

Lauren Irving

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Objective: Lauren Irving CV for UNBC Website.

Education:

<i>PhD Health Sciences</i> University of Northern British Columbia Prince George, B.C. Faculty of Health Sciences	Sept 2024 – current
<i>Master of Nursing- Nurse Practitioner (F)</i> University of British Columbia Vancouver, B.C. UBC School of Nursing	Sept 2011 – April 2013
<i>Bachelor of Science in Nursing</i> College of New Caledonia / University of Northern British Columbia Prince George, B.C. Northern Collaborative Baccalaureate Nursing Program	Sept 2004 – April 2008

Nurse Practitioner Clinical Experience:

<i>Family Nurse Practitioner</i> Central Interior Native Health Society (CINHS) Northern Health, Prince George, BC	July 2013 – current
<i>Family Nurse Practitioner</i> Northern Health Virtual Clinic (NHVC) Northern Health	March 2020 – current

Leadership Experience:

<i>Co-Medical Director</i> Central Interior Native Health Society (CINHS) Prince George, BC	July 2021 – current
<i>Graduate Programs Coordinator</i> School of Nursing University of Northern BC	July 2024 – August 2025
<i>NP Regional Lead: Northern</i>	July 2021 – October 2023

Nurse Practitioner Provincial Initiatives and Programs

Nurses and Nurse Practitioners of BC

Research Training:

TUTOR-PHC

2025-2026 Cohort

Transdisciplinary Understanding and Training on Research – Primary Health Care

Western University

Teaching Experience:

Senior Lab Instructor IV

September 2023 – current

Family Nurse Practitioner Program

UNBC School of Nursing

Clinical Faculty

January 2014 – current

Department of Family Practice

UBC Faculty of Medicine

Recent Peer-Reviewed Presentations:

NNPBC 2025 Annual Conference

June 13-15, 2025

“NP-EDGE: Integrating Genomic Content into NP Curricula across BC”

Poster Presentation

Lauren Irving

Kelowna, BC

The CASN Biennial Canadian Nursing Education Conference 2024

May 27 & 28, 2024

“Strengthening Foundations: A program response to a planned 100% increase to a British Columbia family nurse practitioner program”

Lauren Irving, Dr. Erin Wilson, Kristine Rowswell, Farah Mackenzie

Calgary, AB

5th Annual Northern Perinatal Conference

October 13 & 14, 2023

“Perinatal Substance Use- A Northern Perspective”

Lauren Irving, Emma Crowley, Ashley Zaworski, Dr. Sheona Mitchell-Foster

Prince George, BC

NNPBC 2023 Annual Conference

June 3, 2023

“Genomics Education for Family Nurse Practitioners”

Dr. Sarah Dewell & Lauren Irving

Richmond, BC

NNPBC 2023 Annual Conference

June 3, 2023

“What supports are available to you as a Primary Care NP? Provincial Initiatives Program Highlights”

Lauren Irving, Dr. Jenny Krist, Erin Beurkoff

Richmond, BC

NNPBC 2023 Annual Conference
"Prenatal Care for Primary Care NPs"
Lauren Irving
Richmond, BC

June 2, 2023

NNPBC Clinical Corner
"Prenatal Care for Primary Care NPs"
Lauren Irving
Virtual

May 26, 2023

Recent Publications:

Jarvis, C., Eckhardt, A. L., Van Pelt, L., & Irving, L. (2023). *Study Guide and Laboratory Manual for Physical Examination and Health Assessment, Canadian Edition* (4th ed.). Elsevier

Koopmans, E., Provencher, L., Irving, L., & Sanders, C. (2022). Weaving a new blanket together: lessons on compassionate leadership and engagement from a virtual regional summit on early childhood wellness in northern communities of British Columbia, Canada. *Research involvement and engagement*, 8(1), 56. <https://doi.org/10.1186/s40900-022-00391-5>

Sanders, C., Frank, T., Amyot, T., Cornish, K., Koopmans, E., Usipuk, M., Irving, L., & Pelletier, C. (2022). Day-to-day life during the COVID-19 pandemic: A longitudinal qualitative study with Canadian parents of young children. *Contemporary Issues in Early Childhood*. 146394912211154. 10.1177/14639491221115475.

Koopmans, E., Sanders, C., Provencher, L., & Irving, L. (2022). Compassionate connections, supported communities, planning for future generations: The experience of a cross-sector early childhood summit in Northern BC to inform integration of care. *International Journal of Integrated Care*. 22. 104. 10.5334/ijic.ICIC21222.

Webster, J., Sanders, C., Ricci, S., Kyle, T. & Carmen, S. (2020). *Canadian Maternity and Pediatric Nursing* (2nd ed.). Philadelphia: PA: Wolters Kluwer ***Contributor***

Recent Courses Completed:

Indigenous Canada
University of Alberta

April 2025

TCPS 2: Core-2022
Panel on Research Ethics

September 2024

MOCA Cognitive Assessment
MOCA Cognition

April 2024

HIV Prevention
BC Centre for Excellence in HIV/AIDS

January 2023

Diagnosis and Management of Epilepsy in Primary Care

January 2023

Recent Academic Committees:

Clark, Fawn. (October 2023). *The Role of Brief Interventions and Motivational Interviewing in Alcohol Reduction for Adult Women in Primary Care*. Co-supervisor- UNBC Family Nurse Practitioner Program.

Lai, A. (June 2022). *Point of Care Ultrasound Education Needs for Nurse Practitioners in Primary Care Settings: An Integrative Review*. Co-supervisor- UNBC Family Nurse Practitioner Program.

Creelman, L. (June 2022). *Maternal Characteristics, High Risk Behaviours, Social Factors, and Their Impact on Perinatal Outcomes*. Project Site Liaison and Preceptor- Gonzaga University Doctor of Nursing Practice Program.

Koehn, K. (May 2022). *CINHS COVID Vaccine QI*. MEDD 429 Flex Supervisor- UBC Faculty of Medicine

Obasi, P. (August 2021). *Osteoarthritis and Cognitive Behavioural Therapy*. Co-supervisor- UNBC Family Nurse Practitioner Program.

Leavitt, J. (June 2021). *Diabetes and food insecurity*. Co-supervisor- UNBC Family Nurse Practitioner Program.

Gauthier, S. (March 2021). *Barriers to screening for diabetic retinopathy: the role of primary care providers*. Co-supervisor- UNBC Family Nurse Practitioner Program.

Switlishoff, K. (March 2021). *Primary care strategies for introducing mindfulness to adolescents struggling with anxiety*. Co-supervisor- UNBC Family Nurse Practitioner Program.

Research Activities:

Genome BC
NP-EDGE
Co-Applicant May 2023- May 2025

Assessing Genomic Knowledge, Attitudes, and Practice of NPs
Co-Investigator May 2022- March 2024

Collaboration for Health Research in Northern BC Seed Grant May 2021- current
Care following non-fatal opioid overdose at the University Hospital of Northern British Columbia Emergency Department: A retrospective chart review
Co-Investigator

Rural Health Services Research Network of BC Oct 2020- November 2021
Collaborative Team Building Award
Developing an inter-professional health sector research to advance engagement of rural women in prenatal care in northern BC.
Co-Investigator

UNBC Special COVID 19 Research Support Award August 2020- Sept 2021
Day-to-day life with COVID 19- a pilot community participatory action research project exploring the pandemics impact on the early years, ages 0-5 years in northern communities.
Research Team

Michael Smith Foundation for Health Research Sept 2019- Feb 2021
2019 Convening & Collaborating Competition: SEED
Research User Co-Lead

Professional Memberships:

- BCCNM (2025)
- CNPS (2025)
- NNPBC (2025)
- Canadian Paediatric Society (2024)
- The College of Family Physicians of Canada (2025)
- CASN Nursing Educator Research Interest Group (2023)

Privileges, Non-Core Privileges, and Certifications:

- UHNBC Hospital Privileges (2025)
- BLS (June 2025)
- PREP/PEP (2023)
- Transfusion Boot Camp Day 1-3 (2021)
- Provincial Opioid Addiction Treatment Support Program (2018)
- Prescription and Management of Controlled Drugs and Substances (2017)
- Blood Easy Lite (2017)
- Sexual Assault Examiner Training (2013)

Community Service Activities:

Caledonia Nordic Ski Patrol December 2020- current
Canadian Ski Patrol

U8-U9 Girls Soccer Coach May 2024- current
Prince George Youth Soccer Association