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Substance Abuse

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Les vues exprimées ici ne représentent pas nécessairement la
position officielle de Santé Canada.

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1. Introduction

Addiction problems are significant problem among children and youth in Canada and around the world. Statistics Canada data, for example, show that by age 15, approximately 11% of males and 13% of females in Canada have been “really drunk” more than ten times.

**Percent of Youth who have “Been Really Drunk,”
Ages 11 – 15 years by Sex, Canada 1990-1998**

Sex	Frequency	1990	1994	1998
Among Those 11 Years of Age				
Males	4 to 10 times	1	1	1
Males	More than 10 time	2	0	1
Females	4 to 10 times	0	0	0
Females	More than 10 times	0	0	0
Among Those 13 Years of Age				
Males	4 to 10 times	6	3	4
Males	More than 10 time	6	4	5
Females	4 to 10 times	6	4	4
Females	More than 10 times	3	2	3
Among Those 15 Years of Age				
Males	4 to 10 times	12	12	11
Males	More than 10 time	20	14	17
Females	4 to 10 times	14	9	12
Females	More than 10 times	13	12	13

Objective

This project’s objective was to develop a comprehensive, briefly-annotated inventory of print, internet and audio-visual source materials relating to substance abuse among children and youth (i.e., from birth to age 18 years). The Inventory would address both policy and treatment issues as well as those relating to specific populations and specific substances. The evaluation team devoted particular attention devoted to:

- young people living in rural, remote and northern areas,
- abuse of inhalants such as gasoline, and

- Aboriginal children, youth and families.

Methodology

The methodology included an initial literature search undertaken by the Reference Services Division at the Vancouver Public Library and exploratory discussions with selected key informants associated with:

- the Government of Canada,
- certain provincial and territorial organizations including Medical Services Branch in Health Canada (Ottawa), the BC Ministry for Children and Families and the Addictions Foundation of Manitoba; and
- select Aboriginal organizations, for example the BC Aboriginal Network on Disabilities.

The most valuable and comprehensive resource, however, proved to be the Internet. There is a plethora of sites, in Canada and internationally, focusing on addictions issues including those relating to children and youth.

The project did not consider tobacco addictions among children and youth as the quantity of information in that field would have swamped this project's focus.

Findings

The search process uncovered a treasure trove of resource materials. There are countless organizations around the world focusing on addictions issues. This interest is reflected in the vast number of both general and scholarly publications that are available as well as in the vast number of web sites that are available. Some of these are targeted to other researchers interested in addictions policy and "best practices;" some are targeted to the general public, for example spouses or parents of a person who is addicted.

Some of the sources speak specifically to certain of this project's priority issues, namely inhalant abuse and addictions among Aboriginal children and youth.

There appears to be very little information focusing specifically on the project's third priority, namely children and youth living in rural and northern regions.

Organization

The Inventory is organized in eight Sections. Efforts have been made to ensure that the Inventory's organization is practical and supports its use by a range of audiences. Following this Introduction, Section 2 presents important sources from the literature. It includes a number of important bibliographies and "effective practices" documents. It also includes sources that focus on the Inventory's priority areas.

Section 3 provides a list of scholarly journals that have a special interest in addictions issues. All of these journals have a web site with the address being provided in the Inventory.

Section 4 lists the many Internet sites that include addictions related information. Sections 5 provides a list of videos that focus largely on youth issues and in many cases are targeted to children and youth. Sections 6, 7 and 8 focus on the Inventory's priority areas, i.e. Aboriginal children and youth, rural, remote and northern communities, and inhalant abuse. There are very few sources that focus specifically on addictions issues in rural, remote and northern communities.

There is some overlap across Sections in order to ensure that particular sources are highlighted.

The Inventory includes three Appendices. Appendix A includes a directory of National Native Alcohol and Drug Abuse Program centres. Appendix B provides a list of definitions while Appendix C includes "Treatment Truisms for Youth."

2. Literature Sources

A Blueprint For Community Action; CATALOG # PFH-C1-1370. "Taking Action On Alcohol & Other Drug Issues" The key to any successful alcohol/drug strategy is planning. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538. (Handbook).

Addiction Research Foundation of Ontario. "Brief advice papers on special population groups: Francophones, women, older adults, youth, people living with HIV/AIDS, people with disabilities, the ethnocultural community, First Nations community, people with concurrent disorders, families, etc. Library: 33 Russell Street, Toronto, ON M5S 2S1. Phone (416) 595-6144; Fax (416) 595-6601.

Adolescent Inhalant Abuse: Facilitator's Manual and Workshop Guide. Edmonton, AB: AADAC, 1997. HV 5822 .S65 A36 1997. Includes information about Native specific resources and programs.

Advances in Alcohol and Substance Abuse 9(1/2):149-165, 1990. Relative Addiction Potential of Major Centrally Active Drugs and Drug Classes: Inhalants and Anesthetics; Pollard, T.G. (Available from Trevor G. Pollard, Department of Anesthesiology, University of Texas Health Science Center, 7703 Floyd Curl Drive, San Antonio, TX, 78284-7838.)

Alberta Alcohol and Drug Abuse Commission (AADAC) Library. 2nd Floor, 10909 Jasper Ave. N.W., Edmonton, AB T5J 3M9 Phone (403) 427-4275; Fax (403) 427-2352

Alcohol & Drug Prevention Programs for Youth; CATALOG # PFH-C1-1647 "What Works". Most young people have experimented with some form of substance. This document provides different approaches to education & prevention, and outlines a number of practical implications. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Alcohol and its social consequences - the forgotten dimension, by Dr Harald Klingemann.

Alcohol and Other Drug Use Among Hispanic Youth: CSAP Technical Report No. 4, Delgado, M., and Rodriguez-Andrew, S.; Rockville, MD: Center for Substance Abuse Prevention, 1990 (Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville,

MD 20847-2345.) This technical report reviews literature on alcohol and drug use among Hispanic youth.

Alcohol And Young People In The Russian Mass Media, by M.M. Lukina & S.A. Dzhevakhshvili, Consultant - L.L. Resnjanskaja, Moscow State University. Original: Russian EUR/00/5020274, 7 November 2000.

Alcohol Consumption Among Adolescents - Results Of The Cross-National Study Of "Health Behavior In School-aged Children" by Wolfgang Settertobulte, Department for Prevention and Health Promotion, School of Public Health, University of Bielefeld, Germany. Original: English EUR/00/5020274, 28 November 2000.

Alcohol Consumption Among European Students In 1995 And 1999, by Björn Hibell and Barbro Andersson, Swedish Council for Information on Alcohol and Other Drugs, Stockholm, Sweden. Original: English EUR/00/5020274/20, 6 October 2000.

Alcohol Control Policies In Europe, by Claude Evin, Former Minister Député (member of the National Assembly) for Loire-Atlantique (France). Original: French EUR/00/5020274, 8 December 2000.

Alcohol Problems In The Family: The Scale Of The Problem And Society's Response, by William Lay, Confederation of Family Organizations in the European Union (COFACE), Brussels, Belgium. Original: English EUR/00/5020274, 25 September 2000.

American Journal of Drug and Alcohol Abuse 14(1):29-39, 1988; Nitrite Inhalants: Patterns of Abuse in Baltimore and Washington, DC; Lange, W.R.; Haertzen, C.A.; Hickey, J.E.; Snyder, F.R.; Dax, E.M.; and Jaffe, J.H. (Available from W. Robert Lange, MD, MPH, Addiction Research Center, National Institute on Drug Abuse, P.O. Box 5180, Baltimore, MD 21224.)

BAC, Brewers Association of Canada, Library, 155 Queen Street, Suite 1200, Ottawa, ON K1P 6L1, Phone: (613) 232-9601; Fax (613) 232-2283.

Ball, Andrew. Programme on Substance Abuse: A one-way street? Report on Phase 1 of the Street Children Project. World Health Organization. Geneva:

1993. (MCF Search Subjects: Children, Substance Abuse, Prevention; Services for Runaway Children; Substance Abuse Prevention)

BCPRC, Prevention source BC , #210 - 2730 Commercial Drive, Vancouver, BC V5N 5P4. Phone: (604) 874-8452; Fax: (604) 874-9348; 1-800-663-1880 (BC only)

Be a Prevention Player: A Resource for Inhalant Abuse Prevention Education. Winnipeg, MB: The Indian-Metis Friendship Centre of Winnipeg. HV 5822 .S65 B4 1996.

Beauvais, Fred. Integrated model for prevention and treatment of drug abuse among American Indian youth. 'Journal of Addictive Diseases' 11(3): 63-79 (1992).

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Boyd, Gayle M., Jan Howard & Robert A. Zucker. (eds) (1995). Alcohol Problems Among Adolescents: Current Directions in Prevention Research. New Jersey: Lawrence Erlbaum Associates Publishers.

Brady, Maggie. Bibliography: *Petrol Sniffing and Volatile Solvent Abuse in Australia and Overseas*. Canberra, Australia: Alcohol and Drug Foundation, 1990. HV 5822 .S65 B73 1990

Breaking New Ground for American Indian and Alaska Native Youth At Risk: Program Summaries. CSAP Technical Report No. 3; Rockville, MD: Center for Substance Abuse Prevention, 1990 (Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847-2345.) This report summarizes 16 demonstration grants that provide prevention models for working with Native American youth. It also reviews 80 articles identifying more than 60 prevention interventions.

Brief Interventions: An Opportunity For Reducing Excessive Drinking, by Nick Heather, Centre for Alcohol & Drug Studies, Newcastle City Health NHS Trust

& University of Northumbria at Newcastle, United Kingdom. Original: English
EUR/00/5020274, 6 October 2000

Burd, Larry and Michael E.K. Moffatt. Epidemiology of Fetal Alcohol Syndrome in American Indians, Alaskan Natives and Canadian Aboriginal People: A Review of the Literature. Public Health Reports 109(5): 688-93 (1994).

Cannabis use among Australian youth. - Sydney: National Drug and Alcohol Research Centre, 1998.; Lynskey, Michael; Hall, Wayne; (NDARC technical report ; no. 66) vii, 47 p. ADF library shelf no: 362.29508350994 LYN

Caputo, Tullio, Richard Weiler and Jim Anderson. 1997. The Street Lifestyle Study. Office of Alcohol, Drugs and Dependency Issues. Health Canada. Examination of street youth and possible interventions.

CASA PAPER: Rural 8th Graders Using Drugs, Smoking, Drinking at Higher Rates Than Urban 8th Graders; January 2000, FOR IMMEDIATE RELEASE, Contact:Alyse Booth: (212) 841-5260, Nancy Kearney: (212) 841-5262. (Available through Columbia University).

Child Welfare League of America & North American Commission on Chemical Dependency and Child Welfare. Children at the Front: A Different View on the War on Alcohol and Drugs. Child Welfare League of America. Washington, D.C.: 1992. (MCF Search Subjects: Children of Alcoholic Parents; Substance Abuse/Alcoholism/Child Welfare, United States)

Coggans & McKellar. (1995.) The Facts about Alcohol Aggression and Adolescence. London: Wellington House.

Community Action To Reduce Alcohol-Related Harm: Implementation Of Policies At The Local Level, by Sally Casswell, Director, Alcohol & Public Health Research Unit, University of Auckland, New Zealand. Original: English
EUR/00/5020274, 11 December 2000.

Connecticut Substance Abuse Treatment Needs Assessment Project: Youth-at-Risk; Prepared for the Department of Mental Health and Addiction Services. By Jane A. Ungemack, Joseph A. Burlinson, Michael C. Stevens, Thomas F. Babor and Stephanie W. Hartwell. Alcohol Research Center, Department of Psychiatry at University of Connecticut Health Center, Farmington, Connecticut, May 28, 1997. In 1995 and 1996, researchers at the Alcohol Research Center of the University of Connecticut Health Center conducted a

substance abuse survey among different populations of adolescents in Connecticut who would typically be missed by an in-school survey of adolescents.

CONSULTANCY AND RESEARCH REGISTER SYSTEM [CARRS]. 1992. Commonwealth of Australia 1992; provides details of the title of each research project, the institution and State. All projects which began during 1991/92 are included. Includes drug studies and surveys from throughout Australia.

CQDT, Centre québécois de documentation en toxicomanie, Centre Dollard-Cormier, 950, rue Louvain, Montréal, QC H2M 2E8. Phone: (514) 385-0046; Fax: (514) 385-5728

Cultures of Change; CATALOG # PH-C1-458. "Recovery and Relapse Prevention for Dually Diagnosed and Addicted Adolescents." A resource for professionals. Dealing with the impact of how changes in society affect youth and family in the nineties. Topics include addictions, relapse intervention, and treatment. Mainstream content. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Daugherty, Raymond P. & Carl Leukefeld. (1998) Reducing the Risk for Substance Abuse: A Lifespan Approach. New York: Plenum Press.

Davies, John & Niall Goggans. (1991) The Facts About Adolescent Drug Abuse. London: Cassell.

DDSNL, Library, Drug Dependency Services Division Department of Health, P.O. Box 8700, St. John's, NF A1B 4J6. Phone: (709) 729-0732; Fax: (709) 738-4920

Delaronde, Steven. 1997. Connecticut Substance Abuse Prevention Student Survey, Ledyard Public Schools; Department of Community Medicine & Health Care, University of Connecticut Health Center, Farmington, Connecticut. April 30, 1999. The survey objectives were: 1) to estimate the prevalence of alcohol, tobacco, and other drug use among students, and 2) to measure the risk and protective factors for substance use in the student population.

Dewitt, D.B. (1992) Drug Use Forecasting. National Institute of Justice: Research in Brief. (Second Quarter), 1-12.

Drinking among young Europeans, by Wolfgang Settertobulte, Bjarne Bruun Jensen and Klaus Hurrelmann. (Adopted by the WHO Regional Committee for Europe at its forty-eighth session, Copenhagen, September 1998).

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Drug and Alcohol Attitudes and Usage Among Elementary and Secondary Students; Fournet, G.P.; Estes, R.E.; Martin, G.L.; Robertson, E.D.; and McCrary, J.S., *Journal of Alcohol and Drug Education* 35(3):81-92, 199. Elementary and secondary school students (N = 2,290) from four rural school districts responded to a questionnaire measuring incidences and attitudes toward drug and alcohol use. The subjects' responses indicate that social learning theory is a viable theory for explaining drug involvement in the young.

Drug and Alcohol Dependence Journal, Volume 56, Issue 3 ; Cigarettes, alcohol, marijuana, other risk behaviors, and American youth, Pages 205-212, Jeffrey C. Merrill, Herbert D. Kleber, Michael Shwartz, Hong Liu and Susan R. Lewis

Drug Facts For Young People; CATALOG # PH-C1-1278. Magazine which deals with drug use & youth. Includes info on: choosing role models, peer influences, decision making, setting goals, dealing with parents, what are drugs, drug abuse & risks, making positive choices, and tips on being drug free. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Drug use by young people : a gender approach : I. Drug use by young females, II. Drug use by young males. McCallum, Tess; Drug use by young people : a gender approach : I. Drug use by young females, II. Drug use by young

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Drugs and Native-American Youth; Oetting, E.R.; Edwards, R.W.; and Beauvais, F. In *Perspectives on Adolescent Drug Abuse*, B. Segal, Ed., New York: Haworth Press, Inc., 1989; (Available from E.R. Oetting, Ph.D., Department of Psychology, Colorado State University, Fort Collins, CO 80523.)

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- Global Implications Of European Alcohol Policies, by David H. Jernigan, The Marin Institute for the Prevention of Alcohol and Other Drug Problems, San Raphael, California, USA. Original: English EUR/00/5020274, 11 December 2000.
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Guidelines for developing a school drug policy. 2nd - Perth: Alcohol and Other Drugs Program, Health Promotion Services, Health Department of Western Australia, 1996. 18 p. ADF library shelf no: 362.291809941 GUI

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Increased drug use among old-for-grade and dropout urban adolescents; Mark F. Guagliardo, Zhihuan Huang, Jocelyn Hicks, Lawrence D'Angelo; (American Journal of Preventive Medicine, 15:1 : 42-48)

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Journal of Adolescent Health, Volume: 24 (4) 1999. Integrative Research, Review of Risk Behaviors Among Adolescents in Rural, Suburban, and Urban Areas; pp. 230 -- 243; P.S. Stewart Fahs, B.E. Smith, A.S. Atav, M.X., Britten, M.S. Collins, L.C. Lake Morgan, G.A. Spencer.

Journal of Adolescent Health, Volume: 28 (3) (2001). Inhalant abuse by adolescents; pp. 170-180; Tracey L. Kurtzman, Kimberly N. Otsuka, Richard Wahl.

Journal of Adolescent Health, Volume: 24 (6) 1999. Adolescent Alcohol and Drug Abuse and Health; pp 412 -- 421; G.A. Aarons, S.A. Brown, M.T. Coe, M.G. Myers, A.F. Garland, R. Ezzet-Lofstram, A.L. Hazen, R.L. Hough.

Journal of Adolescent Health; Volume 28 (3) 2001. Adolescent substance use and sexual risk-taking behavior, pp. 181-189. (Relating to alcohol dependence). Susan F. Tapert, Gregory A. Aarons, Georganna R. Sedlar, Sandra A. Brown.

Journal of Adolescent Health; Volume: 24 (1) 1998. Alcohol use beliefs and behaviors among high school students - Implications for substance abuse prevention; pp. 48 -- 58; L. Feldman, B. Harvey, P. Holowaty, L. Shortt

Kaiser Youth Foundation/B.C. Minister Of Health Alcohol and Drug Programs. Directory Of Substance Abuse Services in British Columbia 1994-1995. #2000 – 1500 West Georgia Street Vancouver, B.C. V6G 2Z8. Phone: 604-681-1888, Fax: 604-685-9046

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Law Enforcement Reference Centre, RCMP, Canadian Police College, P.O. Box 8900, Ottawa, ON K1G 3J2. Phone: (613) 993-3225; Fax: (613) 993-2220

Lowe, Geoff, David R. Foxcroft & David Sibley. (1993). Adolescent Drinking and Family Life. Switzerland: Harwood Academic Publishers.

Ma, Grace X. et al. Fetal Alcohol Syndrome among Native American adolescents: a model for prevention. The 'Journal of Primary Prevention' 19(1): 43-55 (1998).

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Marketing Alcoholic Beverages To Young People, by Gerard Hastings, Colin Wheeler, Douglas Eadie and Emma Cooke; University of Strathclyde, Glasgow, United Kingdom. Original: English EUR/00/5020274, 21 September 2000.

McCoy, Clyde B., Lisa R. Metsch & James A. Inciardi (eds). (1996). Intervening With Drug-Involved Youth. London: Sage Publications.

'Meeting the Needs of Youth-at-Risk in Canada: A Summary of the Learnings';
Office of Alcohol, Drugs, and Dependency Issues Health Canada. For copies, contact: Publications, Health Canada, Ottawa, Ontario K1A 0K9, Tel: (613) 954-5995, Fax: (613) 941-5366. This publication is also available on Internet at the following address: <http://www.hc-sc.gc.ca/hppb/alcohol-otherdrugs> The national community development project for youth-at-risk took place from late 1994 until early 1996. The goal of the project was to assist five sites from across Canada to undertake community development processes and activities, to document their challenges and successes, and to make this information available to other Canadian communities interested in undertaking similar processes.

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Miller, Michelle A, Jess K. Alberts, Micheal L. Hecht, Melanie R. Trost & Robert L. Krizek. 2000. Adolescent Relationships and Drug Use. Mahwah, New Jersey: Lawrence Erlbaum Associates Publishers.

Monograph 11: The Effectiveness of Treatment for Drug and Alcohol Problems: An Overview, Date Published: 1989, ISBN: 064409770 1, Author: N Heather, R Batey, JB Saunders, AD Wodak (Please note - this publication is no longer available in hard copy).

Monograph 17: Future Directions for Alcohol and Other Drug Treatment in Australia. Date Published: 1992, ISBN: 0 644 24351 1, Author: NCADA Working Party on Future Directions for Drug Treatment Programs in Australia (Please note - this publication is no longer available in hard copy).

Monograph 43: Illicit Drug Use in Australia: Epidemiology, Use Patterns and Associated Harm, Date Published: 2000, ISBN: 0 642 44663 6, Author: Shane Darke, Joanne Ross, Julie Hando, Wayne Hall and Loisa Degenhardt. SP51126 National Drug Strategy Household Survey- Urban Aboriginal and Torres Strait Islander Peoples Supplement 1994, Date Published: 1994,

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acq: 8557 (National Clearinghouse on Substance Abuse Subjects: Youth;
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Statistiques; Surveys; Enquêtes)

Solvents: Facts About Abuse; CATALOG # PFV-C1-312. Describes what
solvents are, the short and long term effects, how to tell if someone is sniffing,
and how to care for a solvent abuser. Mainstream. Fax in your order at 705-
692-9039, or you can call in the order to 800-669-2538.

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One: Approaches to evaluation, Part Two: An annotated review of treatment
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SP51639 Monograph 31: Marijuana in Australia: patterns and attitudes; Date
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Young Canadians' Alcohol and other drug use: Increasing our understanding ; edited by David Hewitt, Garry Vinje, and Patricia Macneil. Copies available from: Publications Unit, Health Canada, Ottawa, Ontario, Tel.: (613 954-5995, Fax: (613) 941-5336. Discusses alcoholism as well as illicit drugs.

Young People - A Resource, A Market or a Problem? by Ms Britta Lejon, Minister for Democratic Issues and Public Administration, Stockholm, Sweden. Original: English EUR/00/5020274, 21 December 2000.

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3. Bibliographies and Effective Practices

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'Meeting the Needs of Youth-at-Risk in Canada: A Summary of the Learnings';
Office of Alcohol, Drugs, and Dependency Issues Health Canada. For copies, contact: Publications, Health Canada, Ottawa, Ontario K1A 0K9, Tel: (613) 954-5995, Fax: (613) 941-5366. This publication is also available on Internet at the following address: <http://www.hc-sc.gc.ca/hppb/alcohol-otherdrugs>

Preventative Programmes For Young People - What Works? by David Foxcroft, Oxford Brookes University, Oxford, United Kingdom. Original: English
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SP50926 Monograph 14: Evaluating treatments for alcohol and other drugs, Part One: Approaches to evaluation, Part Two: An annotated review of treatment evaluation literature; Date Published: 1991, ISBN: 0 644 139137, Author: Fiona Mc Dermott, Margaret Hamilton, Bruce Lagay.

Tackling drugs : a resource pack for schools. Burgess, Robin (ed.); Coley, Judith (ed.); - Northampton, UK: Council on Addiction, 1996. 85 p. ADF library shelf no: 613.8071 TAC

TOBLER, N.S. & STRATTON, H.H. (1997). Effectiveness of school-based drug prevention programs: a meta-analysis of the research. Journal of primary prevention, 18(1): 71-128.

4. Scholarly Journals with an Interest in Addictions Issues

There follows an abbreviated list of scholarly publications that often carry articles on alcohol policy, health promotion and substance abuse prevention. Some publications have abstracts or recent tables of contents online. Others only have promotional information. For a fee, copies of specific publications/articles may be ordered directly from the publisher or other document delivery services. Specific publications may also be accessed through a public, university or special collections library, for example,

[The Centre for Addiction and Mental Health](#)

33 Russell St.

Toronto, ON,

M5S 2S1

Tel: 416-595-6144

Fax: 416-595-6601

Email: isd@arf.org

Those interested in receiving the table of contents of recent alcohol-related journals via email may wish to subscribe to [SARA](#), Scholarly Articles Research Alerting, a free service of CARFAX Publishing. [Elsevier Science](#) has a similar service.

0 **Addiction**

www.tandf.co.uk/journals/carfax/09652140.html

0 **Addiction Abstracts**

www.tandf.co.uk/journals/carfax/09687610.html

0 **Addictive Behaviors**

www.elsevier.com/cdweb/journals/03064603/viewer.htm

0 **Alcohol**

www.elsevier.com/cdweb/journals/07418329/viewer.htm

0 **American Journal of Public Health**

www.apha.org/journal/toc.htm

0 **Australian and New Zealand Journal of Public Health**

www.pha.org.au/anzjph/anzjph.htm

0 **Canadian Medical Association Journal**

www.cma.ca/cmaj/index.htm

0 **Child Development**

www.srca.org/cd/cdtoc.shtml

0 **Drug and Alcohol Dependence**

www.elsevier.com/cdweb/journals/03768716/viewer.htm

- 0 **Drug and Alcohol Review**
www.tandf.co.uk/journals/carfax/09595236.html
- 0 **Drugs: Education, Prevention and Policy**
www.tandf.co.uk/journals/carfax/09687637.html
- 0 **Ethnicity & Health**
www.tandf.co.uk/journals/carfax/13557858.html
- 0 **Harvard Public Health Review**
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- 0 **Health Policy and Planning**
heapol.oupjournals.org/contents-by-date.0.shtml
- 0 **Health Promotion International**
heapro.oupjournals.org/contents-by-date.0.shtml
- 0 **International Journal of Addictions**
(Table of Contents unavailable online)
- 0 **International Journal of Drug Policy**
www.elsevier.com/homepage/sab/drupo/fp.sht
- 0 **Journal of Addictive Diseases**
www.asam.org/jol/journal.htm
- 0 **Journal of Child and Adolescent Substance Abuse**
publ.ac.uk/journals/soc/jcaasa
- 0 **Journal of Substance Abuse**
www.elsevier.com/inca/publications/store/6/2/0/2/0/3/
- 0 **Journal of Substance Abuse Treatment**
www.elsevier.com/inca/publications/store/5/2/5/4/7/5/
- 0 **Research Briefs**
www.health.org/res-brf/RBriefs.htm

The following sites may provide assistance in finding a journal not listed above:

- 0 [Canadian Association of Learned Journals](#)
- 0 [CORK Resource List: Substance Abuse Periodicals](#)
- 0 [Journal Home Pages Index](#), Shiga University of Medical Science
- 0 [Virtual Library of Public Health Journals](#)

5. Internet Sites

[1996 New Brunswick student drug use survey](#)

Presents the objectives and key findings of a survey of drug use among students in grades 7, 9, 10 and 12 in New Brunswick, Nova Scotia, P.E.I., and Newfoundland. Includes tables illustrating the percentage of students reporting use of various drugs in each province, and the frequency of drug use. Source: [New Brunswick Health and Wellness](#) From: [Addiction services](#)

[A time for everything: changing attitudes and approaches to reducing](#)

[substance abuse](#) Argues for a change in public attitude, a better understanding of addiction, prevention services for children at risk, coordinated mental health services, and improved social and environmental conditions. Discusses specific interventions to treat users of tobacco, alcohol, and injected drugs. Source: [Canadian Medical Association \(CMA\)](#) From: [eCMAJ](#)

Addictions Foundation of Manitoba. 1997 AFM Student Survey on Alcohol and Other Drugs: Highlights Report. www.ccsa.ca/afmsurvey.htm. "In 1997, AFM in partnership with 24 schools across Manitoba, completed a student survey to determine student attitudes and behaviours related to alcohol and drug use."

Addictions Foundation of Manitoba. Library Services. www.afm.mb.ca/Library/index.html. "The William Potoroka Memorial Library offers up-to-date and reliable information on addictions and related topics."

Addictions Foundation of Manitoba. Library Services. www.afm.mb.ca/Library/index.html. "The William Potoroka Memorial Library offers up-to-date and reliable information on addictions and related topics." William Potoroka Memorial Library. 1031 Portage Ave., Winnipeg, MB R3G 0R8. Phone (204) 944-6233; Fax (204) 772-0225.

Addictions Foundation of Manitoba. Youth Services. www.afm.mb.ca/afmservices/alcohol/Youth_Alcohol/youth_alcohol.html. "AFM youth services provides youth clients (12 years - 18 years) with the information, skills and opportunities to successfully address their concerns about alcohol / other drug use or gambling involvement."

Addictions Journal.

<http://www.tandf.co.uk/journals/frame loader.html?http://www.tandf.co.uk/journals/carfax/09652140.html> &
<http://www.tandf.co.uk/journals/frame loader.html?http://www.tandf.co.uk/journals/carfax/09652140.html> (TOC online only) *Many international articles.*

Addictive Behaviors Journal.

http://www.sciencedirect.com/science?_ob=JournalURL&_cdi=5949&_version=1&_urlVersion=0&_userid=0&md5=4382a2e32972448e6944237f48b29a23

Association des Intervenants en Toxicomanie du Quebec Inc. A Vous de Choisir. VHS video-recording, 29 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "Ce document est composé de séquences de cinq minutes traitant chacune de l'alcool, des drogues et de la criminalité, du cannabis, de la cocaïne et du crack ainsi que des substances volatiles. Il examine les conséquences d'un choix erroné au sujet des drogues et fournit des conseils positifs sur les choix appropriés."

Association des Intervenants en Toxicomanie du Quebec Inc. Accroche? Pas Moi!. VHS video-recording, 40 minutes, and accompanying materials. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "Vidéo présentant l'histoire de trois jeunes consommant trois produits psychotropes (alcool, cannabis et cocaïne) et vivant trois types de dépendance différents. Première partie : établissement progressif de la dépendance, deuxième partie : problèmes conséquents à la surconsommation, troisième partie : solutions thérapeutiques pour faire face à la situation."

Association des Intervenants en Toxicomanie du Quebec Inc. Bonne Repetition. VHS video-recording, 16 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "À l'occasion de la répétition d'une pièce de théâtre, cinq jeunes parlent de leurs inquiétudes face au secondaire, aux élèves plus âgés, aux offres de drogues et discutent des différentes façons de dire non."

Association des Intervenants en Toxicomanie du Quebec Inc. C'est Quoi le Probleme. VHS video-recording, 13 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "Réalisé à partir d'un montage du document *Sans préjuger*, ce vidéo présente essentiellement cinq jeunes adolescents d'une polyvalente à propos de leur vécu et de leurs réflexions sur le phénomène drogue. Peut être utilisé avec une mise à contexte à propos, aussi bien avec des jeunes qu'avec leurs parents."

Association des Intervenants en Toxicomanie du Quebec Inc. Chauffeur ... Ce Soir t'es Toute ma Vie. VHS video-recording, 16 minutes and accompanying materials. Videos Pour Adolescents: www.aitq.com/documen/videos.htm "Ce vidéo peut servir de mise en situation à une activité portant sur l'alcool et les

conséquences sur la conduite automobile. La présentation peut servir de déclencheur pour échanger sur la problématique de la conduite avec facultés affaiblies.”

Association des Intervenants en Toxicomanie du Quebec Inc. Choisis. VHS video-recording, 14 minutes. www.aitq.com/documen/videos.htm. “Raconte l'aventure imaginaire de deux adolescents qui se retrouvent à l'intérieur d'un jeu vidéo où ils doivent faire face à des situations réelles de la vie courante.”
Ministere de la Sante et des Services Sociaux, Quebec.
http://www.msss.gouv.qc.ca/toxicomanie/pdf/j_pdf/quest_et_rep_jeunes.pdf.

Association des Intervenants en Toxicomanie du Quebec Inc. Dialogue sur les Drogues. VHS video-recording, 25 minutes. Videos Pour Enfants: www.aitq.com/documen/videos.htm. “Document axé sur la communication parents-enfants (9 à 13 ans) et présentant d'une part, de l'information sur les produits comme l'alcool, le tabac, le cannabis et les solvants et d'autre part, des mises en situation décrivant les attitudes à adopter pour amorcer et poursuivre un dialogue avec ses enfants.”

Association des Intervenants en Toxicomanie du Quebec Inc. Dur Dure Hero: un cederom d'information. CD Rom, complementary information and internet links. “Ce cédérom traite principalement de la consommation d'héroïne et des réalités jeunesse en lien avec celle-ci. Accompagnés tout au long de la présentation par Gilles Lamoureux formateur en intervention jeunesse, par le biais d'un diaporama, vous pourrez mieux connaître cette réalité et les enjeux de société qui en découlent.

Association des Intervenants en Toxicomanie du Quebec Inc. En Lieu Sur Avec Cyphr. Discussion guide and VHS video-recording, 20 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Vidéocassette conçue par et pour les jeunes de la rue, examine les risques et les réalités associés à la vie dans la rue et propose des façons de réduire les méfaits liés à l'usage de drogues.”

Association des Intervenants en Toxicomanie du Quebec Inc. Il Faut que je te Parle. VHS video-recording, 26 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Documentaire présentant des projets concrets mis en oeuvre dans le milieu et portant sur le rapprochement parents-école, la diffusion de connaissances des drogues licites et illicites, les maisons de jeunes, les loisirs et le bénévolat pour adolescents, l'écoute téléphonique, les cercles d'entraide et les témoignages d'ex-toxicomanes.”

Association des Intervenants en Toxicomanie du Quebec Inc. Influences. VHS video-recording, 15 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Des jeunes discutent de la publicité

diffusée à la télévision, des messages véhiculés et de l'influence sur le comportement des jeunes.”

Association des Intervenants en Toxicomanie du Quebec Inc. Jeux D'anges Heureux. VHS video-recording, 55 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “La dramatique relate une expérience qui peut toucher beaucoup de jeunes. Elle prêche toutefois par excès en amplifiant les comportements de consommation et en proposant des solutions un peu magiques, mettant l'accent sur le fait qu'il s'agit d'avoir de la volonté pour changer.”

Association des Intervenants en Toxicomanie du Quebec Inc. Jouer sa Vie. Guide and VHS video-recording, 18 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Ce vidéo se divise en deux parties. La première présente une dramatisation réalisée avec des jeunes autour d'une soirée où il y a consommation d'alcool, la deuxième est constituée de témoignages sur les conséquences d'accidents de la route impliquant un conducteur avec facultés affaiblies.”

Association des Intervenants en Toxicomanie du Quebec Inc. Jusqu'ou Aller Pour Gagner. VHS video-recording, 11 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Voici un outil de sensibilisation réalisé à partir de témoignages sur les conséquences liées à la consommation de stéroïdes anabolisants ainsi que sur les alternatives pour en arriver à un entraînement adéquat dans un environnement sain. Il incite les jeunes à se fixer des objectifs et des attentes réalistes tout en ayant à coeur l'estime de soi.”

Association des Intervenants en Toxicomanie du Quebec Inc. L'Adolescent Fait un Choix Alcoologique. Guide and VHS video-recording, 22 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Ce document vise à amener l'adolescent à prendre position face à sa consommation d'alcool. Il a pour objectifs spécifiques de provoquer chez l'adolescent une prise de conscience face aux influences extérieurs, il veut l'informer à propos des effets, des conséquences et des mythes face à la consommation d'alcool.”

Association des Intervenants en Toxicomanie du Quebec Inc. L'Alcool au Volant, Si J'avais su ... VHS video-recording, 18 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Ce vidéo sert de déclencheur. Y alternent des scènes fictives de jeunes confrontés à la question de la conduite avec facultés affaiblies et le témoignage poignant de jeunes réellement éprouvés par des conséquences dramatiques après avoir posé ce geste.”

Association des Intervenants en Toxicomanie du Quebec Inc. La Drogue – Vos Aims et Vous. VHS video-recording, 13 minutes. Videos Pour Enfants:

www.aitq.com/documen/videos.htm. “Des mises en scène, où les jeunes doivent faire face à la pression des pairs, sont présentées. Les mises en situation favorisent des moments de réflexion, d'arrêt et suscitent un dialogue intérieur.”

Association des Intervenants en Toxicomanie du Quebec Inc. La Ligne Invisible. VHS video-recording, 32 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Ce document présente l'histoire de Jason et de son frère. Jason meurt à la suite d'une consommation excessive de drogue. Le sentiment de culpabilité que vit l'entourage de Jason est très fort. Attention! Ce document doit être présenté avec des conseillers en toxicomanies.”

Association des Intervenants en Toxicomanie du Quebec Inc. La Repeition. VHS video-recording, 22 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Six étudiants du secondaire participent à une pièce de théâtre qui présente les effets de la consommation d'alcool. À cette occasion, le directeur de la pièce donne aux jeunes acteurs de l'information sur l'alcool et d'autres drogues aux jeunes. L'accent est placé sur le rapport existant entre la toxicomanie et la famille.”

Association des Intervenants en Toxicomanie du Quebec Inc. La Sobriete Pour Mieux Gouter la Vie. Guide and VHS video-recording, 12 minutes. Videos Pour Enfants: www.aitq.com/documen/videos.htm. “Pomme rencontre quatre enfants à l'école, chacun vit dans un milieu familial différent et parfois difficile. Pomme présente la notion de sobriété sous la forme de l'harmonie et comme étant un moyen de trouver des solutions à ses problèmes et de s'épanouir dans un contexte d'équilibre.”

Association des Intervenants en Toxicomanie du Quebec Inc. Le Temps d'y Penser. Guide and VHS video-recording, 30 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Ce vidéo met en scène un groupe d'amis, élèves du secondaire qui ont été choisis par un enseignant pour jouer les rôles principaux dans un procès simulé: celui d'un homme qui a été accusé de conduite avec facultés affaiblies. Un des amis est accusé de conduite avec facultés affaiblies causant des lésions corporelles et il doit affronter les conséquences de son geste.”

Association des Intervenants en Toxicomanie du Quebec Inc. Les Personnages Animes a la Rescousse. VHS video-recording, 30 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Michel un jeune adolescent, prend de la marijuana. Sa soeur Corinne, avec l'aide de plusieurs personnages animés, tente de le libérer des griffes de « Smoke », un personnage trompeur et perfide. Corinne et les personnages animés montrent à Michel les périls qui le guettent s'il continue à se droguer.”

Association des Intervenants en Toxicomanie du Quebec Inc. Pas de Pot, Mon Pote. VHS video-recording, 9 minutes. Videos Pour Enfants: www.aitq.com/documen/videos.htm. "Des marionnettes sont utilisées pour étudier les effets de la marijuana et les conséquences légales auxquelles s'exposent les consommateurs"

Association des Intervenants en Toxicomanie du Quebec Inc. Pas de Quoi Renifler. VHS video-recording, 9 minutes. Videos Pour Enfants: www.aitq.com/documen/videos.htm. "Cette bande vidéo examine les aspects des drogues qui intéressent les jeunes. Bande dessinée qui raconte l'histoire de Louis qui respire par curiosité et accidentellement les vapeurs de plusieurs produits chimiques sur le comptoir d'un laboratoire et les conséquences qui s'en suivent."

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Association des Intervenants en Toxicomanie du Quebec Inc. Psycho Quoi? Guide and VHS video-recording, 30 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "Trois étudiants préparent un kiosque d'information sur les drogues dans le cadre d'une activité parascolaire. Ils nous font partager avec humour et dynamisme leurs découvertes et leurs réflexions. Informations sur le rôle du système nerveux central, la classification des drogues, les facteurs influents de l'expérience des drogues et les risques associés à la consommation."

Association des Intervenants en Toxicomanie du Quebec Inc. Saisir le Message. VHS video-recording, 13 minutes. Videos Pour Enfants: www.aitq.com/documen/videos.htm. "Ce document examine les influences des messages publicitaires qui traitent d'alcool et de drogue et invite les jeunes à réagir à ces messages. Le problème de la publicité est bien cerné. Le message est convainquant et sans préjugés quant aux gens qui consomment."

Association des Intervenants en Toxicomanie du Quebec Inc. Sans Prejuger. Guide and VHS video-recording, 44 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "Ce document met en parallèle le point de vue d'adolescents interviewés dans une polyvalente, le discours d'intervenants réunis à l'occasion d'un colloque de formation et le témoignage de jeunes adultes ayant vécu un problème avec les drogues. Il aborde les questions des préjugés, des problèmes et des pratiques liés au phénomène de la consommation d'alcool et de drogue chez les jeunes."

Association des Intervenants en Toxicomanie du Quebec Inc. Une Question de Sentiment. VHS video-recording, 10 minutes. Videos Pour Enfants: www.aitq.com/documen/videos.htm. "Des enfants qui dessinent en classe y sont présentés. Leurs dessins prennent vie et expriment des choses qu'ils aiment. C'est l'histoire de John qui grandit et veut être accepté des autres. Il commence à fumer, boire et prendre des médicaments. Sa famille et ses amis l'aident à se sortir de cette situation."

Association des Intervenants en Toxicomanie du Quebec Inc. Vue de L'interieur. Information guide and VHS video-recording, 9 minutes. Videos Pour Enfants: www.aitq.com/documen/videos.htm. "Plusieurs personnages animés découvrent que si l'on boit trop et longtemps, les répercussions sur la santé peuvent être graves. Un robot est aussi informé des risques de la consommation d'alcool pendant la grossesse, au travail et pendant un programme de mise en forme."

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Australia, Family Drug Support: www.fds.org.au A website designed to assist families throughout Australia to deal with drug issues in a way that strengthens relationships and achieves positive outcomes.

Australia, New South Wales Office of Drug Policy: www.druginfo.nsw.gov.au This site is a 'whole of government' approach to illicit drug issues. It is a portal site and aims to harness information and resources available via the internet

Australia, Reach Out: www.reachout.asn.au Help in youth mental health and suicide related issues through support, help and entertainment. Information and resources are also available for the families of young people in need, and the professionals who work with them.

Australian Drug Foundation Video Library.

<http://www.adf.org.au/dbtext/Openeyes.htm> Most deal with alcohol or drugs, some deal with sex, grief, peer pressure, etc. awareness for teens and parents, as well as causes and effects.

Canadian Centre on Substance Abuse. Adolescent Substance Abuse and its Prevention and Treatment: A Selected Bibliography.

www.ccsa.ca/youthbib.htm. 1998. Bibliography citing several sources covering three major (youth) topics from 01/08/98: Consumption trends and patterns, Prevention Issues, Treatment and Cessation Issues

Canadian Centre on Substance Abuse. Atlantic Student Drug Use Surveys: Executive Summaries from the Reports. 1996. www.ccsa.ca/student.htm.

Canadian Centre on Substance Abuse: URL: <http://www.ccsa.ca>

Canadian Health Network: : <http://www.canadian-health-network.ca/>

Centre for Adolescent Studies, Indiana University. Adolescent Directory On-Line: Alcohol and Other Drugs. <http://education.indiana.edu/cas/adol/atod.html>.

City of Vancouver reports: Issues addressed include: Crime & Enforcement Drugs & Alcohol; Monitoring Report; Overall Strategies; Vancouver's Coalition on Crime Prevention & Drug Treatment.

Drug and Alcohol Dependence Journal.

http://www.sciencedirect.com/science?_ob=JournalURL&_cdi=5019&_version=1&_urlVersion=0&_userid=0&md5=38ceb9527e4b6d1fd71492ceff058e66

Health Canada, First Nations and Inuit Health Programs (FNIHP), Alcohol and Drug Abuse: http://www.hc-sc.gc.ca/msb/fnihp/drug_e.htm

Health Canada, Office of Alcohol, Drugs and Dependency Issues. Youth and Substance Abuse (Publications). www.hc-sc.gc.ca/hppb/alcohol-otherdrugs/publications2.htm#youth.

<http://165.112.78.61/Prevention/Prevopen.html>

discusses risk factors

<http://165.112.78.65/pubs/allpubs.taf?function=form>

<http://165.112.78.65/pubs/communitypubs.taf?function=form>

<http://165.112.78.65/pubs/preventpubs.taf?function=form> publications relating to prevention of drug abuse.

<http://www.aafp.org/policy/issues/s7.html> American Academy of Family Physicians; policies on substance abuse and addictions.

http://www.adca.org.au/_private/DP2000/75_aboriginal_peoples_and_torres.htm

<http://www.adfq.org/ds0999.html> lists the September 1999 Edition of 'Drugs in Society', a Quarterly Magazine produced by the Alcohol and Drug Foundation - Queensland.

http://www.camh.net/resources/counselling_resource_mat.html

<http://www.ccsa.ca/brochu.htm> Canadian Centre on Substance Abuse. Statistics on Substance Abuse - alcohol, tobacco and other drugs. This site provides links to a number of reports looking at substance abuse.

<http://www.ccsa.ca/costhigh.htm> The Costs of Substance Abuse in Canada - Canadian Centre on Substance Abuse

<http://www.ccsa.ca/costhigh.htm> The Costs of Substance Abuse in Canada - Canadian Centre on Substance Abuse Highlights of a major study of the health, social and economic costs associated with the use of alcohol, tobacco and illicit drugs

<http://www.city.vancouver.bc.ca/commsvcs/planning/dtes/dtehome.htm>

<http://www.city.vancouver.bc.ca/commsvcs/planning/dtes/report3.htm>
Background Paper on Drug Treatment Needs in Vancouver (July 1998)

<http://www.cnn.com/HEALTH/9903/22/inhalant.abuse/> discusses inhalant abuse

<http://www.gdsourcing.com/works/CCSA.htm> This page lists the reports and statistics available from the Canadian Centre on Substance Abuse.

<http://www.health.gov.au/pubhlth/strateg/drugs/illicit/cpiwa.htm.htm> provides a listing of drug treatment services for youth and school-aged children.

<http://www.health.gov.au:80/pubhlth/strateg/drugs/illicit/cpinsw.htm> Community Partnerships Initiative - Project Information, Projects Funded in New South Wales.

<http://www.health.org/govpubs/MS466/index.htm#Sec2> Contains a great deal of information on inhalants and gives the names of related articles and treatment centers.

<http://www.inhalants.org/content.htm> offers a great deal of information relating to inhalants.

<http://www.samhsa.gov/centers/csat/csat.html> on Drug Use, Sexually Transmitted Diseases, and Sex-Related Risk Behaviors in Alaska; David M. Paschane, Henry H. Cagle, Andrea M. Fenaughty, and Dennis G. Fisher.

<http://www.usdoj.gov/dea/concern/concern.htm> information on all drugs of concern.

<http://www.vancouverprovince.com/DrugPages/index.html> Drugs: Invading Your Neighbourhood. This website, done by The Vancouver Province, offers a variety of information on substance abuse, focusing on youth and drugs.

Indian Health Service (IHS) (U.S.A.): <http://www.tucson.ih.gov>

Ministry for Children and Families (MCF), BC. www.mcf.gov.bc.ca. Educate: Creating Inhalant Abuse Awareness Together 1999 Video from the National Clearinghouse for Alcohol and Drug Information providing educational information on Inhalant Use by Children. Call # VADP0464

MCF Journal Library. <http://www.mcf.gov.bc.ca/library/journals.htm>

Ministere de la Sante et des Services Sociaux, Quebec.

http://www.msss.gouv.qc.ca/toxicomanie/index_frm_j.htm. Information Pour les Jeunes: La Drogue ... si on s'en parlait. (English version, Lets talk about ... drugs, also available at

http://www.msss.gouv.qc.ca/toxicomanie/index_frm_j.htm.) "This booklet provides general information on adolescents and drugs. It is intended mainly for teenagers and their parents, as well as people who work with adolescents and anyone who wants to understand the changes teenagers go through and how they may be related to the risk of drug addiction."

Ministere de la Sante et des Services Sociaux, Quebec.

http://www.msss.gouv.qc.ca/toxicomanie/pdf/j_pdf/quest_et_rep_jeunes.pdf.

Information Pour les Jeunes: Comment puis-je faire le bon choix? "Une série de questions et réponses pour tester les connaissances des jeunes sur la consommation d'alcool et de drogues. Elles l'aideront aussi à faire les bons choix."

Ministere de la Sante et des Services Sociaux, Quebec.

http://www.msss.gouv.qc.ca/toxicomanie/index_frm_j.htm. Information Pour les Jeunes: La Drogue ... si on s'en parlait. (English version, Lets talk about ... drugs, also available at

http://www.msss.gouv.qc.ca/toxicomanie/index_frm_j.htm.) "This booklet provides general information on adolescents and drugs. It is intended mainly for teenagers and their parents, as well as people who work with adolescents and anyone who wants to understand the changes teenagers go through and how they may be related to the risk of drug addiction."

Nechi Training, Research and Health Promotion Institute: URL :

<http://www.nechi.com> . publications relating to drug abuse and treatments.

Science Direct.

http://www.sciencedirect.com/science?_ob=HomePageURL&_method=homePage&_version=1&_urlVersion=0&_userid=0&md5=5440fa0b944e0a59af6e26a3ba891c94 site devoted to addictions and treatments.

Virtual Clearinghouse on Alcohol, Tobacco and Other Drugs: Youth. Links to websites dealing with adolescent issues.

www.atod.org/english/content.asp?section=links&item=linkstoptics2&lang=en&xfile=../trilingual/link24.html.

www.drugabuse.gov information on substance abuse in general.

www.health.org/recoveryteen provides access to treatment hotlines as well as other treatment resources.

Your Life, Your Choice. www.schoolnet.ca/alcohol/e/mainmenu/. "This Youth Alcohol Education Program developed in New Brunswick offers educators innovative new ways to teach young people about alcohol consumption and abuse. A coalition of education professionals, teachers, government and multimedia developers worked on the program since 1997. Full funding came from the Brewers Association of Canada. The program provides a web-based resource package designed to reach 13 and 14 year olds."

Youth groups concerned with alcohol and other drug abuse offered a ride on the information highway. www.ccsa.ca/plweb-

cgi/fastweb.exe?getdoc+view1+GENERAL+480+18++youth. “A number of youth organizations concerned with substance abuse will break new ground by forming a national electronic network. Through a partnership between Elks/Royal Purple of Canada and the CCSA, the technology required to participate in the network will be provided to youth organizations across the country. (Fall 1995).”

6. Children and Youth, with Some Reference to Aboriginal

Aboriginal programs Provides a directory of addiction treatment, recovery, and prevention centres serving Aboriginal communities throughout Alberta. Source: [Alberta Alcohol and Drug Abuse Commission \(AADAC\)](#)

Aboriginal substance use: research issues Comprises proceedings of a meeting between the Research Advisory Groups of the Canadian Centre on Substance Abuse and the National Native Alcohol and Drug Addictions Program. Papers cover the abuse of alcohol and other drugs in aboriginal communities. Concludes with a plan of action. Source: [Canadian Centre on Substance Abuse \(CCSA\)](#)

Addictions Foundation of Manitoba. Youth Services.

www.afm.mb.ca/afmservices/alcohol/Youth_Alcohol/youth_alcohol.html.

“AFM youth services provides youth clients (12 years - 18 years) with the information, skills and opportunities to successfully address their concerns about alcohol / other drug use or gambling involvement.”

Addictions Foundation of Manitoba. Youth Services.

www.afm.mb.ca/afmservices/alcohol/Youth_Alcohol/youth_alcohol.html.

“AFM youth services provides youth clients (12 years - 18 years) with the information, skills and opportunities to successfully address their concerns about alcohol / other drug use or gambling involvement.”

Adolescent treatment: AADAC's effectiveness Summarizes a study which evaluated the Adolescent Treatment System (ATS) of the Commission. The study looked at the needs, feedback, and outcomes of clients and collaterals and the perceptions and reactions of staff and referral agents. Source: [Alberta Alcohol and Drug Abuse Commission \(AADAC\)](#) From: [Addictions information on drugs](#)

Alcohol and Drug Concerns Inc. www.concerns.ca/. “Alcohol and Drug Concerns Inc. is a national, charitable organization dedicated to reducing harm of substance abuse. This specific page is dedicated to issues regarding 12-15 years of age.”

Alcohol and Drug Concerns Inc. www.concerns.ca/. Alcohol and Drug Concerns Inc. is a national, charitable organization dedicated to reducing harm of substance abuse. This specific page is dedicated to issues regarding 12-15 years of age. It has links to other pages regarding the same issues. Small page.

Alcohol policy & youth bibliography Lists publications on policies and programs related to youth and alcohol use. Includes a description of each publication. Prepared by the Centre for Addiction and Mental Health, Addiction Research Foundation Library. Source: [Alcohol Policy Network](#)

(APN) From: [Bibliographies](#)

[Alcohol, tobacco and cannabis use among Nova Scotia adolescents: implications for prevention and harm reduction](#) Profiles adolescent drug use in Nova Scotia in terms of a risk continuum and explores the rationale for harm reduction as a potential approach for school-based drug prevention. Includes references. Source: [Canadian Medical Association \(CMA\)](#) From: [eCMAJ](#)

American Medical Association. Adolescent Health On-Line. www.ama-assn.org/ama/pub/category/1947.html.

American Medical Association. Youth, Young Adults and Alcohol: Key Facts and Prevention Strategies (Includes References). 2001. www.ama-assn.org/ama/pub/article/3567-3641.html.

American Medical Association. Youth, Young Adults and Alcohol: Key Facts and Prevention Strategies. www.ama-assn.org/ama/pub/article/3567-3641.html. This site presents facts about: Underage Use of Alcohol, Binge/Heavy Drinking Race, Ethnicity and Gender, Availability and Affordability of Alcohol, Advertising and Promotion of Alcohol to Young People, Economic Costs of Alcohol Use, Health and Social Consequences of Underage Alcohol Use, Environmental Strategies to Reduce Alcohol-Related Harm.

American Medical Association: http://www.ama-assn.org/sci-pubs/amnews/pick_00/hlsc0410.htm "Household high" growing threat to teenagers' health. Statistics show that inhalant abuse among teens is a continuing public health problem that warrants physician attention. **Good site** on youth "Huffing". Offers symptoms, stories, facts, and a few useful links.

Association des Intervenants en Toxicomanie du Quebec Inc. Guide de Plannification du Traitement Multifonctionnel (l'abus de drogue chez les jeunes). www.aitq.com/documen/guides.htm.

Association des Intervenants en Toxicomanie du Quebec Inc. Programme Action Jeunesse (pairs "aidants" pour les 13-19). www.aitq.com/documen/guides.htm.

Australia Clearinghouse for Youth Studies. Youth Studies Australia. www.acys.utas.edu.au/ncys/ysa/

Australian Drug Foundation. www.adf.org.au/index.htm

Belcher, Harolyn M. E & Harold E. Shinitzky. Substance Abuse in Children: Prediction, Protection and Prevention. Arch Pediatr Adolesc Med. 152; 952-960, October 1998

Books & booze: finding the right mix Presents an interactive software program for university, college, and highschool students. The program looks at the health effects of alcohol; alcohol poisoning; first aid for over-consumption; the legal aspects of drinking and driving; and tips for students on how to stay within limits at parties. The program can be downloaded for free. Source: [University of Alberta, University Health Centre](#) From: [Health information page](#)

Canadian Centre on Substance Abuse. Adolescent Substance Abuse and its Prevention and Treatment: A Selected Bibliography. www.ccsa.ca/youthbib.htm. 1998.

Canadian Centre on Substance Abuse. Atlantic Student Drug Use Surveys: Executive Summaries from the Reports. 1996. www.ccsa.ca/student.htm.

Canadian Centre on Substance Abuse. Inventory of Treatment Services for Youth. www.ccsa.ca/youthtrt.htm.

Centre for Adolescent Studies, Indiana University. Adolescent Directory On-Line: Alcohol and Other Drugs. <http://education.indiana.edu/cas/adol/atod.html>

Centre for Adolescent Studies, Indiana University. Adolescent Directory On-Line: Alcohol and Other Drugs. <http://education.indiana.edu/cas/adol/atod.html>.

Centre for Adolescent Studies, Indiana University. Adolescent Directory On-Line: Alcohol and Other Drugs. <http://education.indiana.edu/cas/adol/atod.html>. Lists many web pages relating to youth and substance abuse. VERY USEFUL

Centre for Adolescent Studies, Indiana University. Adolescent Directory On-Line: Alcohol and Other Drugs. <http://education.indiana.edu/cas/adol/atod.html>. Lists many web pages relating to youth and substance abuse. VERY USEFUL. All solvent abuse material is targeted to youths. GOOD SITE

Dealing with a child involved with drugs Offers advice for parents on how to react when their teenage child is using illicit drugs. Source: [Newfoundland and Labrador, Department of Health and Community Services](#)

Does my teenager have a drug problem? Lists some signs of possible drug abuse by teenagers that parents should be aware of, such as a drop in grades at school, problems with concentration, and withdrawing from family life. Source: [Calgary Regional Health Authority \(CRHA\)](#) From: [Alcohol and drugs](#)

Drugs, Violence Among Top Concerns of Pre-Teens, 03/15/01 Small article stating some facts about preteen drugs, and violence. According to the study of 2,072 children, nearly 50 percent of 8- to 11-year-olds said alcohol, illicit drugs and violence are big problems in their lives. The percent increases to 68 percent among 12- to 15-year-olds. Editors: Howard can be reached at his office (314) 935-4957 or at home (314) 935-863-2080; or via e-mail at howard@gwbmail.wustl.edu. Contact Steve Infanti of Dick Jones Communications at 814-867-1963 or 71700.3343@compuserve.com if you need any assistance.

European Monitoring Centre for Drugs and Drug Addiction.
<http://www.emcdda.org/>

Geoff Munro. School-based Drug Education: realistic aims or certain failure. Centre for Youth Drug Studies, Australian Drug Foundation. 1997.
www.adf.org.au/cyds/papers/sded.htm.

Geoff Munro. School-based Drug Education: realistic aims or certain failure. Centre for Youth Drug Studies, Australian Drug Foundation. 1997.
www.adf.org.au/cyds/papers/sded.htm

Health Canada. Federal Programs and Services for Children & Youth: Substance Abuse. <http://www.hc-sc.gc.ca/hppb/childhood-youth/guide/substance/substance.htm>. The Solvent Abuse component of the Brighter Futures Initiative provides for the establishment of treatment programs for First Nations and Inuit youth who are solvent abusers. This program also provides for early intervention programs for solvent abuse as well as training for existing addiction workers. For more information, contact: Health Programs Support, Medical Services Branch, Health Canada. Address Locator: 1920A, Ottawa, Ontario K1A 0L3. Telephone: (613) 957-3388, Facsimile: (613) 954-8107.

Health Canada. <http://www.hc-sc.gc.ca/english/youth.htm>. Healthy Lifestyles for Young People: Alcohol and Other Drugs (links to other pages; see below #10 & #1 Aboriginal).

Health Canada. <http://www.hc-sc.gc.ca/hppb/cds-sca/cds/youth/index.html>. Canada's Drug Strategy: Youth (five documents plus links to three provincial Student Drug Use Surveys).

Health Canada. www.hc-sc.gc.ca/hppb/cds-sca/cds/publications/index.html#public_youth. Youth and Substances Abuse (six documents).

Hewitt, David, Garry Vinje & Patricia MacNeil, eds. Horizon 3: Young Canadians' alcohol and other drug use: Increasing our understanding. Health Canada, Canada's Drug Strategy, 1995. www.ccsa.ca/horiz3e.htm.

<http://www.ama-assn.org/ama/pub/category/1979.html> Provides links to sites with small section of Alcohol and Drug abuse. Useful

<http://www.habitsmart.com/adol.html> Outlines the do's and don'ts of dealing with youths experimentation of drugs and alcohol. Much of this information was adapted from Roger E. Vogler, Ph.D., and Wayne R. Bartz, Ph.D., "Teenagers and Alcohol: When Saying No Isn't Enough." (1992) on Charles Press.

<http://www.ipl.org/cgi-bin/teen/teen.db.out.pl?id=he5000> Internet Public Library, Substance Abuse. Has links relating to youth alcohol, drug, solvents abuse as well as places to get help

http://www.jointogether.org/sa/wire/news/reader.jtml?Object_ID=266401

http://www.jointogether.org/sa/wire/news/reader.jtml?Object_ID=266379

http://www.rwjf.org/rw_substance_abuse/rw_res_sa_webdirectory.jsp A web search geared towards the most useful substance abuse-related sites on the Web today. **Good site**

Journal of Youth Studies (UK). www.carfax.co.uk/jys-ad.htm

National Institute of Justice www.ofp.usdoj.gov/nij

Society for the Study of Addictions (SSA). www.addiction-ssa.org

United Nations International Drug Control Program. Youth Group Profiles. From the gathering of youth drug prevention groups in Banff, Alberta in April 1998. www.ccsa.ca/plweb/cgi/fastweb.exe?getdoc+view1+GENERAL+685+1++youth.

University of Pittsburgh Medical Centre. Pittsburgh Adolescent Alcohol Research Centre. www.pitt.edu/~paarc/paarc.html. "

University of Pittsburgh Medical Center. Pittsburgh Adolescent Alcohol Research Centre. www.pitt.edu/~paarc/paarc.html

Virtual Clearinghouse on Alcohol, Tobacco and other drugs. www.atod.org/english/content.asp?section=links&item=linkstopics2&lang=en&xfile=../trilingual/link24.html. Excellent site with lots of links to drugs, youth and addictions.

Virtual Clearinghouse on Alcohol, Tobacco and Other Drugs: Youth. Links to websites dealing with adolescent issues.
www.atod.org/english/content.asp?section=links&item=linkstotics2&lang=en&xfile=../trilingual/link24.html

World Health Organization. Substance Abuse Department. Prevention of substance abuse among young people in Central and Eastern Europe: report of the technical review meeting. (1998, 8-9 July: Warsaw, Poland). Geneva, Switzerland: World Health Organization, 1998. iv, 23 (National Clearinghouse on Substance Abuse Subjects: Europe; Youth; Jeunesse; Prevention; Prévention)

Younger Children Experimenting with Illicit Drugs, Alcohol. According to the report, illicit drug and alcohol experimentation among 12- and 13-year-olds is increasing. Between 1990 and 1997, the number of young teens who have tried marijuana has nearly doubled, and drinking increased by about a third.

Your Life, Your Choice. www.schoolnet.ca/alcohol/e/mainmenu/. "This Youth Alcohol Education Program developed in New Brunswick offers educators innovative new ways to teach young people about alcohol consumption and abuse. A coalition of education professionals, teachers, government and multimedia developers worked on the program since 1997. Full funding came from the Brewers Association of Canada. The program provides a web-based resource package designed to reach 13 and 14 year olds."

7. Videos

79 Cent High, A; CATALOG # VH-C1-733. A native couple learns how to recognize the signs of sniffing in their children and what to do about it. Describes the symptoms and effects of sniffing. Aboriginal content.

A Hit For Mike; CATALOG # VFH-C1-724. Tells the story of Mike, a 13 year old native youth, who is helped to overcome his substance abuse problem by members of his community. Emphasizes helping others in the healing process. Aboriginal Content.

Coming Together on Prevention (1994); Video, 27 min · NCADI # VHS66 \$12.50. Presents three prevention models based on NIDA-sponsored research: "Reconnecting Youth," a school-based program aimed at high-risk high school students; "Strengthening Families," parenting skills for substance-abusing parents and drug resistance skills for their children; and "Project START," a multifaceted community-based prevention program that uses schools, parents, media, community, and public policy to prevent drug abuse among youth.

Drug Abuse and Addiction: Bridging the Great Disconnect Between Myths and Realities (1999); Video, 10 min · NCADI # VHS109 \$12.50. Shatters the stereotypes of drug abuse, drug abusers, and addiction. In easy-to-understand terms, shows dramatic changes in the brain function of drug abusers and drug addicts compare to people who do not use drugs. Describes addiction as a brain disease.

Drug Abuse and the Brain (1993); Video, 26 min · NCADI # VHS57 \$12.50. Intended primarily for drug abuse counselors, video provides a detailed look at the biological basis of drug addiction. Through animation and interviews with experts in the field, shows how the brain's reward system operates and how drug abuse can cause fundamental changes in the brain.

Dual Diagnosis (1993); Video, 27 min · NCADI # VHS58 \$12.50. Focuses on the problem of mental illness in drug-abusing and drug-addicted populations, and examines various approaches useful for treating dual-diagnosed clients.

Everyone Counts; CATALOG # VH-C1-1486. This video tells the story of one communities effort to control prescription drug misuse. Shows how the collaboration between doctors, pharmacists, drug counselors and community nurses can help curb the misuse of prescription drugs.

Family Secrets; CATALOG # VFV-C1-703. Depicts the role that family members play as a result of having an alcoholic mother and gas sniffing sibling in their midst. Story tells of a dysfunctional family and how one child gets help from the referral center. Aboriginal Content.

How We Stopped Sniffing; CATALOG # VH-C1-576. Aboriginal young people end their solvent abuse after a scare when one child becomes unconscious after sniffing glue. Aboriginal content.

<http://www.eddept.wa.edu.au/deo/SWAN/ResCentVids.htm> Gives a list of videos available at the Swan Education District Resource Center regarding drugs, also information on Aboriginal people.

If You Change Your Mind (1992); Video documentary, 31 min, 24 sec · NCADI # VHS47 \$12.50: Produced entirely by middle school students at Eastern Intermediate School in Silver Spring, Maryland, for other children. Presents a unique viewpoint on drug abuse and its effects. Used with the student magazine and teacher's guide, serves as a teaching tool to help students learn about the real results of drug abuse. Winner of the 1992 CINE Award.

Just For a Few Drinks; CATALOG # VFV-C1-1015 A series of three short videos that focus on some of the issues surrounding teenage drinking and driving. This video can be used to promote discussion among young people of the serious consequences of combining drinking and driving.

Marijuana: What Can Parents Do? (1995); Video, 14 min · NCADI # VHS82 \$12.50. Presents parents, educators, and drug abuse prevention leaders with science-based facts to educate families and the community about the resurgence of marijuana use among youth. Uses experiences of real parents and teens to stress the importance of opening a dialog between parents and children. Encourages parents to communicate a strong prevention message to their children.

National Clearinghouse videos relating to Addictions, see: http://www.hc-sc.gc.ca/msb/fnihp/ref_e.htm#Addictions. For a listing of National Clearinghouse videos relating to Solvent Abuse, see also: http://www.hc-sc.gc.ca/msb/fnihp/ref_e.htm#SOLVENT%20ABUSE

Only Gift, The; CATALOG #VFH-C1-702. Viewpoints of various women, elders and caregivers on guiding their children towards an addiction free life. Emphasizes respect and honesty. Aboriginal content.

Place in Between, A; CATALOG # VH-C1-317. Story that explains the effects of solvent abuse on a family, and how the Aboriginal community should be more involved in prevention. Shows how LAAM can be used to meet the opiate treatment needs of individual clients from the provider and patient perspectives. Compares and contrasts LAAM with methadone.

Sniff "n" Huff; CATALOG # VH-C1-708 A rock video with native actors that shows the effects and consequences of solvent abuse. Intended to act as a deterrent to youth considering sniffing.

Sniffing Stinks; CATALOG # VH-C1-618. Intended for children ages 8 and over. Young people from Whitedog Reserve speak frankly about sniffing and its effects, the reason for trying it and reasons for not. Aboriginal content.

Solvent Abuse - A Matter of Life and Death; CATALOG # VH-C1-575. This video deals with solvent abuse among the Inuit; however, it explains in detail the effects of solvent on the body. Using a mainstream doctor to explain the effect. This video deals with solvent abuse among the Inuit. It contains interviews with abusers and parents whose children have died as a result of sniffing. English Subtitles.

Spirit of the Forest Video; CATALOG # VH-C1-620. Video intended for very young children from first watchers before preschool to primary grades. Solvent abuse and how to deal with it. Aboriginal content.

Treatment Solutions (1999); Video, 19 min · NCADI # DD110 \$12.50. Describes the latest developments in treatment research. Expertly produced and highly engaging. Covers such issues as treatment medications and behavior

modification techniques. Emphasizes the benefits of drug abuse treatment, not only for the patient, but also to the community.

Up Your Nose; CATALOG # VFV-C1-714. Short story about native teens who go on a sniffing spree which ends in tragedy. Substance abuse. Aboriginal Content.

Voices Around The Fire; CATALOG # VH-C1-1301. This video is a commentary by youth about alcoholism and peer pressure. Results from the D.A.R.C.Y (Drug & Alcohol Research for Community Youth) Project. A study by school aged youth on substance abuse. Identifies the level of substance youth and the effects & factors of that use.

Walking in Pain; CATALOG # VFH-C1-1470. From the view point of a Native Counsellor the video explores substance abuse. This video gives the counsellor an insight into the many different areas of this problem. The video also looks at the relationship between self-esteem and alienation experienced by aboriginal people. Native content.

Available from the BC Ministry for Children and Families:

Turning Away. VHS video-recording, 60 minutes. 1998. MCF Library, Call # V1208. "Turning Away is filmed over a year, and is a powerful look at the complex factors keeping countless youth on the margins of one of the world's wealthiest societies. Darci and Blair come from troubled families and struggle with addiction - interviews with their parents underscore how unresolved family matters still haunt them. Darci makes a rough sort of living through panhandling and prostitution. Blair, a former junior boxing champ is one of the squadrons of squeegee kids who clean car windshields at busy intersections. Both have been on the street for 10 years. At 25 they have reached a pivotal age: the age at which street wisdom maintains you either get off the street or die there."

What Do You Really Know About Marijuana? VHS video-recording, 2 minutes. 1998. MCF Library, Call # VADP0450. "Short program by teens for teens that dispels some of the myths of marijuana use. Good for starting discussion in the classroom."

Beating the Streets. VHS video-recording, 48 minutes. 1998. MCF Library, Call # V1207. "Video traces 6 years in the lives of Marilyn Brighteyes and Lance Marty, two inner-city Aboriginal teenagers struggling to turn their lives around. And it is the story of Joe Cloutier, the teacher, and former dropout -

determined to help them. Marilyn and Lance candidly discuss the abuse and violence that drove them into prostitution and drug dealing. The video also introduces Joe's innovative approach, combining alternative education and popular theatre as a way to get young people off the streets

Canadian Learning Company Inc. **Project Future: Your Pregnancy, Your Plans.** VHS video-recording, 43 minutes. 1991. Subject: Health and Wellness. MCF Library, Call # VADP0252. "This program for adolescent mothers and fathers focuses on prenatal care and general health during pregnancy. Topics include conceptions, symptoms of pregnancy, prenatal nutrition, **substance abuse**, the prenatal exam, and fetal development. Also deals with the social and emotional issues surrounding pregnancy with special consideration for the role of the young father."

Kaiser Substance Abuse Foundation. **I am ... I can.** VHS video-recording, 13 minutes. 1987. Subject: Alcohol and Drugs. MCF Library, Call # V308. "Short Promotional Video for Symposium '88, the kickoff for B.C.'s primary grade (K-7) substance abuse prevention program."

Quebec

Association des Intervenants en Toxicomanie du Quebec Inc. **A Vous de Choisir.** VHS video-recording, 29 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "Ce document est composé de séquences de cinq minutes traitant chacune de l'alcool, des drogues et de la criminalité, du cannabis, de la cocaïne et du crack ainsi que des substances volatiles. Il examine les conséquences d'un choix erroné au sujet des drogues et fournit des conseils positifs sur les choix appropriés."

Association des Intervenants en Toxicomanie du Quebec Inc. **Sans Prejuger.** Guide and VHS video-recording, 44 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "Ce document met en parallèle le point de vue d'adolescents interviewés dans une polyvalente, le discours d'intervenants réunis à l'occasion d'un colloque de formation les questions des préjugés, des problèmes et des pratiques liés au phénomène de la consommation d'alcool et de drogue chez les jeunes."

Association des Intervenants en Toxicomanie du Quebec Inc. **Les Personnages Animes a la Rescousse.** VHS video-recording, 30 minutes. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. "Michel un jeune adolescent, prend de la marijuana. Sa soeur Corinne, avec l'aide de plusieurs personnages animés, tente de le libérer des griffes de « Smoke », un personnage trompeur et perfide. Corinne et les personnages animés montrent à Michel les périls qui le guettent s'il continue à se droguer." et le témoignage de jeunes adultes ayant vécu un problème avec les drogues. Il

aborde les questions des préjugés, des problèmes et des pratiques liés au phénomène de la consommation d'alcool et de drogue chez les jeunes.”

Association des Intervenants en Toxicomanie du Quebec Inc. **Accroche? Pas Moi!**. VHS video-recording, 40 minutes, and accompanying materials. Videos Pour Adolescents: www.aitq.com/documen/videos.htm. “Vidéo présentant l'histoire de trois jeunes consommant trois produits psychotropes (alcool, cannabis et cocaïne) et vivant trois types de dépendance différents. Première partie : établissement progressif de la dépendance, deuxième partie : problèmes conséquents à la surconsommation, troisième partie : solutions thérapeutiques pour faire face à la situation.”

Association des Intervenants en Toxicomanie du Quebec Inc. Guide de Plannification du Traitement Multifonctionnel (l'abus de drogue chez les jeunes). www.aitq.com/documen/guides.htm.

Association des Intervenants en Toxicomanie du Quebec Inc. Programme Action Jeunesse (pairs “aidants” pour les 13-19). www.aitq.com/documen/guides.htm. Association des Intervenants en Toxicomanie du Quebec Inc. Dur Dure Hero: un cederom d'information. CD Rom, complementary information and internet links. “Ce cédérom traite principalement de la consommation d'héroïne et des réalités jeunesse en lien avec celle-ci. Accompagnés tout au long de la présentation par Gilles Lamoureux, formateur en intervention jeunesse, par le biais d'un diaporama, vous pourrez mieux connaître cette réalité et les enjeux de société qui en découlent.

Youth, General

Youth groups concerned with alcohol and other drug abuse offered a ride on the information highway. www.ccsa.ca/plweb/cgi/fastweb.exe?getdoc+view1+GENERAL+480+18++youth. “A number of youth organizations concerned with substance abuse will break new ground by forming a national electronic network. Through a partnership between Elks/Royal Purple of Canada and the CCSA, the technology required to participate in the network will be provided to youth organizations across the country. (Fall 1995).”

Canadian Centre on Substance Abuse. Inventory of Treatment Services for Youth. www.ccsa.ca/youthtrt.htm.

Geoff Munro. School-based Drug Education: realistic aims or certain failure. Centre for Youth Drug Studies, Australian Drug Foundation. 1997. www.adf.org.au/cyds/papers/sded.htm.

Your Life, Your Choice. www.schoolnet.ca/alcohol/e/mainmenu/. "This Youth Alcohol Education Program developed in New Brunswick offers educators innovative new ways to teach young people about alcohol consumption and abuse. A coalition of education professionals, teachers, government and multimedia developers worked on the program since 1997. Full funding came from the Brewers Association of Canada. The program provides a web-based resource package designed to reach 13 and 14 year olds."

Addictions Foundation of Manitoba. 1997 AFM Student Survey on Alcohol and Other Drugs: Highlights Report. www.ccsa.ca/afmsurvey.htm. "In 1997, AFM in partnership with 24 schools across Manitoba, completed a student survey to determine student attitudes and behaviours related to alcohol and drug use."

Addictions Foundation of Manitoba: Youth Services.
www.afm.mb.ca/afmservices/alcohol/Youth_Alcohol/youth_alcohol.html. NOT much to do with solvents but lots of treatment facilities and identifying problems

http://www.findarticles.com/cf_0/m1590/10_56/60590060/p1/article.jhtml?term= A story about a young girl (Amy) who falls into the trap of inhalants. Also presents facts and offers help to young people with addictions.

8. Rural, Remote and Northern Communities

Addictions Foundation of Manitoba: Youth Intervention Strategy and Rural and Northern Youth Intervention Strategy. Dave Kennedy, Administrator, Awareness and Information, Addictions Foundation of Manitoba. 1031 Portage Ave., Winnipeg, MB R3G 0R8. Tel (204) 944-6200; fax (204) 786-7768

CASA PAPER: Rural 8th Graders Using Drugs, Smoking, Drinking at Higher Rates Than Urban 8th Graders; January 2000, FOR IMMEDIATE RELEASE, Contact:Alyse Booth: (212) 841-5260, Nancy Kearney: (212) 841-5262. (Available through Columbia University).

From Manhattan To Main Street, By Joseph A. Califano, Jr.; This editorial was published Tuesday, February 22, 2000, in 'The Washington Post'. (Deals with youth in rural America, and how easy it is to obtain drugs).

Restricted Areas and Aboriginal Drinking; Peter d'Abbs, Northern Territory Drug and Alcohol Bureau, Department of Health and Community Services; Darwin, Northern Territory. Originally published: *Alcohol and Crime* / Julia Vernon (ed.), Canberra : Australian Institute of Criminology, 1990; ISBN 0 642 14961 5 ; ISSN 1034-5086

9. Inhalant Abuse

Adolescent Inhalant Abuse: Facilitator's Manual and Workshop Guide. Edmonton, AB: AADAC, 1997. HV 5822 .S65 A36 1997. Includes information about Native specific resources and programs.

Adolescent Inhalant Abuse; CATALOG # PH-C1-586. Participant's Handbook and Workshop Guide. This handbook was developed to deliver training seminars on the topic of inhalant abuse in the province of Saskatchewan. Mainstream content. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

American Journal of Drug and Alcohol Abuse 14(1):29-39, 1988; Nitrite Inhalants: Patterns of Abuse in Baltimore and Washington, DC; Lange, W.R.; Haertzen, C.A.; Hickey, J.E.; Snyder, F.R.; Dax, E.M.; and Jaffe, J.H. (Available from W. Robert Lange, MD, MPH, Addiction Research Center, National Institute on Drug Abuse, P.O. Box 5180, Baltimore, MD 21224.)

American Medical Association. Is your patient (or child) abusing inhalants? http://www.ama-assn.org/sci-pubs/amnews/pick_01/hlsc0409.htm Very good site on youth "Huffing". Offers symptoms, stories, facts, and a few useful links.

Barrio Inhalant Abuse Model: Clinical Typologies and Program Strategies; Jasso, R., Conference Paper, November 7, 1989 (Available from Ricardo Jasso, Southwest Associates, 1306 West Commerce, San Antonio, TX 78207.)

Be a Prevention Player: A Resource for Inhalant Abuse Prevention Education. Winnipeg, MB: The Indian-Metis Friendship Centre of Winnipeg. HV 5822 .S65 B4 1996.

Brady, Maggie. Bibliography: *Petrol Sniffing and Volatile Solvent Abuse in Australia and Overseas*. Canberra, Australia: Alcohol and Drug Foundation, 1990. HV 5822 .S65 B73 1990

Chronic Solvent/Inhalant Abuse; CATALOG # PH-C1-588. Medical Considerations in Recovery - A Guide to client management and care for professionals. A study on Solvent/Inhalants, its' side effects and treatments. Mainstream content. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Educate: Creating Inhalant Abuse Awareness Together. VHS video-recording. 1999. MCF Library, Call # VADP0464. "Video from the National

Clearinghouse for Alcohol and Drug Information providing educational information on Inhalant Use by Children.

Epidemiology of Inhalant Abuse: Update. NIDA Research Monograph No. 85
Crider, R.A., and Rouse, B.A. (Eds.); Washington, DC: U.S. Government
Printing Office, 1988. (Available from CSAP's National Clearinghouse for
Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847.)

Fatal Attraction: "How Huffing Kills"; Redbook, March 1993, pp. 78, 118, 120

<http://cgi.cnn.com/HEALTH/9903/22/inhalant.abuse/> March 22/ 1999. Inhalant
abuse kills with little public attention. Excellent site with facts and links to
other inhalant related sites.

<http://www.cnn.com/HEALTH/9903/22/inhalant.abuse/>

<http://www.inhalants.org/body.html> Provides a wealth of information about
inhalants and inhalant users. Inhalants can include hair spray, correction fluid,
spray paint, and glues. The site describes the characteristics of inhalant
abusers, symptoms of inhalant use, and gives tips for teachers and parents.
Author(s): Austin, TX: Synergies

<http://www.inhalants.org/content.html>

<http://www.newswise.com/articles/1999/2/INHALANT.WAS.html> **Washington
University 26-Feb-99. Excellent article published by Washington
University describing inhalant use among children. Present some
interesting facts**

<http://www.newswise.com/articles/1999/2/INHALANT.WAS.html> **Washington
University 26-Feb-99. Excellent article published by Washington
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interesting facts**

<http://www.nida.nih.gov/ResearchReports/Inhalants/Inhalants.html> This site is
geared towards the parents. How to identify a "huffer" and actions to take to
relieve them of there addictions.

Inhalant Abuse among Native Americans "Alarming"; Penman, S. ADAMHA
News March/April 1990. pp. 6-7, (Available from CSAP's National
Clearinghouse for Alcohol and Drug Information, P.O. Box 2345,
Rockville,MD 20847-2345)

Inhalant Abuse Still a Problem; Miller, M. Chemical People Newsletter
July/August 1990 (Available from The Chemical People, 4802 Fifth Avenue,
Pittsburgh, PA 15213.)

Inhalant Abuse; CATALOG # VH-C1-725. Mainstream video that explains the
various types of solvents and their contents, as well as the short and long
term effects to the body and brain. Differentiates between sniffing and huffing,
experimenters and users. Fax in your order at 705-692-9039, or you can call
in the order to 800-669-2538.

Inhalant Use Among American Indian Youth; Young, T.J., Child Psychiatry and
Human Development 18(1):36-46, 1987 (Available from Thomas J. Young,
Ph.D., Bureau of Child Research, Department of Human Development,
Haworth Hall, University of Kansas, Lawrence, KS 66045-2930.)

Inhalant Use by Mexican American Youth: Introduction; Simpson, D.D.; Joe,
G.W.; and Barrett, M.E., Hispanic Journal of Behavioral Sciences 13(3): 246-
255, 1991 (Available from D. Dwayne Simpson, Texas Christian University,
Institute of Behavioral Research, P.O. Box 32880, Fort Worth, TX 76129.)

Inhalants: The Tricky Drugs (1992); VHS Video, 7 minutes long; Topic: Inhalant
Use Prevention ; Target Audience: Elementary and Jr. High Youth;
Availability; 800-841-9532Syndistar, Inc., 125 Mallard Street, Suite A, St.
Rose, LA, 70087-9471

Inhalants: Toxic Fumes; Glowa, J.R. New York: Chelsea House Publishers, 1986
(Available from Chelsea House Publishers, 95 Madison Avenue, New York,
NY, 10016.)

Journal of Adolescent Health, Volume: 28 (3) (2001). Inhalant abuse by
adolescents; pp. 170-180; Tracey L. Kurtzman, Kimberly N. Otsuka, Richard
Wahl.

Journal of Adolescent Health; Volume 28 (3) 2001. Inhalant abuse by
adolescents; pp.170 -- 180. Tracey L. Kurtzman, Kimberly N. Otsuka, Richard
A. Wahl.

Ministry for Children and Families (MCF), BC. www.mcf.gov.bc.ca. Educate:
Creating Inhalant Abuse Awareness Together 1999 Video from the National

Clearinghouse for Alcohol and Drug Information providing educational information on Inhalant Use by Children. Call # VADP0464

National Clearinghouse on Substance Abuse Subjects: Inhalants; Produits inhalants; Drug abuse; Toxicomanie; Statistics; Statistiques; United States; États-Unis; Children; Enfants; AOD effects; Effets de l'alcool et les autres drogues)

National Institute on Drug Abuse. Inhalent abuse. Rockville, MD: U.S. Department of Health and Human Services, 2000. NIH publication number 00-3818.

'New petrol sniffing diversion funding welcomed'. Media Release from Grant Tambling, Parliamentary Secretary for The Minister for Health and Aged Care, Australia, 20 February 2001. Media contact: Melissa Baldwin at Senator Tambling's office 08 8981 3567. offers a great deal of information relating to inhalants.

Nitrite Inhalants: Patterns of Abuse in Baltimore and Washington, DC; American Journal of Drug and Alcohol Abuse 14(1):29-39, 1988; Lange, W.R.; Haertzen, C.A.; Hickey, J.E.; Snyder, F.R.; Dax, E.M.; and Jaffe, J.H. (Available from W. Robert Lange, MD, MPH, Addiction Research Center, National Institute on Drug Abuse, P.O. Box 5180, Baltimore, MD 21224.)

O'Connor, Dennis. Glue Sniffing and Volatile Substance Abuse: Case Studies of Children and Young Adults. Gower. Brookfield, VT: 1983. (MCF Search Subjects: Glue Sniffing; Glue Sniffing, Treatment; Youth, Substance Use)

Relative Addiction Potential of Major Centrally Active Drugs and Drug Classes: Inhalants and Anesthetics; Pollard, T.G. Advances in Alcohol and Substance Abuse 9(1/2):149-165, 1990 (Available from Trevor G. Pollard, Department of Anesthesiology, University of Texas Health Science Center, 7703 Floyd Curl Drive, San Antonio, TX, 78284-7838.)

Round Lake Treatment Centre: The Next Generation Solvent Abuse Community Intervention and Resource Project: A Demonstration Project to Test a Community Based Solvent Abuse Intervention Model. Armstrong, BC: Round Lake Treatment Centre, 1994. HV 5822 .S65 R676 1994 (includes treatment)

Solvents: Facts About Abuse; CATALOG # PFV-C1-312. Describes what solvents are, the short and long term effects, how to tell if someone is sniffing, and how to care for a solvent abuser. Mainstream. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Tips for Teens: The Truth About Inhalants

<http://www.health.org/govpubs/phd631/>, Presents facts and effects about solvent abuse geared towards teens and youth. By the National Clearinghouse for Alcohol and Drug Information. SAMHSA's National Clearinghouse for Alcohol and Drug Information, 800-729-6686, TDD 800-487-4889, linea gratis en español 877-767-8432

Torrie, Jill. "Sniffing": Inhalant Abuse and Indigenous Youth in Canada: A Review and Annotated Selection of Current Professional Literature Prepared for the Non-Specialist. Kenora, ON: Native Healer Programme, Lake of Woods District Hospital, 1990. HV 5822 .S65 T67 1990

10. Aboriginal Children, Youth and Families

Aboriginal Drug and Alcohol Council 2000, 'New National Indigenous Drug and Alcohol Council', media release, 31 May, 2000.

Commonwealth Department of Health and Family Services 1998, Review of the Commonwealth's Aboriginal and Torres Strait Substance Misuse Programme, AGPS, Canberra.

Effectiveness of Native Halfway Houses, The; CATALOG # PFH-C1-876 "In the Treatment of Alcohol and Drug Abuse". Gathering of information, knowledge and experience from native halfway houses. Presents finding from five on-site visits and interviews as well as a review of relevant literature. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Executive Summary: Caravan for Youth '84; CATALOG # PFH-C1-452. Caravan research involving 14 Aboriginal communities whose objective was to find out youth activities and issues in communities visited. Substance Abuse, Activities program. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Firewatch On Aboriginal Adolescent Gambling; CATALOG # PH-C1-258. An Alberta study of 961 Aboriginal students from grades 5 to 12 . Estimates the extent of gambling and problem gambling among youths. Determines the personal, cultural and social factors. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

First Nations & Inuit Community Youth Solvent Abuse Survey & Study; CATALOG #PH-C1-846. Contains info on the history and contributing factors of solvent abuse among aboriginal people. Includes statistics on causes and effects of solvent abuse. Also covered are treatment and traditional methods and methodologies. Aboriginal Content. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

First Nations and Inuit Community...; CATALOG # PH-C1-89. "Solvent Abuse Survey and Study." Study conducted by National Solvent Abuse working Group which was formed to address solvent abuse treatment in Aboriginal

youth. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Health Canada.

http://www.hcsc.gc.ca/msb/fnihp/NNADAP_PNLAADA/directory_e.htm. First Nations and Inuit Health Programs: Directory (2000) of National Native Alcohol and Drug Abuse Program (NNADAP) and National Youth Solvent Abuse Program Treatment Centres (links in each region).

<http://www.arf.org/isd/bib/native.html> This site is great for identifying other materials related to aboriginal substance abuse. This bibliography presents a selection of the ARF Library materials on the topic of Native peoples and substance abuse

Ka Ka Wis Family Development Centre. **Healing Journeys: The Ka Ka Wis Experience, 1974-1994**. Ka Ka Wis Family Development Centre. Tofino: 1994. MCF Search Subjects: Substance Abuse, Patients, Rehabilitation, British Columbia; Native People, Drug Abuse/Alcohol Use, British Columbia.

Moving Towards Wholeness; CATALOG # PFH-C1-492. "A Substance Abuse Prevention Training Manual for Educators Working with Native Students." An Aboriginal manual that provides educators with suggestions and opportunities to sample learning activities for a holistic school-based prevention program. Substance abuse. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

National Aboriginal Community Controlled Health Organisation 2000, Substance Misuse in an Aboriginal Community Controlled Primary Health Care Setting: NACCHO Substance Misuse Strategic Plan 2000-2005, NACCHO, Canberra.

National Drug Strategy Household Survey, Urban Aboriginal and Torres Strait Islander Supplement 1994. © Commonwealth of Australia, ISBN 0 644 36007 0. Reproduction requires written permission of the Australian Government Publishing Service, GPO Box 84, Canberra ACT 2601. This survey, conducted by AGB McNair on behalf of the Commonwealth Department of Human Services and Health (HSH), involved face-to-face interviews with 2,993 Aboriginal and Torres Strait Islander peoples living in urban areas nationally, to supplement the information gathered in the 1993 survey (n=50), and more importantly, to provide reliable baseline data for this group.

Overview: The Four Worlds Development Project; CATALOG # PH-C1-358. An overview of the Four Worlds Development Project. A history, beliefs and concepts about Aboriginal substance abuse, and how to work together to build strong and vigorous communities. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

PREFACE - PRIORITIES FOR ACTION 3.1 That the OATSIH develop a national policy framework for the Aboriginal and Torres Strait Islander substance misuse program. The Office for Aboriginal and Torres Strait Islander Health (OATSIH) conducted this Review, with the help of Mr Eddie Hollingsworth, Ms Leilani Pearce, and Ms Marion Dunlop, among others. Substance misuse is both the cause and the result of much pain and suffering in Aboriginal and Torres Strait Islander society. While it cannot be considered separately from dispossession, poverty, physical and mental health, it is timely to examine the specific role of Substance Misuse services in addressing it.

Research on Native Adolescents and Substance Abuse; CATALOG # PFV-C1-423. "A Product of the Next Generation Native Adolescent Substance Abuse Project." A collection of research materials that deals with Aboriginal Adolescents, substance abuse and relating issues. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Round Lake Treatment Centre; CATALOG # PFH-C1-345 "The Next Generation Solvent Abuse Community Intervention and Resource Project. A Demonstration Project to test a Community Based Solvent Abuse Intervention Model. Culture is Treatment." Aboriginal content. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Solvent Abuse Treatment Outcome "Evaluation Study"; CATALOG # PH-C1-843
The purpose of this study was to determine the effectiveness of the interim solvent abuse programs set up under the auspices of Health Canada for First Nations, which resulted in the creation of six permanent solvent abuse centres. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Submission to the House of Representatives Standing Committee on Family and Community Affairs Inquiry into Substance Abuse in Australian Communities

Territory Health Services, June 2000. By Dr Ian Crundall, Director, Alcohol and Other Drugs Program Territory Health Services. For this submission each the licit and illicit drugs will be reported separately incorporating information about the specific impact in the Northern Territory. Licit drugs will include alcohol, tobacco, Schedule 8 drugs and inhalants. Illicit drugs will include discussion and statistical data and discussion from treatment centres and household surveys.

Super Shamou: Nothing to Sniff At; CATALOG # PH-C1-346. Aboriginal comic book about solvent abuse. Children's or adolescent resource. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Thompson Anti-Sniff Group Info Package for Teachers; CATALOG # PH-C1-842
Contains info on volatile substances such as gasoline, aerosols, glues and alcohol substances such as Lysol. Includes causes, signs and symptoms, effects of long term use, diagnostic methods, treatment and prevention. Aboriginal Content. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Wholistic Education Evaluation; CATALOG # PFH-C1-415 "For Community Transformation. A Preventative Approach." An evaluation of education and alcohol and drug abuse programs from various Aboriginal communities. Fax in your order at 705-692-9039, or you can call in the order to 800-669-2538.

Your Sobriety! Our Future!; CATALOG # PFH-C1-490. "A Spiritual Model of Recovery." A two part spiritual model of Aboriginal Drug and Alcohol Rehabilitation rooted in traditional Native and Inuit culture. Fax in your order at 705-692-9039 or you can call in the order to 800-669-2538.

Appendix A

Directory (2000) of National Native Alcohol and Drug Abuse Program (NNADAP) and National Youth Solvent Abuse Program Treatment Centres

Treatment Centres by Type

Family Treatment Centres:

1. Carrier Sekani Family Services [Pacific Region](#)
2. Native Addiction Council of Manitoba [Manitoba Region](#)
3. Reverend Tommy Beardy Memorial & Wee. Che. He Wayo. Gamik Family Treatment Centre

Family / Outpatient Treatment Centre:

1. Nenqayni Treatment Center [Pacific Region](#)
2. Family Wellness Centre (Hobbema) [Alberta Region](#)

Treatment Centres Serving Youth:

1. Wilp Si' Satxw House of Purification [Pacific Region](#)
2. Stoney Adolescent Treatment Ranch [Alberta Region](#)
3. Athabasca Alcohol and Drug Project [Saskatchewan Region](#)
4. Saulteaux Healing and Wellness Centre Inc. [Saskatchewan Region](#)
5. Oh Shki Be Ma Te Ze Win. Inc. [Ontario Region](#)
6. Mi'kmaw Treatment Centre [Atlantic Region](#)

Aboriginal Treatment Centres by Region

Aboriginal Treatment Centres by Health Canada Region	
<p>Pacific Region</p> <p>Carrier Sekani Family Services (Najeh Bayou)</p> <p>Haisla Support and Recovery Centre</p> <p>Ktunaxa / Kinbasket Wellness Center</p> <p>Namgis Treatment Center</p> <p>Nengayni Treatment Center: Alcohol and Drug Program</p> <p>Round Lake Treatment Center</p> <p>North Wind Healing Centre (Treaty 8 Healing Center)</p> <p>Tsow-Tun Le Lum Treatment Centre</p> <p>Wilp Si' Satxw House of Purification</p> <p>Nengayni Treatment Center Society</p>	<p>Manitoba Region</p> <p>Native Addiction Council of Manitoba</p> <p>Nelson House Medicine Lodge</p> <p>Peguis Al-Care Centre</p> <p>Virginia Fontaine Memorial Centre</p> <p>Sagkeeng Solvent Treatment Centre</p> <p>Whiskey Jack Treatment Centre</p>
<p>Alberta Region</p> <p>Beaver Lake Wah Pow Detox and Treatment Centre</p> <p>Family Wellness Centre (Hobbema)</p> <p>Kapown Treatment Centre</p> <p>Mark Amy Centre for Healing Addiction</p> <p>Stoney Adolescent Treatment Ranch</p> <p>St. Paul's Treatment Centre</p> <p>Tsuu T'ina Nation Healing Lodge</p> <p>White Swan Treatment Centres</p>	<p>Ontario Region</p> <p>Anishnabie Naadmaagigamig Substance Abuse Centre</p> <p>Dilico Child and Family Services</p> <p>Migisi Alcohol and Drug Abuse Treatment Centre</p> <p>Native Horizons Treatment Centre</p> <p>Ngwaagan Gamig Recovery Centre Inc.</p> <p>Oh Shki Be Te Ze Win, Inc.</p> <p>Pedahbun Lodge Incorporated</p> <p>Reverend Tommy Beardy Memorial and Wee. Che. He Wayo. Gamik</p> <p>Sagashtawao Healing Lodge</p> <p>Nimkee Nupi Gawagan Healing Centre</p> <p>Ka-Na-Chi-Hih Solvent Abuse Treatment Centre</p>
<p>Saskatchewan Region</p> <p>Athabasca Alcohol and Drug Project</p> <p>Clearwater Dené Treatment Centre</p> <p>Cree Nation Treatment Centre</p> <p>Ekweskeet Healing Lodge</p> <p>Mistahey Musqua Treatment Centre</p> <p>New Dawn Valley Treatment Centre</p> <p>Sakwatamo Lodge</p> <p>Saulteaux Healing and Wellness Centre Inc.</p> <p>Eagle's Path Youth Solvent Abuse Centre</p>	<p>Quebec Region</p> <p>Centre de réadaptation Kauauitshi Aranit (Malioténam)</p> <p>Centre de réadaptation Wapan</p> <p>Mawiomi Treatment Services</p> <p>Onen'to: Kon Treatment Centre</p> <p>Wanaki Centre</p> <p>Walqwan Centre – First Nations Youth Rehabilitation Centre</p>

Aboriginal Treatment Centres by Health Canada Region	
<u>White Buffalo Youth Inhalant Treatment Centre</u>	
Atlantic Region <u>Eagle's Nest Recovery House</u> <u>Kingsclear First Nations Outpatient Program</u> <u>Lone Eagle Long Term Treatment Centre</u> <u>Mi'kmaw Lodge Treatment Centre</u> <u>Rising Sun Rehabilitation Treatment Centre</u> <u>Saputjivik (Care Centre)</u> <u>Tobique Alcohol and Drug Treatment Centre</u> <u>Charles J. Andrew Restoration Centre</u>	

Appendix B

Definitions and Terminology

Alcohol and Other Drug Education:	Provision and discussion of factual information on alcohol (alcoholism, problem drinking) and drugs (addiction, drug abuse) through, for example, lectures, film or readings, in order to stimulate attitudinal and behavioural change.
Assessment:	Systematic procedures for the identification of a client's major strengths and problem areas, culminating in a treatment plan and referral for assistance.
Case Management:	A process involving on-going assessment of current strengths, weaknesses and needs, planning to identify services appropriate to the particular needs of the client. The process includes the continuous monitoring and evaluation of progress and interceding on behalf of the client to ensure that the treatment system responds equitably and effectively to the needs of the client.
Health Programs Support Division (HPSD):	HPSD is responsible for national coordination of most community based health programs for First Nations and Inuit communities, including the National Native Alcohol and Drug Abuse Program (NNADAP) and the National Youth Solvent Abuse Program.
Consultation with Professional:	Relating with other professionals to assure comprehensive care for the client.
Crisis Intervention:	Those services which respond to an alcohol and/or drug abuser's needs during acute emotional and/or physical distress.
Cultural Activities:	Activities that are of a cultural nature.(i.e. sweat lodges, smudge ceremonies, elders, language, etc.)
Detoxification:	Recovery from the toxic effects of a drug or substance by the removal of the toxic properties of that substance.
Dual Addiction:	A condition characterized by an overwhelming desire to continue taking drugs or substances to which one has become habituated through repeated consumption, usually accompanied by a compulsion to obtain the substances.
Follow-up:	A means of gathering data and information about the progress of clients in recovery. Follow-up gathers information about clients over a period of time and is used as a measure of the effectiveness and success of the program.
Aftercare:	The period of time that begins when a client leaves a formal treatment

program and treatment professionals are no longer directly involved with the client on a regular basis for one-to-one and group counselling and therapy. The client assumes responsibility for their one recovery, hopefully with the help of their family, support groups and others.

- Hallucinogens:** A substance that causes excitation of central nervous system, characterized by hallucinations, mood changes, anxiety, sensory distortion, delusion, depersonalization.
- Individual and Group Counselling:** The utilization of special skills to assist individual, families or groups to achieve objectives through: exploration of a problem and its ramifications, examination of attitudes and feeling, consideration of alternative solutions, and decision making.
- Intake Screening:** The process by which a client is determined appropriate and eligible for admission to a particular program.
- Intake:** The administrative and initial assessment procedures for admission to a treatment program.
- Interpretation Services:** Providing translation through an interpretation.
- Lifeskills / Personal Development:** A series of activities that are taught to groups and individuals in order to enhance their social and personal skills.
- Narcotics:** Pertaining to a substance, derived from the poppy seed opium, that produces insensibility or stupor, can alter perception of pain, induce euphoria, mood changes and mental clouding.
- NNADAP:** National Native Alcohol and Drug Abuse Program.
- Orientation:** Describe to the client the general nature and goals of the program, the rules governing client conduct, and infractions that can lead to disciplinary action or discharge from the program, treatment costs to be borne by the client, if any, and client's rights.
- Outpatient Services:** Treatment provided on a non-residential basis, usually in regularly scheduled sessions (e.g., 1-2 hours per week).
- Recreation Therapy:** Something that is fun, active and rejuvenates a person. Something that is good for a person: has healing qualities, restores an individual to what he or she was before or what the individual wants to be.
- Referral:** The process of recommending a person to a treatment program after conducting an assessment of them. Following treatment, some treatment programs will recommend a course of action for follow-up

and after-care to the referring agency.

**Reports and
Record
Keeping:**

Charting the results of the assessment and treatment plan. Writing reports, progress notes, discharge summaries and other client-related data.

Solvents:

Chemicals produced from petroleum products. They are volatile, evaporate quickly at room temperature, this characteristic makes them popular as a base for products which need fast drying. Examples are: plastic cement, some glues (model air plane glue), cleaning fluids, spot removers, marking pens and typewriter correction fluid.

Solvent Use:

The deliberate inhalation of the fumes of volatile organic solvents, volatile hydrocarbons found in aerosols, all of which have psychoactive properties.

Appendix

Treatment Truisms for Youth

Parents and families must be informed consumers and should be involved in their child's recovery.

No single treatment is appropriate for all teens. It is important to match treatment settings, interventions, and services to each individual's particular problems and needs. This is critical to his or her ultimate success in returning to healthy functioning in the family, school, and society.

Effective treatment must attend to the multiple needs of the individual-not just the drug use. Any associated medical, psychological, social, and cognitive problem must be addressed.

Remaining in treatment for an adequate period of time is critical for treatment effectiveness and positive change. Each person is different and the amount of time in treatment will depend on his or her problems and needs. Research shows that for most individuals, the beginning of improvement begins at about 3 months into treatment. After this time, there is usually further progress toward recovery.

Counselling (individual and/or group) and other behavioural therapies are critical components of effective treatment. In therapy, teens look at issues of motivation, build skills to resist drug use, replace drug-using activities with constructive and rewarding behaviours, and improve problem-solving skills. [Behavioral therapy](#) also facilitates interpersonal relationships and the teen's ability to function in the home and community.

Addicted or drug-abusing individuals with coexisting mental disorders should have both disorders treated in an integrated way. Because addictive disorders and mental disorders often occur in the same individual, individuals should be assessed and treated for the co-occurrence of the other type of disorder.

Medical detoxification is only the first stage of addiction treatment and by itself does little to change long-term drug use. Medical detoxification safely manages the acute physical symptoms of withdrawal associated with stopping drug use. While detoxification alone is rarely sufficient to help addicts achieve long-term abstinence, for some individuals it is a strongly indicated precursor to effective drug addiction treatment.

Treatment does not need to be voluntary to be effective.

Strong motivation can facilitate the treatment process. Sanctions or enticements in the family, school setting, or [juvenile justice](#) system can increase significantly both treatment entry and retention rates and the success of drug treatment [interventions](#).

Recovery from addiction can be a long-term process and frequently requires multiple episodes of treatment.

As with other chronic illnesses, relapses to drug use can occur during or after successful treatment episodes. Addicted individuals may require prolonged treatment and multiple episodes of treatment to achieve long-term abstinence and fully restored functioning. Participation in [self-help support programs](#) during and following treatment often is helpful in maintaining abstinence. Parents should ask what aftercare treatment services are available for continued or future treatment.