

Course Instructors

Mary-Ann Dalzell, BScPT, MSc

Mary-Ann Dalzell is past (2008-2014) Clinical Director of the Rehabilitation and Exercise Oncology Program (ActivOnco) at the Segal Cancer Centre in Montreal. She has coordinated and taught specialized courses in Orthopaedics, Sports Medicine, Biophysical Modalities and Cancer Rehabilitation in the School of Physical and Occupational Therapy, McGill University for over 25 years. She is co-founder of the McGill Cancer Nutrition-Rehabilitation Program, and served as Associate Director from 2002 to 2006.

Anne Rankin, BScPT, MSc

Anne Rankin has worked at BC Children's Hospital in Vancouver for the past 13 years and is currently part of an investigation team examining vincristine neuropathy in children. As well, she works at the University of British Columbia as an instructor. In 2015, she will be the acting Associate Head of Clinical Education for a one year period. She is presently the chair elect in the Oncology Division of CPA. Anne Completed her CPA Clinical Specialty Program in 2012.

Course Description

This 1.5-day course will cover special advanced topics in cancer rehabilitation including: radiation fibrosis, bone fragility, bone metastases, peripheral neuropathy and exercise prescription in advanced cancer.

Course Objectives

By the end of the course:

1. Participants will have a basic understanding of the pathophysiology underlying *peripheral neuropathy, radiation fibrosis, bone metastasis, and skeletal fragility* in patients with cancer
2. Participants will be able to select and apply oncology *assessment techniques* and *rehabilitation interventions* for these conditions
3. Participants will be able to safely prescribe *exercise and progressions* in patients with advanced cancer, including bone metastases

This course will be open to physiotherapists, occupational therapists and other regulated health professionals with basic knowledge of cancer rehabilitation.



Presents:

Advanced Topics in Cancer Rehabilitation

Friday, November 27, 2015
4:00 p.m. – 8:00 p.m.

Saturday, November 28, 2015
8:30 a.m. – 4:30 p.m.

University of British Columbia
Dept. of Physical Therapy
Lab 204

Vancouver, BC Course Overview

DAY ONE

4:00-4:30	Registration
4:30-5:45	Nerve function & chemotherapy-induced nerve pathology
5:45-6:15	<i>Pizza supper (included)</i>
6:15-7:00	Assessment & interpretation (with lab)
7:00-7:15	Treatment & safety
7:15-8:00	Case studies

DAY TWO

8:30-9:30	Radiation fibrosis
9:30-10:15	Case studies: fibrosis
10:15-10:30	<i>Break</i>
10:30-11:30	Bone metastases & primary bone disease
11:30-12:30	Treatment-induced skeletal fragility
12:30-1:30	<i>Lunch (not included)</i>
1:30-2:30	Case studies: bone mets
2:30-3:30	Lab: Exercise progressions for patients with advanced disease
3:30-3:45	<i>Break</i>
3:45-4:30	Development of cancer

rehabilitation services Cost

- Oncology Division Members: \$275
- CPA Members: \$320
- Others: \$380

Course manual, dinner (first day) and health breaks (second day) are included in the cost of the course.

Course receipts and attendance certificated will be distributed upon course completion.

Cancellation Policy

Withdrawal by Registrant: All course withdrawal requests must be received in writing. Withdrawal requests received more than 15 days prior to the course date will be refunded in full, less a \$25 administration fee. Withdrawal requests received between 15 days and 7 days before the course date will be refunded 50%. No refunds will be given for withdrawal requests received within 7 days of the course date. Course fees will not be refunded for travel delays caused

by weather or other acts of god which prevent any registrant from attending.

Cancellation of Course: In the event that Oncology Division chooses to cancel the course, all registration fees paid will be refunded in full.

Registration

1. Complete online registration form:

<http://goo.gl/forms/dwqZbZBi1G>

Deadline: November 6, 2015

2. Make payment:

- *Option 1:* Send cheque payable to "Oncology Division" to:
Oncology Division c/o Swapnil Rege
Lifemark Physiotherapy
2 Fisherman Drive, Unit 7
Brampton, Ontario, L7A 1B5
- *Option 2:* E-transfer to Oncology Division at:
oncology@physiotherapy.ca

Registration cannot be confirmed until payment is received in full.

For further questions please contact:

Shirin Shallwani:

shirinshallwani@gmail.com

OR

Oncology Division:

oncology@physiotherapy.ca