WHEN'S THE LAST TIME
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THE NORTHERN SPORT CENTRE?

FREE
DEMO WEEK

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Now is your chance to try out any of our FIT North Registered Programs for FREE!

- *BOXER FIT*
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- *WOMEN ON WEIGHTS*
- *SHOTOKAN KARATE*
- *30+ STRENGTH CONDITIONING*
- *YOGA FLOW*
- *BELLYFIT*
- *NIA*
- *BOOMERFIT*
- *MULTI HIIT*
- *AND MORE!*

Monday, May 4th until Sunday, May 10th, 2015

UNBC UNIVERSITY OF NORTHERN BRITISH COLUMBIA

Northern Sport Centre

CITY OF PRINCE GEORGE