Embracing Population Change in Northern BC: Health Services as a Foundation for Community Development

Dr. Neil Hanlon Geography Program, UNBC The Community Development Institute *Community Speakers Series*

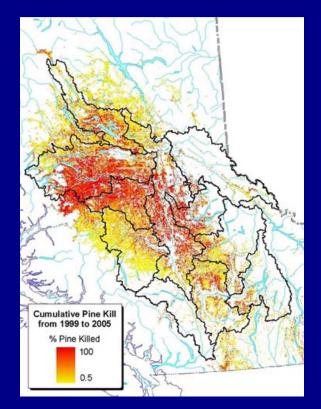
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Prince George, BC 24 October 2007 Quesnel, BC 25 October 2007

The Changing Landscapes of Northern BC





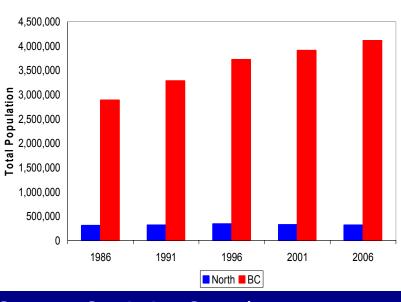






Population Change in Northern BC

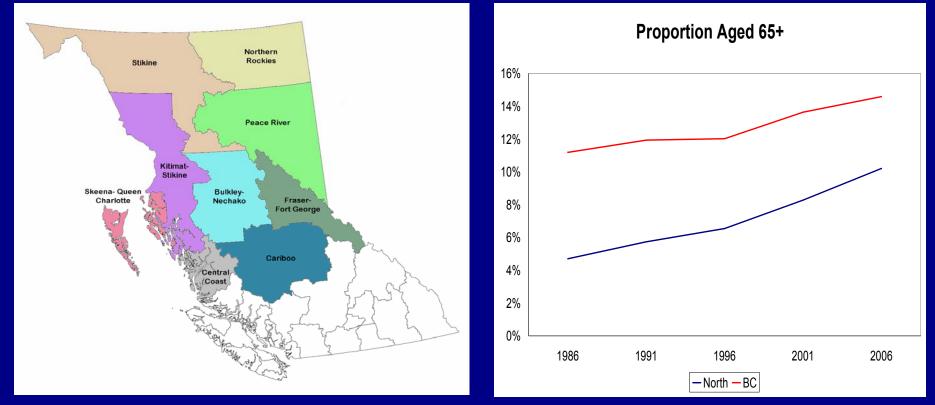




Population Estimates, 1986-2006

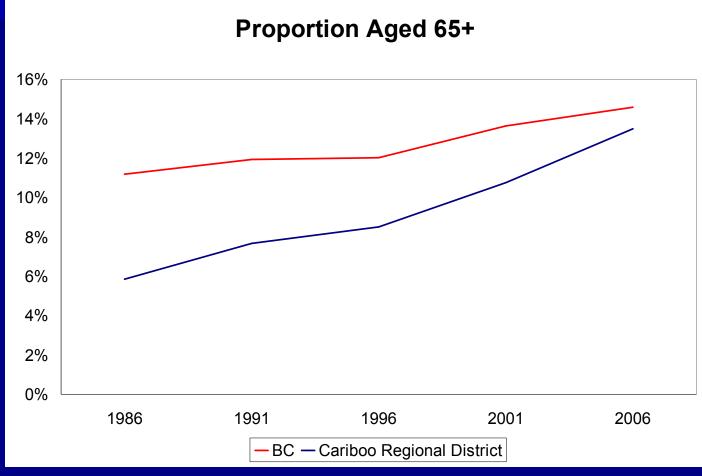
Source: Statistics Canada

Population Change in Northern BC



Source: Statistics Canada

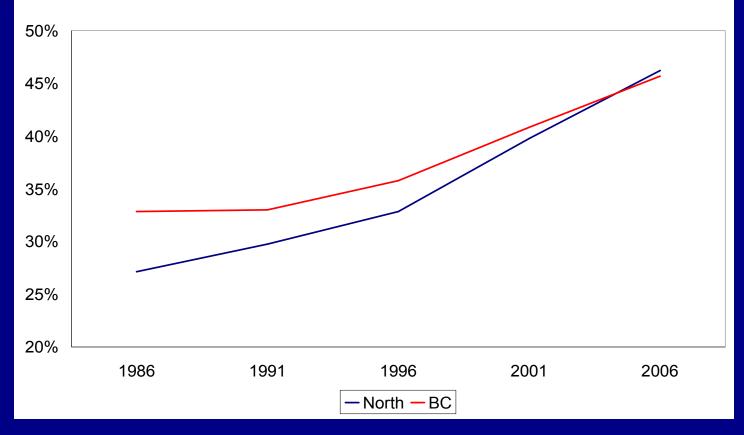
Population Change in the Cariboo Regional District



Source: Statistics Canada

Population Change in Northern BC

Proportion of Working Aged Adults Aged 45-64



Source: Statistics Canada

Population Change in the Cariboo Regional District

Proportion of Working Aged Adults Aged 45-64 55% 50% 45% 40% 35% 30% 25% 20% 1986 1991 1996 2001 2006 BC — Cariboo Regional District

Source: Statistics Canada

The Community Development Challenge

Defining community development

- Range of <u>practices</u> and efforts to support collective action, change and conditions for living
- Means of transforming the physical and social environment of a geographical area (Chavis and Wandersman 1990)
- "An incremental process through which individuals, families and communities gain the power, insight and resources to make decisions and take action regarding their well-being." (Labonte 1996)

The Community Development Challenge

Challenges <u>to</u> Community Development

- Fixation on export-oriented resource extraction
- Expected to solve resource dependency
- Maintenance of existing service base, level of public funding and attraction of private capital

The Community Development Challenge

- The challenge <u>of</u> Community Development
 - Pursuit of CD for its own sake
 - Getting broad-based "buy-in"
 - Integration of CD objectives
 - Collaboration with neighbouring communities



Health care

- Availability of primary health care
- Adaptations to practice and service delivery
- Rationing of acute and continuing care beds
- Access to geriatric specialists

Housing

- Suitable
- Affordable
- Proximity to services and amenities
- Safe

Community Services

- Seniors-friendly leisure and recreation
- Seniors' activity centre / clubs
- Public and private transportation

Infrastructure

- Sidewalks, walkways
- Snow and ice removal

Civic and Voluntary Sectors

- Volunteer-provided services
- Opportunities for voluntarism
- Advocacy and voice in civic affairs

Embracing Population Change

Be informed, not afraid
Assess needs
Recognize potential for development
Network near and far
Start preparing now, not later

Health Services as a Foundation for Community Development

A "bridging" issue
The networked community
Re-imaging the community landscape

A realistic future?





Maybe more like this ...

