

Contact

UNBC Housing & Residence Life Office

3333 University Way
Prince George, BC V2N 4Z9
Phone: (250) 960-6430
Fax: (250) 960-6432
E-mail: housing@unbc.ca

Note: e-mail inquiries will be answered within one business day

Manager, Housing & Student Life

Robert Giardino
250-960-6720
robert.giardino@unbc.ca

UNBC Food Services

Nicole Neufeld
250-960-5912
nicole.neufeld@unbc.ca



UNBC's 25th Anniversary

Did you know UNBC will celebrate its 25th Anniversary beginning in September 2014? As a student, you'll be able to participate in a wide range of activities, events and initiatives that will be unique to the 2014-15 academic year. For more, visit unbc.ca/25

1990 **UNBC 25** 2015



UNBC UNIVERSITY OF
NORTHERN BRITISH COLUMBIA

The UNBC Residence Experience



The Residence Experience

Living in UNBC residence provides a safe and convenient housing option for students. Our staff are on-call 24/7 in order to ensure the safety and security of everyone living in our buildings. And with two Residence Assistants on every floor, there is always a senior student leader nearby to answer questions or be there for support.

Added benefits:

- Each student gets his or her own private bedroom with a lockable door.
- Each building has study lounges and a larger common lounge.
- Students living in residence often access campus resources such as the Northern Sports Centre, Library, and Academic Success Centre more because of their proximity and the connection residence has with these and other services.
- Many events and opportunities exist for students to connect with others, learn together, or have fun.



UNBC Food Services

Starting in the Fall of 2014, the days of “the starving student” may well be over as UNBC offers a number of new food service options. From the All-You-Care-to-Eat meal plans, Dining Hall, and new retail options, to enhanced seating areas, local healthy food options, special events and more. Good nutrition is a great foundation upon which a successful student can build.

The UNBC Residence Meal Plan

Does the meal plan apply to you?

- 1) Are you new to residence this year?
- 2) Have you completed less than 30 UNBC credit Hours?

If you answered yes to these questions, you qualify automatically for the Residence Meal plan.

A little more to chew on . . .

- Students have access to fresh food from 6 a.m. to 11 p.m., seven days a week, and 24 hours a day during final exam season.
- Unlimited access to healthy, hot and ready meals.
- Choices that will suit every schedule and meal preference, including those for students with specific dietary needs.
- Add items to My Groceries List and we'll go get it for you.



Difference Maker - Night Out on Campus

Looking to sample the flavours of the fine dining we have in Prince George but want to stay on campus? We have you covered. Join us every Tuesday night, when we host Night Out on Campus, featuring local chefs and specialty items from the hottest restaurants around Prince George. As a customer of the Meal Plan, you get to have your Night Out on Campus at no additional cost.

Difference Maker - myPantry 101

Every day for the first two weeks of the Fall 2014 Semester, Chef Rodney and his team will teach you how to prepare meals the way you want them. And with guidance from a Registered Nutritionist, who will be with you every lesson helping you plan out your meals for the semester, you'll learn the nutritional values of different food groups.

Difference Maker - Food Education

After the two-week introductory myPantry 101 experience, keep enhancing your food education with ongoing sessions focusing on additional cooking techniques, such as “How to Fillet a Salmon,” or “Gluten-Free Baking.”

Difference Maker - Premium Nights

Take advantage of UNBC's Premium Nights every Sunday night in the Dining Hall. We feature “The Tastes of Home” specialty meals, including mouth-watering choices such as steak, lobster, salmon, prime rib, artichoke-stuffed ravioli, turkey dinner, and more! Best of all, as a customer of the Meal Plan, there is no additional cost for these premium meals.

Student Life

Student Life is the go-to place for engaging extra-curricular opportunities on campus.

- New students participate in an exciting, and engaging Orientation program during the first two days of school.
- Current students can take on a leadership role by becoming an Orientation group leader or general volunteer.
- Student Life will launch its first formalized leadership program this Fall, offering students high-level training workshops and experiential service learning opportunities.
- Student Life also runs a number of student-focused events throughout the year, including UNBC's Annual Winter Carnival, Respect Week, Culture Days, and more.

Northern Sport Centre

Forget about adding the freshman 15 at UNBC. You have access to one of Northern BC's premier sport facilities, the Charles Jago Northern Sport Centre.

- Access to the NSC, seven days a week.
- Features include a 280-metre indoor track with 80-metre sprint lanes, two indoor soccer pitches, squash courts, three gymnasiums, six training zones with resistance and cardiovascular training equipment, as well as two group fitness studios.
- UNBC intramural recreation and sport programming.
- 30+ hours of free drop-in fitness classes, including yoga, boot camps, indoor cycling, core training, and more.
- 40+ hours per week of additional group fitness registered programs – members receive a 50% discount on enrollment fees for these classes.
- Locker rentals for day use or long-term storage.
- On-site food service through the NSC's “Northern Bites” concession.
- Student employment opportunities.
- Host to UNBC Timberwolves home games.