

Lauren Irving

3333 University Way
Prince George, BC
lauren.irving@unbc.ca

Phone: (250) 960-5555

Objective: Lauren Irving CV for UNBC Website.

Education:

<i>PhD Health Sciences</i> University of Northern British Columbia Prince George, B.C. Faculty of Health Sciences	Sept 2024 – current
<i>Master of Nursing- Nurse Practitioner (F)</i> University of British Columbia Vancouver, B.C. UBC School of Nursing	Sept 2011 – April 2013
<i>Bachelor of Science in Nursing</i> College of New Caledonia / University of Northern British Columbia Prince George, B.C. Northern Collaborative Baccalaureate Nursing Program	Sept 2004 – April 2008

Nurse Practitioner Clinical Experience:

<i>Family Nurse Practitioner</i> Central Interior Native Health Society (CINHS) Northern Health, Prince George, BC	July 2013 – current
<i>Family Nurse Practitioner</i> Northern Health Virtual Clinic (NHVC) Northern Health	March 2020 – current

Leadership Experience:

<i>Graduate Programs Coordinator</i> School of Nursing University of Northern BC	July 2024 – August 2025
<i>Co-Medical Director</i> Central Interior Native Health Society (CINHS) Prince George, BC	July 2021 – current

NP Regional Lead: Northern
Nurse Practitioner Provincial Initiatives and Programs
Nurses and Nurse Practitioners of BC

July 2021 – October 2023

Research Training:

TUTOR-PHC 2025-2026 Cohort
Transdisciplinary Understanding and Training on Research – Primary Health Care
Western University

Teaching Experience:

Senior Lab Instructor IV September 2023 – current
Family Nurse Practitioner Program
UNBC School of Nursing

Clinical Faculty January 2014 – current
Department of Family Practice
UBC Faculty of Medicine

Peer Reviewed Presentations:

NNPBC 2025 Annual Conference June 13-15, 2025
“NP-EDGE: Integrating Genomic Content into NP Curricula across BC”
Poster Presentation
Lauren Irving
Kelwona, BC

The CASN Biennial Canadian Nursing Education Conference 2024 May 27 & 28, 2024
“Strengthening Foundations: A program response to a planned 100% increase to a British Columbia family nurse practitioner program”
Lauren Irving, Dr. Erin Wilson, Kristine Rowswell, Farah Mackenzie
Calgary, AB

5th Annual Northern Perinatal Conference October 13 & 14, 2023
“Perinatal Substance Use- A Northern Perspective”
Lauren Irving, Emma Crowley, Ashley Zaworski, Dr. Sheona Mitchell-Foster
Prince George, BC

NNPBC 2023 Annual Conference June 3, 2023
“Genomics Education for Family Nurse Practitioners”
Dr. Sarah Dewell & Lauren Irving
Richmond, BC

NNPBC 2023 Annual Conference June 3, 2023
“What supports are available to you as a Primary Care NP? Provincial Initiatives Program Highlights”
Lauren Irving, Dr. Jenny Krist, Erin Beurkoff
Richmond, BC

NNPBC 2023 Annual Conference
"Prenatal Care for Primary Care NPs"
Lauren Irving
Richmond, BC

June 2, 2023

NNPBC Clinical Corner
"Prenatal Care for Primary Care NPs"
Lauren Irving
Virtual

May 26, 2023

Publications:

Jarvis, C., Eckhardt, A. L., Van Pelt, L., & Irving, L. (2023). *Study Guide and Laboratory Manual for Physical Examination and Health Assessment, Canadian Edition* (4th ed.). Elsevier

Koopmans, E., Provencher, L., Irving, L., & Sanders, C. (2022). Weaving a new blanket together: lessons on compassionate leadership and engagement from a virtual regional summit on early childhood wellness in northern communities of British Columbia, Canada. *Research involvement and engagement*, 8(1), 56. <https://doi.org/10.1186/s40900-022-00391-5>

Sanders, C., Frank, T., Amyot, T., Cornish, K., Koopmans, E., Usipuik, M., Irving, L., & Pelletier, C. (2022). Day-to-day life during the COVID-19 pandemic: A longitudinal qualitative study with Canadian parents of young children. *Contemporary Issues in Early Childhood*. 146394912211154. 10.1177/14639491221115475.

Koopmans, E., Sanders, C., Provencher, L., & Irving, L. (2022). Compassionate connections, supported communities, planning for future generations: The experience of a cross-sector early childhood summit in Northern BC to inform integration of care. *International Journal of Integrated Care*. 22. 104. 10.5334/ijic.ICIC21222.

Webster, J., Sanders, C., Ricci, S., Kyle, T. & Carmen, S. (2020). *Canadian Maternity and Pediatric Nursing* (2nd ed.). Philadelphia: PA: Wolters Kluwer ***Contributor***

Recent Clinical Courses Completed:

Indigenous Canada
University of Alberta

April 2025

TCPS 2: Core-2022
Panel on Research Ethics

September 2024

MOCA Cognitive Assessment
MOCA Cognition

April 2024

HIV Prevention
BC Centre for Excellence in HIV/AIDS

January 2023

Research Activities:

Genome BC NP-EDGE Co-Applicant	May 2023 – May 2025
<i>Assessing Genomic Knowledge, Attitudes, and Practice of NPs</i> Co-Investigator	May 2022 – March 2024
Collaboration for Health Research in Northern BC Seed Grant <i>Care following non-fatal opioid overdose at the University Hospital of Northern British Columbia Emergency Department: A retrospective chart review</i> Co-Investigator	May 2021 – current
Rural Health Services Research Network of BC Collaborative Team Building Award <i>Developing an inter-professional health sector research to advance engagement of rural women in prenatal care in northern BC.</i> Co-Investigator	Oct 2020 – November 2021
UNBC Special COVID 19 Research Support Award <i>Day-to-day life with COVID 19- a pilot community participatory action research project exploring the pandemics impact on the early years, ages 0-5 years in northern communities.</i> Research Team	August 2020 – Sept 2021
Michael Smith Foundation for Health Research <i>2019 Convening & Collaborating Competition: SEED</i> Research User Co-Lead	Sept 2019 – Feb 2021

Professional Memberships:

- BCCNM (2025)
- CNPS (2025)
- NNPBC (2025)
- Canadian Paediatric Society (2024)
- The College of Family Physicians of Canada (2025)

Privileges, Non-Core Privileges, and Certifications:

- UHNBC Hospital Privileges (2025)
- BLS (June 2025)
- PREP/PEP (2023)
- Transfusion Boot Camp Day 1-3 (2021)
- Provincial Opioid Addiction Treatment Support Program (2018)
- Prescription and Management of Controlled Drugs and Substances (2017)

- Blood Easy Lite (2017)
- Sexual Assault Examiner Training (2013)

Current Community Service Activities:

Caledonia Nordic Ski Patrol
Canadian Ski Patrol

December 2020 – current

U8-U9 Girls Soccer Coach
Prince George Youth Soccer Association

May 2024 – current