workshop provided comprehensive education and training on addressing early infant mental health and assessment of the growth and development of children from 0-5 years of age.
Oct 17-20, 2023
6. [WNRCASN Symposium](#) – Justice, Equity, Diversity & Inclusion (participant). This one day symposium drew nursing educators from Western Canada to learn about justice, equity, diversity & inclusion in nursing education. Sub-themes included cultural safety, critical inquiry and curriculum development. Surrey, BC.
April 22, 2023
7. [BCCDC Western Canada Immunization Forum 2023](#) (participant). This event gathers clinicians and researchers to share scientific, policy and practice lessons learned in the provision of immunization programs. Vancouver, BC.
Mar 1, 2023
8. UBC Medical Disorders and Pregnancy Conference (participant). This conference engages clinicians to share research, innovation, and clinical updates about caring for pregnant people. Vancouver, BC.
April 23, 2022

Webinars and Brief Online Learning:

Learning Activity	Date
Unconscious bias training	Dec 19, 2024
PHSA Ethics for Lunch webinar	Dec 4, 2024
Understanding Burnout webinar	Oct 30, 2024
Dr. Giesbrecht (OBGYN) presentation on FSJ Birthing Centre	Nov 27, 2024
Using Race and Ethnicity Data in Research- Gov of BC	Aug 15, 2024
Decolonization at UNBC: How you can help- Dr. Daniel Sims	Aug 14, 2024
UBC Midwifery: The restorative imperative in healthcare: Broadening the definition of healing webinar	April 19, 2024

Pediatric assessment Training workshop	April 16, 2024
UNBC CTLT: AI panel: Teaching with AI in the classroom	April 9 2024
U of T live session: Nursing Educator course #2	Mar 7, 2024
Beyond the Grade : exploring ungrading and assessment- Dr. Dana Wessel Lightfoot UNBC	March 5, 2024
Reawakening our Language - Indigenous language revitalization event, hosted by the Doig River FN	March 14, 2024
U of T live session: Nursing Educator course #2	Feb 8, 2024
U of T live session: Nursing Educator course #2	Jan 25, 2024
Pediatric assessment Training workshop (1.5h)	Jan 25, 2024
Perinatal Services BC Keynote Speaker : Dr. Gabor Mate on childhood trauma and attachments	Jan 16, 2024
Violence Evidenced Guidance Action Project modules	Jan 2024
Period of Purple Training module	Jan 2024
Learning Hub modules: Children and youth at risk of clinical deterioration (PEWS), Building and sustaining your resilience, BCCDC Immunization competency course	Jan 2024
UBC Pediatric Grand Rounds - Who are in our waiting rooms?	Dec 15, 2023
CAN SIM simulation in nursing webinar	Nov 22, 2023
UNBC confidentiality and privacy webinar	Oct 16, 2023
Exploring Early Child Development Data for the North webinar	May 12, 2023
Vancouver General Hospital Ethics forum webinar	Mar 18, 2023
NNPBC Communication in leadership workshop	Mar 2, 2023

SCHOLARLY AND PROFESSIONAL ACTIVITIES

- a) Areas of special interest and accomplishments: perinatal health, women's health, health equity.
 - Awarded 2025 UNBC University in Excellence Service Award (May 2025).
- b) Presentations:
 - **De Smit, A.** (2025). The Northern Baccalaureate Nursing Program [Peace River Regional District special meeting about healthcare bursaries]. February 11, 2025, Dawson Creek, British Columbia, Canada.
 - Zimmer, L. V., **De Smit, A.**, Dietz, K., MacLeod, M. L. P., & Jónatansdóttir, S. (2024). Rural Perinatal Nursing in Canada: A Hermeneutic Literature Review [CAPWHN National Conference]. November 14, 2024, Montreal, Quebec, Canada.
 - Zimmer, L. V., **De Smit, A.**, Jónatansdóttir, S., MacLeod, M. L. P., & Dietz, K. (2024). Rural Perinatal Nursing in Canada: A Hermeneutic Literature Review [CAPWHN National Conference]. November 14, 2024, Montreal, Quebec, Canada.
 - Sokolowski, V., Schiller, C., & **De Smit, A.** (2024). The Northern Baccalaureate Nursing Program [presentation to the Ministry of Health and Nursing Policy Secretariat]. October 1, 2024, Fort St. John, BC.
 - Zimmer, L., **De Smit, A.**, MacLeod, M., Jónatansdóttir, S. (2024). *Contributing to rural perinatal*

health: A case study of nursing in the Fort St. John Prenatal Clinic and Birthing Centre- Initial perspectives and themes. Presentation to Northern Health Perinatal Team, May 24, 2024, Fort St. John, British Columbia, Canada.

- **De Smit, A.,** MacLeod, M., Dietz, K., Zimmer, L., Jónatansdóttir, S., Evans, N. (2023). *Contributing to rural perinatal health: A case study of nursing in the Fort St. John Prenatal Clinic and Birthing Centre.* 2023 Northern BC Research and Quality Conference, Presentation (peer reviewed), Nov 8, 2023, Prince George, British Columbia, Canada.
 - **De Smit, A.,** MacLeod, M., Zimmer, L., Jónatansdóttir, S. (2023). *Contributing to rural perinatal health: A case study of nursing in the Fort St. John Prenatal Clinic and Birthing Centre- Initial perspectives and themes.* Presentation to FSJ Hospital nurses, Oct 27, 2023, Fort St. John, British Columbia, Canada.
 - Josewski, V., Blackstock, S., **De Smit, A.,** Fraser, T., Huynh, N., Marceau, R., McKenzie, F., Schiller, C., Siegrist, S., & McGhee, L. (2023). *Allies and Allyship: Creating and sustaining cultural safety, cultural humility and anti-racist pedagogies, research, and practice.* WNRCSN Symposium, Presentation (peer reviewed), April 22, 2023, Surrey, British Columbia, Canada.
- c) Other: In January 2024, I submitted a proposal to the Northern Medical Program Trust (NMPT) with support from Tara Mayes at UNBC to receive funding to support the travel costs for nursing students who live outside of Fort St. John. Students travelling to attend clinical and courses in Fort St. John have expressed the significant cost of transportation and lost time through commuting to attend classes in Fort St. John. The grant has been funded for \$10,000 yearly in bursaries for students over 3-5 years and will reduce the financial burden for students wishing to pursue registered nursing education in the northeast.

SERVICE TO THE UNIVERSITY

Memberships on committees, including offices held and dates.

- Member, SoN Awards Committee (Sept 2023- present)
- Member, SoN UNBC Communications Committee (Sept 2022- present)
 - Co-Chair, SoN Communication Committee (Aug 2024- present)
- Member, SoN Allies and Allyship Standing Committee: Cultural Safety, Cultural Humility and Anti-Racist Pedagogies, Research and Practice (Sept 2022- present)
- Member, UNBC NBNP Student Application Committee (Jan 2022- present)
- Member, SoN Research and Scholarship Committee (Sept 2024-present)
- FHHS Regional Council (Jan 2025- present)
- Member, FHHS Faculty Council (2024-present)

Program/Curriculum Development

- Member, SoN Leadership Committee (Aug 2024- present)
- Member, UNBC PG NBNP Implementation Committee (Jan 2023- present)
- Member, UNBC NBNP Curriculum and Evaluation Committee (Jan 2023- present)
- Member, UNBC NBNP Committee (Jan 2022- present)

Hiring Committees

- Member, SoN Appointment Selection Committee (Jan 2022- Sept 2022; Dec 2023- present)

Lead Positions

- Peace River-Liard Campus Regional NBNP Coordinator (March 2024- present)
- Maternity School Lead (2022-2023; 2024-2025; 2025-2026)
- Clinical Lead, NRS 412 (2022-present)

Other

Facilitate 2h long introduction to UNBC Nursing for 30 high school students at Peace River-Liard Campus.	<i>April 22, 2025</i>
Organize student learning session from Indigenous Knowledge keeper	<i>April 8, 2025</i>
Reviewer of UNBC Program Review document for the NBNP.	<i>March 2025</i>
Attended local "Grow our Own" event to provide mentorship to high school students and promote nursing as a career.	<i>March 6, 2025</i>
Invited & presented at Peace River Regional District meeting to seek opportunities for funding for local students wishing to pursue a nursing degree through the NBNP in Fort St. John.	<i>Feb 11, 2025</i>
Presented to NCBNP Curriculum Committee regarding N412 course	<i>Jan 16, 2025</i>
Presentation on the NBNP to the Ministry of Health- Nurse Policy Secretariat.	<i>Oct 1, 2024</i>
British Columbia College of Nurses and Midwives (BCCNM) Phase 2 report for the <u>Educational Review Process</u> of the NBNP.	<i>March-Aug 2024</i>
Organizing Cardio-pulmonary Resuscitation (CPR) course for Peace River-Liard students at Northern Lights College (NLC) in Fort St. John.	<i>July 30, 2024</i>
Admissions review meetings for NBNP Fort St. John & PG, bi-monthly.	<i>Dec- June 2024</i>
Tabled at Metis Nation of BC Health Promotion Gathering to promote nursing education opportunities in the northeast.	<i>May 25, 2024</i>
Tabled for UNBC at Northern Light College Open House event.	<i>Apr 24, 2024</i>
Tabled at Fort St. John Tradeshow to promote UNBC and its programs.	<i>April 12-14, 2024</i>
Advocated for and wrote motion to change two NBNP course names: NRS 410 & NRS 412 to be more inclusive and destigmatizing.	<i>Jan 2024</i>
Meeting with social work tenure-track candidate on request of Dean Schiff to discuss living in the north and working at UNBC.	<i>Jan 2024</i>
Organizing British Columbia Nurses Union luncheon for students.	<i>Jan 2024</i>
Attendance at pinning and graduation ceremonies in Fort St. John: <ul style="list-style-type: none"> ○ Gave a speech at pinning ceremony. ○ Gave a speech at graduation ceremony. 	<i>2023, 2024, 2025</i>
Recruitment of sessional instructors.	<i>Yearly</i>
Recruitment of clinical sites.	<i>2022- present</i>
Attendance at UNBC School of Nursing faculty retreats (NBNP and NCBNP)- usually held in Prince George.	<i>2022 (1)</i> <i>2023 (4)</i> <i>2024 (2)</i> <i>2025 (1)</i>

Attendance at SD60 Board meeting to discuss nursing education at UNBC.	<i>Oct 2023</i>
Attendance and planning for UNBC Peace River-Liard Open Houses.	<i>2022 (2), 2023 (3), 2024 (1)</i>
Attended and gave a speech at first Prince George NBNP Open House.	<i>Feb 2023</i>
Review of key NBNP documents, including Student Handbook.	<i>Yearly</i>
Planning and implementation of Fall and Winter NBNP orientation activities in Fort St. John.	<i>Bi-yearly, since 2022</i>

SERVICE TO THE COMMUNITY

- **Member, Adventures in Health Care Committee (Sept 2023- present)**
 - Working with UNBC School of Nursing staff, School District 60, Northern Health and FSJ Rotary Club to plan and implement “[Adventures in Health Care](#)” program to expose local grade 10 & 11 students to careers in healthcare. Further facilitated two 90-minute group activities throughout the program, participated in group debrief sessions, set up and tore down. May 13-15, 2024 and March 11-13, 2025.
- **NBNP Campus Tours (Jan 2022- present)**
 - Provides prospective students with Peace River-Liard campus tours, discusses the RN role, and introduces the NBNP program. Informally provide tours of campus at least 10 times yearly.
- **Casual Registered Nurse (RN)**
 - I currently hold a casual position at the Fort St. John Prenatal Clinic, providing essential primary care services to pregnant persons in the community. I strive to apply learning from my teaching role into my practice in this position, while similarly continuing to maintain a relationship with current and potential clinical preceptors. This role enables me to continue to provide care and support to the community in which I live.

THE UNIVERSITY OF NORTHERN BRITISH COLUMBIA

Publications Record

Name: De Smit, Amanda Lynne
Date: August 2025

Initials: ADS

CONFERENCE PROCEEDINGS - REFEREED

Zimmer, L. V., **De Smit, A.**, Dietz, K., MacLeod, M. L. P., & Jónatansdóttir, S. (2024). Rural Perinatal Nursing in Canada: A Hermeneutic Literature Review [CAPWHN National Conference]. November 14, 2024, Montreal, Quebec, Canada.

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De Smit, A., MacLeod, M., Dietz, K., Zimmer, L., Jónatansdóttir, S., Evans, N. (2023). *Contributing to rural perinatal health: A case study of nursing in the Fort St. John Prenatal Clinic and Birthing Centre*. 2023 Northern BC Research and Quality Conference, Presentation (peer reviewed), Nov 8, 2023, Prince George, British Columbia, Canada.

Josewski, V., Blackstock, S., **De Smit, A.**, Fraser, T., Huynh, N., Marceau, R., McKenzie, F., Schiller, C., Siegrist, S., & McGhee, L. (2023). *Allies and Allyship: Creating and sustaining cultural safety, cultural humility and anti-racist pedagogies, research, and practice*. WNRCSN Symposium, Presentation (peer reviewed), April 22, 2023, Surrey, British Columbia, Canada.

COMPLETED MANUSCRIPTS

MacLeod, M. L., Zimmer, L. V., **De Smit, A.**, Jónatansdóttir, S., Dietz, K. (2025). Orchestrating care for a good life event: A hermeneutic study of the overlooked practices of rural perinatal nurses. *BMC Pregnancy Childbirth*, 25, 378. <https://doi.org/10.1186/s12884-025-07458-7>

Zimmer, L. V., MacLeod, M. L., **De Smit, A.**, & Jónatansdóttir, S. (2025). Rural perinatal nursing in Canada : A hermeneutic literature review. *International Journal of Nursing Studies Advances*, 8, 100300. <https://doi.org/10.1016/j.ijnsa.2025.100300>

Zimmer, L. V., MacLeod, M. L. P., De Smit, A., Dietz, K., Evans, N., & Jónatansdóttir, S. (2024, January). Perinatal nursing practice in Fort St. John: Ensuring a good life event. Prince George, BC: University of Northern British Columbia.