



University of
Northern British Columbia

Housing and Residence Life

Programming engages the residents in positive, recreational, interesting, opportunistic and creative activities. It creates community in residence and awareness to issues and topics separate to those students will experience in the classroom.

Sample Activities include:

Transitional events including:

- Residence orientation
- Floor meetings
- Cooking, Cleaning and Dating 101
- Alcohol awareness

Community building events such as:

- Cosmic bowling, laser tag, curling
- Residence mingles, pot lucks and floor dinners
- Rez-Wide Residence Challenge competitions

Recreational events:

- Movie nights
- Nature walks (Forest for the World), cross country skiing
- Cougars Hockey Game Trips and Timberwolf Games

Academic opportunities:

- Group study sessions
- Homework parties
- Time management and stress workshops
- Exam preparedness workshops

Civic opportunities:

- Late night discussions/debates on world and timely issues
- Diversity and respect campaigns
- Learning to live "Greener"