

# You should consider doing an honours degree in psychology if.....

- you are thinking of pursuing a career in psychology
- you want to gain research experience during your undergraduate degree
- you have a B+ average



# What is an Honour's degree?

- Major

- 122 credit hours:

- Minimum of 40 courses

- 17 specific PSYC courses  
(53 credit hours)

- 1 CPSC course  
(3 credit hours)

- Minimum of 18 electives  
(3 credit hours/ea)

- Honours

- 122 credit hours

- do 12 credit hours less of electives than BSc – PYSC requirements

- 12 specific credits:

- 6 credits for honours thesis  
(PSYC 490/495)

- 3 credits for Senior Seminar (PSYC 497)

- 3 credits @ 400 level PSYC (not used for other sections of your BSc degree)

# Honours vs major in psychology

- Benefits:
  - learn about the process of research
  - gain research experience (expected by grad schools)
  - better letters of reference
  - a thesis to send to prospective supervisor
  - conference presentation / publication



# Honours vs major in psychology

- Costs
  - can add time
  - can be stressful



# Application process

## – eligibility:

- GPA 3.33
- 60 credit hours
- a willing supervisor

## – application process:

- complete application form (available on-line)
- describe interests
- attach a blue “declaration of major” form
- submit on last day of classes (April 8<sup>th</sup>)
- send transcripts to Psyc program by May 31<sup>st</sup>, 2009



# The Supervisor

- Think about your career objectives
  - Clinical psyc
  - Counselling psyc
  - Research psyc
- Talk to professors
  - Different profs have different approaches to supervision
  - Make yourself look good
- We try to find a good match b/w student and supervisor



# Other ways to Gain Research Experience During your Undergrad Degree

- Independent study
  - Psyc 499 (3 – 6 credits)
- Volunteer in a research lab

